Page 1

# EXPERIENTIAL INTELLIGENCE BEFORE ARTIFICIAL INTELLIGENCE



Shared Wisdom Patterns Snapshots (SWPS™) Hotspots of 2D <=> 3D Insight

Feel the Fear and Do It Anyway by Susan Jeffers

Dynamic Techniques for Turning Fear, Anxiety, Stress, Indecision & Anger into Power, Action & Love

#### EXPERIENTIAL INTELLIGENCE (EI)

El is your VALUES BELIEFS CONVICTIONS® (VBC's®) personal legacy of a "Senses Driven" ability to perceive & interpret everything you encounter 24/7, your whole life. The SWPS™ 7 Series choose & rank thinking tool provides a comprehensional leap forward in better understanding the influences of life's El transitional power, along with the manipulative power on our minds of 2 distinctive and interactive EI realities.

- (1) The constant autonomic (unnoticed) perspective shifting with 2D<=>3D perception and interpreted meaning of any digital or printed image.
- (2) The merging of human cognitive (intentional) Q&A thought and reasoning with AI generated Q&A programmed "thought" that creates our thinking identity.

### FEEL THE FEAR AND DO IT ANYWAY - TAKE RESPONSIBILITY - ACCESS UNIVERSAL ENERGY - DEFINE **SPIRITUALITY**

Align your thinking to connect with your "HIGHER SELF" not your lifetime habits of subconsciously listening to your "CHAT-TERBOX". Define how you can own and embrace the meaning of the word "SPIRITUALITY" (separate from religion). This author, Susan Jeffers, a very successful teacher of classes for all ages, need to deal with sometimes debilitating self-awareness issues that she has labeled "FEAR" - has shared her insights she learned from practice. She openly discloses them for the reader's benefit. Use your own evolved definitions of HIGHER SELF and SPIRITUALITY as you engage with your life, and this SWPS Series will offer a way to better nurture your joy and share positive feelings with others.

#### **HOW TO COMPLETE A SWPS™ SERIES**

#### CHOOSE 4 SWPS PORTRAITS

What new interpretive EI/VBC's insights have appeared? Write what you deem important on the feedback lines at

the bottom of each chosen SWPS portrait. EI/VBC's Judgement Insights:

Skim/read the statements positioned around the RTH			
thinking head clockwise, 1,2,3,4 (or 1-8)."			
Then scan the content in the Summation.			
Boxes (SB) and Conclusion Boxes (CB) on each SWPS			
Portrait. Review all 7 SWPS Portraits in this series.			
Choose your 4 favorite SWPS Portraits and note this			
n the upper right hand corner of your chosen SWPS			
Portraits 1st " \" here to CHOOSE this SWPS			

#### RANK YOUR 4 SWPS PORTRAITS 1-4

Now RANK the 4 Summation Boxes (SB) on the 4 SWPS Portraits you chose.

Was it more EI self-awareness satisfying NOW to use your evolved complete brain focus as you rank your 4 chosen SWPS Portraits, 1-4, of this series?

Rank given to this SWPS:

1 2 3 4

REASONS NOTES

Now RANK the 4 Conclusion Boxes (CB) on the 4 SWPS Portraits you chose.

Rank this Conclusion Box: 1 2 3 4

TAKE A MINUTE TO REFLECT

Rank this Summation Box: 1 2 3 4

# RECORD/RETAIN

Now RECORD the choosing/ranking numbers (#'s) from completing this SWPS Series on the Response REC®RD Report (page 10). RETAIN your 4 chosen SWPS Portraits and Response Report for future reviews to enhance your life success and satisfaction.



SHARE your recorded EI/VBC's Judgement pattern report with others. Email your 4 SWPS and Response Report with your comments to

#### INFO@EIB4AI.COM

Go to www.EIB4AI.com/NOWWHAT for further uses and suggestions.

choose you	4 SWPS Portraits? Were you aware of your
EI/VBC's® Ju	dgements forming in your thoughts? Did
your reason	ing go from left brain to right brain and bac
and forth as	you ranked the SB's 1-4, CB's 1-4, on your 4
chosen SWF	PS?

