



EXPERIENTIAL INTELLIGENCE (EI)

EI is your VALUES BELIEFS CONVICTIONS® (VBC's®) personal legacy of a "Senses Driven" ability to perceive & interpret everything you encounter 24/7, your whole life. The SWPS™ 7 Series choose & rank thinking tool provides a comprehensional leap forward in better understanding the influences of life's EI transitional power, along with the manipulative power on our minds of 2 distinctive and interactive EI realities.

- (1) The constant autonomic (unnoticed) perspective shifting with 2D<=>3D perception and interpreted meaning of any digital or printed image.
(2) The merging of human cognitive (intentional) Q&A thought and reasoning with AI generated Q&A programmed "thought" that creates our thinking identity.

LIBERATING EVERYDAY GENIUS – GIFTED ADULTS IN RELATIONSHIPS

In chapter 15 of Liberating Everyday Genius – Mary Elaine Jacobson states that one of the keys to intimacy is the development of an emotionally safe atmosphere in which being fully known and vulnerable is the reasonably expected norm for those of us who have hidden so much of our genuine nature. We open ourselves up to the customary risks of real relating only when we feel safe. Relationships are not a matter of resolve and willpower, but a matter of finding equilibrium – how to care for others and feel cared about in return – without diminishing the character of our Everyday Genius. The stronger our sense of identity and autonomy, and the more skilled we become at setting boundaries, the better we are at allowing ourselves to take risks and explore all avenues of relationship.

HOW TO COMPLETE A SWPS™ SERIES

Chose 1, 2, 4, 6

CHOOSE 4 SWPS PORTRAITS

REASONS NOTES

Skim/read the statements positioned around the RTH thinking head clockwise, 1,2,3,4 (or 1-8). Then scan the content in the Summation Boxes (SB) and Conclusion Boxes (CB) on each SWPS Portrait. Review all 7 SWPS Portraits in this series. Choose your 4 favorite SWPS Portraits and note this in the upper right hand corner of your chosen SWPS Portraits. 1st "✓" here to CHOOSE this SWPS

What new interpretive EI/VBC's insights have appeared? Write what you deem important on the feedback lines at the bottom of each chosen SWPS portrait.

EI/VBC's Judgement Insights:

Two horizontal lines for writing judgement insights.

RANK YOUR 4 SWPS PORTRAITS 1-4

Now RANK the 4 Summation Boxes (SB) on the 4 SWPS Portraits you chose.

Was it more EI self-awareness satisfying NOW to use your evolved complete brain focus as you rank your 4 chosen SWPS Portraits, 1-4, of this series?

Rank this Summation Box: 1 2 2 1 3 4 4 6

Rank given to this SWPS:

1 2 2 6 3 4 4 1

Now RANK the 4 Conclusion Boxes (CB) on the 4 SWPS Portraits you chose.

RECORD/RETAIN

Rank this Conclusion Box: 6 2 2 3 4 4 1

Now RECORD the choosing/ranking numbers (#'s) from completing this SWPS Series on the Response Report (page 10). RETAIN your 4 chosen SWPS Portraits and Response Report for future reviews to enhance your life success and satisfaction.



SHARE your recorded EI/VBC's Judgement pattern report with others. Email your 4 SWPS and Response Report with your comments to INFO@EIB4AI.COM

TAKE A MINUTE TO REFLECT

Were you aware of any 2D<=>3D mental intentional shifting as you read the RTH Thinking Head statements? Can you recognize if you engaged your whole brain to choose your 4 SWPS Portraits? Were you aware of your EI/VBC's Judgements forming in your thoughts? Did your reasoning go from left brain to right brain and back and forth as you ranked the SB's 1-4, CB's 1-4, on your 4 chosen SWPS?

Go to www.EIB4AI.com/NOWWHAT for further uses and suggestions.

