



LIBERATING EVERYDAY GENIUS – MARY-ELAINE JACOBSEN

THIS SWPS™ 7 SERIES TOPIC – GIFTED ADULTS IN RELATIONSHIPS

SHARED WISDOM PATTERNS SNAPSHOTS (SWPS™) HOTSPOTS OF 2D <=> 3D INSIGHT

EXPERIENTIAL INTELLIGENCE (EI) & VALUES BELIEFS CONVICTIONS® (VBC'S)

EI includes everything experienced from "womb to tomb" that impacts & shapes human self identity Choose/Rank Judgment Patterns. VBC's® define your personal legacy of "senses driven" ability to perceive and interpret everything you experience 24/7 as either a Positive/Uncertain/Negative encounter in life. A SWPS™ 7 Portrait Series Choose & Rank Thinking Tool provides a comprehensional leap forward in better understanding the influences on one's life with your EI/VBC's Judgement Patterns decisions.

(1) The constant autonomic (unnoticed) perspective shifting with 2D<=>3D perception greatly influences interpreted meaning of any digital or printed image.

(2) The merging of Human General Intelligence Q&A thought and reasoning (HGI) with AI generated Artificial General Intelligence (AGI) programmed Q&A "thought" that creates our thinking identity.

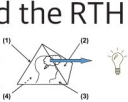
LIBERATING EVERYDAY GENIUS – GIFTED ADULTS IN RELATIONSHIPS

In chapter 15 of Liberating Everyday Genius – Mary Elaine Jacobson states that one of the keys to intimacy is the development of an emotionally safe atmosphere in which being fully known and vulnerable is the reasonably expected norm for those of us who have hidden so much of our genuine nature. We open ourselves up to the customary risks of real relating only when we feel safe. Relationships are not a matter of resolve and willpower, but a matter of finding equilibrium – how to care for others and feel cared about in return – without diminishing the character of our Everyday Genius. The stronger our sense of identity and autonomy, and the more skilled we become at setting boundaries, the better we are at allowing ourselves to take risks and explore all avenues of relationship.

HOW TO COMPLETE A SWPS SERIES™ FOR AWARENESS ENHANCEMENT

CHOOSE 4 SWPS PORTRAITS

Skim/read the statements positioned around the RTH thinking head clockwise, 1,2,3,4 (or 1-8).
Then scan the content in the Summation Boxes (SB) and Conclusion Boxes (CB) on each SWPS Portrait. Review all 7 SWPS Portraits in this series. Choose your 4 favorite SWPS Portraits and note this in the upper right hand corner of your chosen SWPS Portraits. 1st "✓" here to CHOOSE this SWPS ____



REASONS NOTES

What new interpretive EI/VBC's insights have appeared? Write what you deem important on the feedback lines at the bottom of each chosen SWPS portrait.

EI/VBC's Judgement Insights:

RANK YOUR 4 SWPS PORTRAITS 1-4

Was it more EI self-awareness satisfying NOW to use your evolved complete brain focus as you rank your 4 chosen SWPS Portraits, 1-4, of this series?

Rank given to this SWPS:

1__ 2__ 3__ 4__

Now **RANK** the 4 Summation Boxes (SB) on the 4 SWPS Portraits you chose.

Rank this Summation Box: 1__ 2__ 3__ 4__

Now **RANK** the 4 Conclusion Boxes (CB) on the 4 SWPS Portraits you chose.

Rank this Conclusion Box: 1__ 2__ 3__ 4__

RECORD/RETAIN

Now RECORD the choosing/ranking numbers (#'s) from completing this SWPS Series on the Response Report (page 10). RETAIN your 4 chosen SWPS Portraits and Response Report for future reviews to enhance your life success and satisfaction.