Were you aware of any 2D<=>3D mental "intentional"

shifting as you read the RTH Thinking Head statements?

Can you recognize if you engaged your whole brain to

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## AWAKEN EXPERIENTIAL INTELLIGENCE THINKING

2D <=> 3D Perspective Shifting Overview Feel the Fear and Do It Anyway by Susan Jeffers

Take Responsibility – Access Universal Energy – Define Spirituality Ready to evolve your reasoning habits in a way that enhances the benefits of

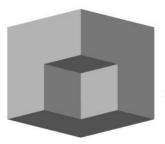
Connect with your self awareness to gain perspectives of your comprehension skills from whole brain, left brain, right brain that evolves complete brain thinking.

using your Experiential Intelligence?

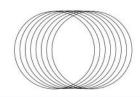
# **Automatic Shifting** Autonomous Reasoning



Black and White Cubes: The figure reveres so that either 6 or 7 cubes are perceived. (Sensation + Perception Page 321 Figure 17.15b Schiffman)



With continued inspection, the 2D drawing shifts from a cube with a corner missing to a cube in the corner. (Source unknown)



Series of Rings: Either end of the series of rings may be seen at the near or far end of a tube. (Sensation + Perception Pg 321, Fig 17.15d Schiffman)

# Intentional Shifting Rational/Intuitive Reasoning

#### SUMMATION BOX (SB):

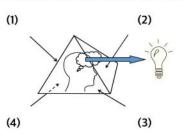
quicker shifting

An introduction to the book's hotspot of the author's shared knowledge.

Book's

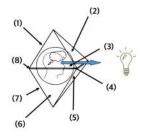
Read statements related to the hotspot topic clockwise, as they go around the 2D<=>3D RTH encapsulated thinking head.

#### 4-sided RTH **Thinking Head Commentary Collective**



The RTH Thinking Head Commentary Collective (4 or 8 sided) transcends 2D<=>3D "this or that" perception habits and escalates a complete brain understanding for viewing. The SB and CB components of the SPWS Portrait allow a left to right brain - back and forth shifting.

#### 8-sided RTH Thinking Head Commentary Collective



#### CONCLUSION BOX (CB):

Insights that add guidance to take action or a decision making process.

Retain these "Complete Brain" insights of awareness-shifting as you choose/rank your 4 chosen SWPS™.

# Shared Wisdom Patterns Snapshots™ (SWPS™ #1) Rank given to this SWPS Feel the Fear and Do It Anyway by Susan Jeffers 1\_\_2\_\_3\_\_4\_\_\_ Dynamic Techniques for Turning Fear, Anxiety, Stress, Indecision & Anger into Power, Action & Love Rank this Summation Box: 1\_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_\_ SUMMATION BOX (SB): Take Responsibility – Access Universal Energy – Define Spirituality Playing the role of victim gives power to someone or something else. Keep in mind that when you give away your power, you move further and further to the left side of the 'Pain-to-Power Chart' (page 36,1987 book edition). If you're in a job you hate, if Book you're single and you want to be married, if you're in a lousy relationship and want to Pages 50, 51 get out, if your daughter is making you gray before your time, and if, generally speaking nothing seems to go the way you want it to go, you're also playing the role of victim. No wonder you feel fearful – victims are powerless! The truth is, you really are in control - in total control. Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head 1. You are consciously or unconsciously 2. You are choosing to stay in a choosing to be in the lousy job. destructive relationship. 3. You're choosing to let your 4. You're choosing to sabotage daughter drive you crazy. anything good in your life...or whatever else it may be for you. Rank this Conclusion Box: 1\_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_\_ **CONCLUSION BOX (CB):** *Thrive (Higher Self) Vs Survive (Chatterbox)* I know it is difficult to accept the fact that you are the cause of the feelings that take Book away your joy in life. It is very upsetting when you begin to see yourself as your own **Pages** worst enemy. On the other hand, this realization is your biggest blessing. If you know 50,51 you can create your own misery, it stands to reason you can also create your own joy. Gained EI/VBC's insights:

# Shared Wisdom Patterns Snapshots™ (SWPS™ #2) Rank given to this SWPS Feel the Fear and Do It Anyway by Susan Jeffers 1\_\_2\_\_3\_\_4\_\_\_ Dynamic Techniques for Turning Fear, Anxiety, Stress, Indecision & Anger into Power, Action & Love Rank this Summation Box: 1\_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_\_ SUMMATION BOX (SB): Take Responsibility – Access Universal Energy – Define Spirituality Saying "Yes" means positive action; saying "No" means giving up. It is only when we see possibility for change can we work to effect change. We can say "No" to the Book situation as it is, but "Yes" to the possibility for the growth it offers. If you believe the Page situation in your life is hopeless, you simply sit back and let yourself be destroyed. 162 "Saying "Yes" means getting up and acting on your belief that you can create meaning and purpose in whatever life hands you." Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head 1.It means channeling resources to find 2. It means acting out of strength, not constructive, healthy ways to deal with weakness. adverse situations. 4. It means becoming alive with the 3. It means having the flexibility necessary possibility – not being destroyed by to survey many options and choose ones limitations or unachievable expectations. that enhance growth. Rank this Conclusion Box: 1\_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_ **CONCLUSION BOX (CB):** *Thrive (Higher Self) Vs Survive (Chatterbox)* Whereas the concept of saying "Yes" to your universe is fairly easy to grasp, learning to say "Yes" requires a great deal of awareness. We seem to have an automatic reflex Book Page that pushes the "No" button. It is not so easy to understand how to say "Yes" when the 162 child is gravely ill, when you become physically disabled, when you lose your job, when your spouse dies. Gained EI/VBC's insights: \_\_\_\_

# Shared Wisdom Patterns Snapshots™ (SWPS™ #3) Feel the Fear and Do It Anyway by Susan Jeffers Dynamic Techniques for Turning Fear, Anxiety, Stress, Indecision & Anger into Power, Action & Love Rank this Summation Box: 1 \_ 2 \_ 3 \_ 4 \_ \_

SUMMATION BOX (SB): Take Responsibility – Access Universal Energy – Define Spirituality
I will explain the components of a more powerful way of living. I have been careful not
to ask you to believe that you are responsible for all your experiences in life. Rather,
I ask you to believe you are the cause of all your experiences of life, meaning that you
are the cause of your reactions to everything that happens to you. Remember that
whenever you are not taking responsibility, you put yourself in a position of pain,
hence decreasing your ability to handle the fear in your life.

Book Pages 51,52, 54, 55,57,59, 62,63,64,

65,72

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. Taking responsibility means never blaming anyone else for anything you are being, doing, having or feeling. "Never?" You say, "But this time it really is his fault" (or her fault, or the boss's fault, or my son's fault, or the economy's fault, or my friends fault!). Until you fully understand that you, and no one else, create what goes on in your head, you will never be in control of your life.

8. It is reported that over 90% of what we worry about never happens. That means our negative worries have about a 10% chance of being correct. If this is so, is it possible that being positive is more realistic than being negative? Think about your

7. Taking responsibility means being aware of the multitude of choices you have in any given situation. As you go through each day, it is important to realize that every moment you are choosing the way you feel. When a difficult situation comes into your life, it is possible to tune into your mind and say, "Okay, choose." Are you going to make yourself miserable or content? Are you going to visualize scarcity or abundance? Are you going to put yourself down for getting angry with your spouse or are you simply going to notice what insecurity you were feeling at the time and discuss it with them? The choice is definitely yours. Pick the one that contributes most to your aliveness and growth.

life. I'll wager that most of what you worry about never

time? No!

happens. So are you being realistic when you worry all the

6. Taking responsibility means figuring out what you want in life and acting on it. Set your goals – and go out and work toward them. Figure out what kind of space you would like to live in – then create it. Look around and see who you would love to include in your circle of friends – then text/phone them – make plans to get together. Check out your body. Determine what you need to do to create what looks and feels healthy – then make it happen. Most of us do not "sculpt" our lives. We accept what comes our way – then we gripe about it! You have the power to create what you need. Given commitment, clear goals and action, it's just a matter of time.