Shared Wisdom Patterns Snapshots™ (SWPS™ #2)

Liberating Everyday Genius by Mary-Elaine Jacobsen

This SWPS 7 Series Topic – Gifted Adults in Relationships

Rank this Summation Box: 1 ___ 2 ___ 3 ___ 4 ___

1st "✓" here to CHOOSE this SWPS ___

Rank given to this SWPS

1 ✓ 2 ___ 3 ___ 4 ___

SUMMATION BOX (SB): *Listening Skills Enhance Intimacy*

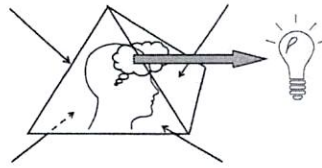
We are all looking for that special someone who will make our lives feel really complete. Yet there is a fundamental difference for the Everyday Genius. Intimate relationships that are unequal with respect to intellectual ability and drive for Advanced Development tend to splinter at some point, one moving ahead while the other is content to stay put.

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Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. This lack of parity in personal growth in intimate relationships can often be linked to a lack of self-knowledge.

2. Knowing ourselves and learning to manage our ICD characteristics are especially important to the process of forming intimate relationships.



4. We cannot be certain about what we need in a relationship until we know what makes us tick and where we are headed.

3. When our identities are unclear and the forces of our personalities run wild, it is far too easy to partner with the wrong person for the wrong reason.

Rank this Conclusion Box: 1 ___ 2 ___ 3 ___ 4 ___

CONCLUSION BOX (CB): *Share Experience Beyond Language*

It is important for Everyday Geniuses to honestly assess just how critical it is for them to be involved with someone who is like-minded so that the partnership will endure long after the heat of infatuation wears off.

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So how do I find a match that self-understands
Gained EI/VBC's insights: Their ICD traits if they do not
have the MET Topic naming/descriptive
language to share with me? At my age
without that knowledge already in hand
How can a lasting match really occur!

Shared Wisdom Patterns Snapshots™ (SWPS™ #6)

Liberating Everyday Genius by Mary-Elaine Jacobsen

This SWPS 7 Series Topic – Gifted Adults in Relationships

Rank this Summation Box: 1 ___ 2 ___ 3 ___ 4 ___

1st "✓" here to CHOOSE this SWPS ___

Rank given to this SWPS

1 ___ 2 ___ 3 ___ 4 ___

SUMMATION BOX (SB): *Listening Skills Enhance Intimacy*

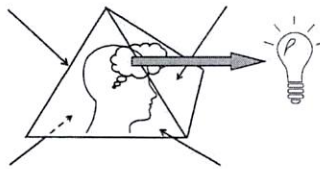
For couple's in MEJ's therapy sessions we take time to determine exactly what is positive and negative for each partner. It's imperative that we know our partner's possible interpretation of our words and actions. We know where unbridled assumptions get us. We need to know firsthand what makes our partner smile and feel good, aiming for behaviours that produce a feeling of being loved. What else do we know about successful intimate relationships?

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Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. They explore, listening to each other's fears, hurts, hopes and fantasies.

2. They reminisce, reminding each other of what they value in being together.



4. They share traditions and build new ones, whether it means returning to the same bed-and-breakfast each anniversary or shopping for garden supplies on the first day of spring every year.

3. They learn about each other's childhood as a way of better understanding the essence of each other.

Rank this Conclusion Box: 1 ___ 2 ___ 3 ___ 4 ___

CONCLUSION BOX (CB): *Share Experience Beyond Language*

Intimacy is really an extension of friendship. Getting and staying close often involves surprise, silliness, communications, permission to be alone, and enjoyable conversations about nothing. Showing interest in your partner means that you take responsibility for drawing her or him out, respectfully inviting your partner to say more and go deeper.

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I have heard - that if you have 30-4 good dating/social experiences with a potential relationship partner for every 1 bad/uncomfortable experience - that is a relationship worth investing in + working to enhance it for both!