SHARE your recorded EI/VBC's Judgement pattern report with others. Email your 4 SWPS and Response Report with your comments to **INFO@EIB4AI.COM**

TAKE A MINUTE TO REFLECT

Were you aware of any 2D<=>3D mental intentional shifting as you read the RTH Thinking Head statements? Can you recognize if you engaged your whole brain to choose your 4 SWPS Portraits? Were you aware of your EI/VBC's Judgements forming in your thoughts? Did your reasoning go from left brain to right brain and back and forth as you ranked the SB's 1-4, CB's 1-4, on your 4 chosen SWPS?

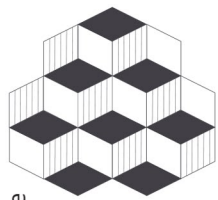
Go to **www.EIB4AI.com/NOWWHAT** for further uses and suggestions.



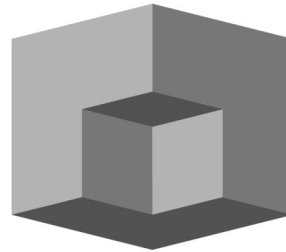
Ready to evolve your reasoning habits in a way that enhances the benefits of using your Experiential Intelligence?

Connect with your self awareness to gain perspectives of your comprehension skills from whole brain, left brain, right brain that evolves complete brain thinking.

**Automatic Shifting
Autonomous Reasoning**

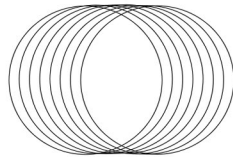


Black and White Cubes:
The figure reverses so that either 6 or 7 cubes are perceived.
(Sensation + Perception Page 321 Figure 17.15b Schiffman)



With continued inspection, the 2D drawing shifts from a cube with a corner missing to a cube in the corner. (Source unknown)

Friendly tip: Turn this page 90° to the right to enable quicker shifting.



Series of Rings: Either end of the series of rings may be seen at the near or far end of a tube.
(Sensation + Perception Pg 321, Fig 17.15d Schiffman)

**Intentional Shifting
Rational/Intuitive Reasoning**

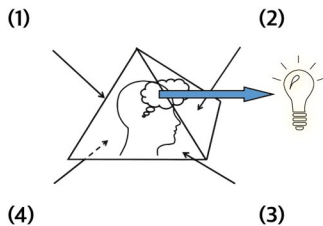
SUMMATION BOX (SB):

An introduction to the book's hotspot of the author's shared knowledge.

Reference
Book's
Pages

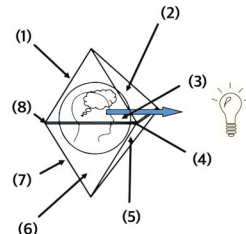
Read statements related to the hotspot topic clockwise, as they go around the 2D<=>3D RTH encapsulated thinking head.

4-sided RTH
Thinking Head Commentary Collective



The RTH Thinking Head Commentary Collective (4 or 8 sided) transcends 2D<=>3D "this or that" perception habits and escalates a complete brain understanding for viewing. The SB and CB components of the SPWS Portrait allowing a Left to Right Brain - back and forth shifting.

8-sided RTH
Thinking Head Commentary Collective



CONCLUSION BOX (CB):

Insights that add guidance to take action or a decision making process.

Reference
Book's
Pages

Retain these "Complete Brain" insights of awareness-shifting as you choose/rank your 4 chosen SWPS™.

Shared Wisdom Patterns Snapshots™ (SWPS™ #1)

Liberating Everyday Genius by Mary-Elaine Jacobsen

This SWPS 7 Series Topic – Gifted Adults in Relationships

1st "✓" here to CHOOSE this SWPS ____

Rank given to this SWPS

1 ___ 2 ___ 3 ___ 4 ___

Rank this Summation Box: 1 ___ 2 ___ 3 ___ 4 ___

SUMMATION BOX (SB): *Listening Skills Enhance Intimacy*

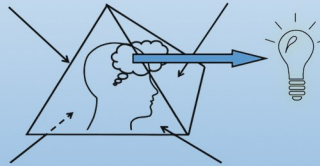
Relationships are not a matter of resolve and willpower, but a matter of finding equilibrium - how to care for others and feel cared about in return - without diminishing the character of our Everyday Genius.