2. Taking responsibility means not blaming yourself. I know this sounds contradictory, but it is not. Anything that takes away your power or your pleasure makes you a victim. Don't make yourself a victim of yourself. There is absolutely no need to be upset with your past, present or future behavior, it is all simply part of the learning process – the process of moving yourself from pain to power. And it takes time. You must be patient with yourself.

3. Taking responsibility means being aware of where and when you're not taking responsibility so that you can eventually change. It took years before I realized that the place I play the victim role most often was with the men in my life. Those "jerks," always doing something to take away my happiness. One was always late, one was incredibly stingy, one didn't make enough money, one loved to play golf too much, one wouldn't get a divorce, and so on. I was certain I was taking responsibility for my life — making a wonderful living, having a great apartment, I was totally "independent." Not true — I was not taking responsibility for my life. I was expecting the men in my life to "make me happy." I finally learned only one person in the world can make me happy, and that is MEI

4. Taking responsibility means handling the "Chatterbox". This is the little voice inside, the voice that tries to drive you crazy – and often succeeds! I'll bet some of you don't even know it's there (I was shocked when I became aware of it), but I promise you it holds the key to all your fears. It's the voice that heralds doom, lack and losing. We're so used to its presence we often don't even notice it is talking to us.

5. Taking responsibility means being aware of payoffs that keep you "stuck". Payoffs – as described below – explain why we choose to perpetuate what we don't want in our lives. Once you understand payoffs, your behavior will make much more sense to you. Payoffs are mainly hidden from your conscious awareness yet they have huge power over our lives. They are not difficult to discover once you realize they exist. Many payoffs start out in your chatterbox: the "if only" game, can't let go because of guilt, perceiving oneself as "poor thing" because sickly or poor health. Sometimes they are obvious to others, but masked from your own vision. Confronting these payoffs is simply a matter of sitting down and beginning a list of them. Ask a friend to help. You might be surprised to discover that your friends know more about your motives than you do.

Rank this Conclusion Box: 1\_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_

## CONCLUSION BOX (CB): Thrive (Higher Self) Vs Survive (Chatterbox)

By now you can really see that the choice is yours. As you continue to read, you will further your ability to place yourself on the upside of any given situation. Keep in mind that this way of thinking doesn't excuse inappropriate behavior on the part of others in your life. It simply allows you to have a more satisfying life. Fully taking responsibility for your experience of life is a long process that requires much practice. I'm still working on it daily after many years. The point is simply to begin. You will start to feel better immediately.