Gained EI/VBC's insights:

Shared Wisdom Patterns Snapshots™ (SWPS™ #4)

Liberating Everyday Genius by Mary-Elaine Jacobsen

This SWPS 7 Series Topic – Gifted Adults in Relationships

Rank this Summation Box: 1 ___ 2 ___ 3 ___ 4 ___

1st "✓" here to CHOOSE this SWPS ___

Rank given to this SWPS

1 2 ___ 3 ___ 4 ___

SUMMATION BOX (SB): *Listening Skills Enhance Intimacy*

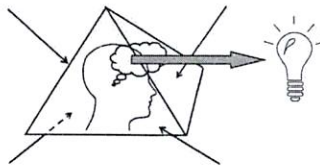
Difficult though it may be, we need to begin listening with the premise that no matter how perceptive we are, we don't know what our partner is trying to communicate. It is critical to maintain one golden rule: whatever our partner says is valid from his or her point of view, no matter how it may sound.

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Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. When you are listening for love, you will need to reflect back like a mirror what is being communicated to you. Do this by giving your full and undivided attention, nodding occasionally, and, above all, allowing the speaker to maintain the floor.

2. Meaningful communication is mostly open talk on one side and open reception on the other.



4. When you're the loving, interested listener, your only job is to compassionately receive what is being shared and to do everything in your power to help your partner feel understood.

3. Above all, this type of listening is not meant to be a debate or an opportunity to prepare a rebuttal or to impart solutions.

Rank this Conclusion Box: 1 ___ 2 ___ 3 ___ 4 ___

CONCLUSION BOX (CB): *Share Experience Beyond Language*

Should you find that your mind is busy preparing a criticism or thinking about anything other than what is being said in the attached feelings, you're missing the boat. Briefly apologize - instead of justifying - and try again. Sometimes we have to rewind "the tape" a few times before understanding can take place.

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I have so experienced this "self-interrupting" behavior constantly when I am leading my career profession expertise decision making. It is like I can see the answer I way before my employees - I interrupt them!

Gained EI/VBC's insights:

Shared Wisdom Patterns Snapshots™ (SWPS™ #1)

Liberating Everyday Genius by Mary-Elaine Jacobsen

This SWPS 7 Series Topic – Gifted Adults in Relationships

Rank this Summation Box: 1 ___ 2 ___ 3 ___ 4 ___

1st "✓" here to CHOOSE this SWPS ___

Rank given to this SWPS

1 ___ 2 ___ 3 ✓ 4 ___

SUMMATION BOX (SB): *Listening Skills Enhance Intimacy*

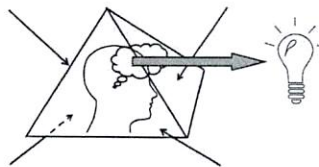
Relationships are not a matter of resolve and willpower, but a matter of finding equilibrium - how to care for others and feel cared about in return - without diminishing the character of our Everyday Genius.

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Experience intentional 2D=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. We must always bear in mind that there are three primary differences - INTENSITY, COMPLEXITY and DRIVE (ICD) - they are forces central to our personalities and shape everything we think and do.

2. We must learn to be prudent with our expressions, managing them to be respectful to ourselves and others.



4. The fine line of relationship success exists between being true to ourselves and simultaneously being true to those around us, and we must wisely shift the weight of our expressions here and there to keep things from toppling over.

3. Management of ICD traits is paramount in relationships of all kinds and perhaps the most difficult balancing act of all.

Rank this Conclusion Box: 1 ___ 2 ___ 3 ___ 4 ___

CONCLUSION BOX (CB): *Share Experience Beyond Language*

Trust is built and earned more easily when we recognise the real strengths and weaknesses of the people we allow into our lives. Championing others is often balanced by championing ourselves with the same confidence. Instead of spending exorbitant amounts of time trying to second-guess others' expectations of us, we can be more authentic across a range of situations because we know and value who we are.

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I wonder - as I absorb and embrace MEJ'S snapshots of book wisdom - is "ICD" traits so inherent that our whole life/ET/VBC's judgements are built on top of that self-identity foundation - can it really transform my ICD behavior or just manage it? EGB + FLOW.