Book Pages 51,52, 54, 55,57,59, 62,63,64, 65,72

Gained EI/VBC's insights:			
		"	
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#### Shared Wisdom Patterns Snapshots™ (SWPS™ #4) Rank given to this SWPS Feel the Fear and Do It Anyway by Susan Jeffers 1\_\_\_2\_\_\_3\_\_\_4\_\_\_\_ Dynamic Techniques for Turning Fear, Anxiety, Stress, Indecision & Anger into Power, Action & Love Rank this Summation Box: 1\_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_\_ SUMMATION BOX (SB): Take Responsibility – Access Universal Energy – Define Spirituality Most of us in our society do not really know how to give. Most of us operate on a Book hidden barter system. Few genuinely ever give anything away without expecting **Pages** something in return - money, appreciation, love or whatever. You might be saying, 170, 171, "What's wrong with getting back?" My answer is, "Nothing." However: "if all you are 172 "giving" is about "getting," think how fearful you will become. More than likely the question from your Chatterbox will soon become, "am I getting back enough?" Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head 1. This kind of thinking sets up an incredible need to 2. Why do we find it so difficult to give? My theory control others so you won't feel shortchanged, has two components. First, it requires a mature adult destroys your peace of mind, and creates anger and to give, and most of us have never really grown up. resentment. Now you can see what's wrong with Second, giving is an acquired skill that few of us have "getting" being the most important motivation for mastered. These components are tied together and "giving". "Genuine giving is not only altruistic; it require a great deal of practice to achieve. also makes us feel better." 3. As babies we represent the ultimate of neediness. 4. As the years pass, we function as more and more independent beings, able to take care of ourselves - or so We come into this world as total takers. We have to it appears. We dress ourselves, we feed ourselves, take, or we will die. Our survival is tied up with the we earn a living. Yet there seems to be a part of us that world nurturing us. We give little back. We don't care can never progress much beyond the crib. Imagine what what time we wake our parents when we are hungry, this dilemma sets up for us in the area of our daily living. or how loudly we scream. Yes, parents often get a We can't give. We can't love. We become consciously or feeling of joy from the smile or the touch of their unconsciously, manipulative, because our survival is child and, in that sense, the child is a giver - but their involved. We can't support the well-being of another "gift" is on a rather primitive or reflexive level. In fact, person if their needs in any way conflict with ours. a hungry belly in the morning will produce only large And how do we feel operating from the level of the shrieks of impatience. playpen? Helpless, trapped, angry, frustrated, dissatisfied, unfulfilled and most of all, fearful. Rank this Conclusion Box: 1\_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_ **CONCLUSION BOX (CB):** *Thrive (Higher Self) Vs Survive (Chatterbox)* What can be more frightening than depending on someone else for our survival? As Book fearful adults, our Chatterbox asks the same questions we did as a child. Will they go **Pages** away? Will they stop loving me? Will they take care of me? Will they get sick and die? 170, 171, As adults, we ask these questions about our mates, and often about our friends, boss, 172 parents, and even children. Gained EI/VBC's insights:

# Shared Wisdom Patterns Snapshots™ (SWPS™ #5) Feel the Fear and Do It Anyway by Susan Jeffers Dynamic Techniques for Turning Fear, Anxiety, Stress, Indecision & Anger into Power, Action & Love 1 2 3 4

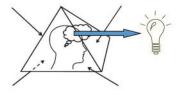
Rank this Summation Box: 1\_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_\_

SUMMATION BOX (SB): Take Responsibility – Access Universal Energy – Define Spirituality Many people don't even like the word "spiritual." They tune out the minute it is mentioned. The reason is that they confuse "spiritual" with religion and God. The way I use this word will be acceptable to you whether you are religious or an atheist. When I speak of the spiritual, I speak of the Higher Self, the place within that is loving, kind, abundant, joyful and all those other qualities I mentioned earlier. Believe me when I tell you that unless you consciously or unconsciously tap that spiritual part within, you will experience perpetual discontent. I am sure that everyone of you has at times operated from the spiritual part of yourself without labeling it that.

Book Page 191

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

- 1. Have you ever given something to someone and their sincere gratefulness felt so good it brought tears to your eyes?
- 2. Have you ever been so overwhelmed with the beauty of something, a sunset or a flower, that you were filled with a sense of abundance?



- 4. Have you ever cried tears of joy in a movie when a character overcame a severe obstacle?
- 3. Have you ever looked beyond someone's ugly behavior and felt only love for them as you saw their pain?

Rank this Conclusion Box: 1\_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_\_

# **CONCLUSION BOX (CB):** Thrive (Higher Self) Vs Survive (Chatterbox)

If you did any of these things, it could be said you were operating from the Higher Self. You transcended the world of the petty – "she didn't even say thank you"; "he never picks up his dirty socks"; "why doesn't he call?" – and touched the world of beauty beyond such negative thoughts. You can also experience an incredible high when your "Personal Higher Self" hooks into a Group Higher Self. If your heart swelled at the closing ceremonies in the Olympics – when you got a sense of how magnificent this world would be if we all acted as one for the good of all – you got a sense of the Group Higher Self. The power and love THAT can generate are phenomenal.

Book Page 191

Gained EI/VBC's insights:	7	
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		 <del></del>

# Shared Wisdom Patterns Snapshots™ (SWPS™ #6) Feel the Fear and Do It Anyway by Susan Jeffers Dynamic Techniques for Turning Fear, Anxiety, Stress, Indecision & Anger into Power, Action & Love Rank this Summation Box: 1 \_\_ 2 \_\_ 3 \_\_ 4 \_\_\_ SUMMATION BOX (SB): Take Responsibility – Access Universal Energy – Define Spirituality

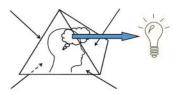
SUMMATION BOX (SB): Take Responsibility – Access Universal Energy – Define Spirituality Your mind can choose to listen to your Chatterbox blabbering away with all kinds of self-defeating negativity, or can choose to listen to your Higher Self, which is self affirming, loving, giving and abundant. All of the exercises and concepts suggested in this book are geared toward having the conscious mind open its door to the abundance of the Higher Self as opposed to the scarcity of the Chatterbox.

Book Pages 194,195

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

- 1. The conscious mind is often not aware that it is being run by the Chatterbox. And even if there is awareness, the conscious mind is so used to listening to the Chatterbox that, in the course of everyday events, it "forgets" to listen to the Higher Self and thus needs constant reminding.
- This is where the affirmations, positive thinking, written notes, books, sayings and whatever other positive reinforcement tools you have come in handy

   to remind your conscious mind that you do not have to listen to the Chatterbox any longer.



- 4. If you listen to the Chatterbox, your experiences of life are fear producing, and you stop yourself from expanding. If you listen to the Higher Self, your experiences of life are joyful and abundant and devoid of fear. You, like everyone else, are an expert in listening to your Chatterbox. Your task is now to become an expert at listening to your Higher Self. Then true choice will be possible.
- 3. As with the Higher Self, the Chatterbox has always been there, and will always be there. No use lamenting the fact that it pops up every once in a while! I guarantee that it will. You must realize that you do have a Chatterbox within; and you have more, including the Higher Self. Neither one is right or wrong it simply gives you a different experience of life.

Rank this Conclusion Box: 1\_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_

# **CONCLUSION BOX (CB):** Thrive (Higher Self) Vs Survive (Chatterbox)

Why do so many positive things happen when the Conscious Mind chooses to operate from the Higher Self? Why does the reverse happen when it listens to the Chatterbox? When the Subconscious Mind receives orders from the Conscious Mind– it seeks to carry them out by connecting internally to the body, intellect and feelings. Thus, when it hears "I am a weak and unworthy person," from the Chatterbox – it connects to your body and makes you physically weak. It connects to your feelings and makes you depressed and helpless. When the Subconscious Mind hears "I am a strong and worthy person," it connects to your body and makes you strong. It connects to your feelings and makes you feel confident and alive. It connects to your intellect and makes you think clearly – filling you with positive energy.

Book Pages 194,195

Gained EI/VBC's insights:	 37		_

#### Shared Wisdom Patterns Snapshots™ (SWPS™ #7) Rank given to this SWPS Feel the Fear and Do It Anyway by Susan Jeffers 1\_\_\_2\_\_\_3\_\_\_4\_\_\_\_ Dynamic Techniques for Turning Fear, Anxiety, Stress, Indecision & Anger into Power, Action & Love Rank this Summation Box: 1\_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_\_ SUMMATION BOX (SB): Take Responsibility – Access Universal Energy – Define Spirituality Some of you might have trouble accepting the idea of Universal Energy. You don't need to believe this concept in order to tap into your Higher Self. However, when you Book can see yourself connected to something bigger than yourself, you no longer feel you Pages must do it all alone. Your sense of power becomes highly magnified, and your fears 196,197, are greatly diminished. This relates back to the Level Three Fear: "I'm afraid I can't 198,199 handle it." Now you can see that with the Universal Energy on your side, you can learn to trust not only yourself but the universe as well. This kind of dual trust ultimately signals the end of fear. Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head 1. One of the tools the subconscious mind uses to Our Intuition is always operating for us – usually, however, we don't act on it. When I started acting on connect you with what you are looking for is your "Intuition." Those strange messages you get in the thoughts that were coming through my head, Subconscious Mind saying, "I found it!" Anyone who amazing "coincidences" began to occur. Becoming has experienced the power of Intuition cannot deny "the teacher" of my original "fear class" came about as that something is acting on our behalf if we listen a result of my intuition. to it. By learning to trust your Intuition, "miracles" seem to happen. 4. I suspect it works on instructions we have given it 3. I'm sure you have heard stories of even more drawhen we are clearly unaware we are doing so. We matic examples of the working of the Intuition - lives might've forgotten about it, but the Subconscious being saved, people getting together despite tremendous odds, and other amazing happenings. The Mind never forgets. In fact it works better when we point is that we all have access to this Intuitive power take our Conscious Mind off the issue and let it do its work without our interference. This is why we get simply by starting to listen to the messages the some of our most inspired ideas when we are relaxing Subconscious Mind is telling us. or doing something other than the task that needs a solution. (WM calls this "Complete Brain Thinking") Rank this Conclusion Box: 1 2 3 4 **CONCLUSION BOX (CB):** *Thrive (Higher Self) Vs Survive (Chatterbox)* Simply start paying attention to what you are being told and then act on it. If the Book mind says, "call so-and-so", call them. If it says, "go here", go here. If it says **Pages** "go there", go there. In the beginning you may be confused about whether it is your 196,197, Intuition operating or your Chatterbox or whatever. Just keep following the instruc-198,199 tions, and soon you will be able to tell the difference.

Gained EI/VBC's insights:



# AWAKEN YOUR EXPERIENTIAL INTELLIGENCE (EI) THINKING YOUR VBC'S® JUDGEMENT PATTERNS RESPONSE REPORT

Feel the Fear and Do It Anyway by Susan Jeffers
Take Responsibility – Access Universal Energy – Define Spirituality

ENTER YOUR CHOOSING/RANKING NUMBERS BELOW THAT YOU RECORDED ON YOUR 4 COMPLETED SWPS PORTRAITS LEFT TO RIGHT ORDER 1, 2, 3, 4 BELOW.

4 OUT OF 7 SWPS™ SE SWPS# SWPS# SW				
	SWPS BOX	MMATION 1 (SB's) 2 RANKING 3 4		
		4 CHOSEN SWPS PORTRAIT #'s	CONCLUSION 1	
			RANK YOUI 4 CHOSEN SWPS PORTRAIT #'s	R 4 SWPS CHOICES  SWPS 1 PORTRAIT 2 SHOW THE PROPERTY SHOW THE PRO

#### EI TRANSFORMS REASONING HABITS

This new method of thinking, "2D <=> 3D perspective shifting," and whole-left-right-complete-brain anatomy engagement - reveals insights as you record both obvious and hidden judgments. Ultimately, you're using your personal legacy of VALUES BELIEFS CONVICTIONS® (VBC's) that influence and define all aspects of your daily identity to complete this SWPS Series Response Report which will enable you to recognize your thinking patterns.

Use your EI Choose-Rank-Reasons-Record-Retain (CR4<sup>™</sup>) pattern-revealing report to communicate multiple dimensions of meaningful feedback. Articulate new or evolved questions and possible unforeseen answers/solutions, as this SWPS<sup>™</sup> series prompts you.

NAME (optional):	
AFFILIATION (optional):	

# AN ONLINE SWPS™ PATTERN MATCHUP CENTER

Let's use AI to discover ways to meet humanity's needs and provide fulfillment.

Together we can compel Change Agents and Influencers to build an online space where SWPS™ are correlated and matchedup by a beneficially focused algorithm. The possibilities for improving mental health at all ages of life are endless and may build an exciting new frontier of hope, positivity, and

Yes! This SWPS<sup>™</sup> series created motivation for me to impact social media/digital tech's future development. I am sending my CR4<sup>™</sup> response report & my selected 4 SWPS<sup>™</sup> with my feedback/suggestions to the email below.

INFO@EIB4AI.COM

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