Book
Pages
320 -
321

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. We must always bear in mind that there are three primary differences - INTENSITY, COMPLEXITY and DRIVE (ICD) - they are forces central to our personalities and shape everything we think and do.

2. We must learn to be prudent with our expressions, managing them to be respectful to ourselves and others.



4. The fine line of relationship success exists between being true to ourselves and simultaneously being true to those around us, and we must wisely shift the weight of our expressions here and there to keep things from toppling

3. Management of ICD traits is paramount in relationships of all kinds and perhaps the most difficult balancing act of all.

Rank this Conclusion Box: 1 ___ 2 ___ 3 ___ 4 ___

CONCLUSION BOX (CB): *Share Experience Beyond Language*

Trust is built and earned more easily when we recognise the real strengths and weaknesses of the people we allow into our lives. Championing others is often balanced by championing ourselves with the same confidence. Instead of spending exorbitant amounts of time trying to second-guess others' expectations of us, we can be more authentic across a range of situations because we know and value who we are.

Book
Pages
320 -
321

Gained EI/VBC's insights: _____

Rank this Summation Box: 1 ____ 2 ____ 3 ____ 4 ____

SUMMATION BOX (SB): *Listening Skills Enhance Intimacy*

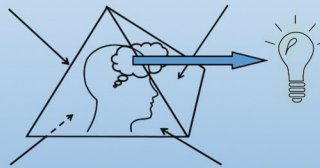
We are all looking for that special someone who will make our lives feel really complete. Yet there is a fundamental difference for the Everyday Genius. Intimate relationships that are unequal with respect to intellectual ability and drive for Advanced Development tend to splinter at some point, one moving ahead while the other is content to stay put.

Book
Page
329

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. This lack of parity in personal growth in intimate relationships can often be linked to a lack of self-knowledge.

2. Knowing ourselves and learning to manage our ICD characteristics are especially important to the process of forming intimate relationships.



4. We cannot be certain about what we need in a relationship until we know what makes us tick and where we are headed.

3. When our identities are unclear and the forces of our personalities run wild, it is far too easy to partner with the wrong person for the wrong reason.

Rank this Conclusion Box: 1 ____ 2 ____ 3 ____ 4 ____

CONCLUSION BOX (CB): *Share Experience Beyond Language*

It is important for Everyday Geniuses to honestly assess just how critical it is for them to be involved with someone who is like-minded so that the partnership will endure long after the heat of infatuation wears off.

Book
Page
329

Gained EI/VBC's insights: _____

Rank this Summation Box: 1 ___ 2 ___ 3 ___ 4 ___

SUMMATION BOX (SB): *Listening Skills Enhance Intimacy*

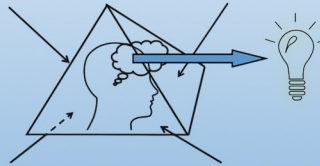
It may seem elementary to learn the art of listening all over again, but most of us have never been trained in relationship-enhancing listening skills. The first order of relationship business is to recognize that most of our assumptions are erroneous and need to be discarded, especially those that are repetitive and emotionally charged. Successful intimate relationships are founded on accurate interpretations.

Book
Pages
332 -
333

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. Any assumption that we know things about another in advance is arrogant and not very wise.

2. Nothing drives a painful wedge between two people as deeply as preconceived notions.



4. Ungrounded assumption is a poisonous byproduct of Everyday Geniuses' complexity - an amalgamation of our rapid conceptualization, perceptivity, intuition, categorization, and interpretation gone awry.

3. In fact, if we're not extremely careful, the problem with assuming too much increases over time. Before we know it, we're not communicating at all because we think we "know each other so well".

Rank this Conclusion Box: 1 ___ 2 ___ 3 ___ 4 ___

CONCLUSION BOX (CB): *Share Experience Beyond Language*

We think that because this person is so familiar to us, we no longer have need to pay attention to what is being conveyed. Halfway through the other's first sentences, we are certain we know what is meant, and often stop listening. When we rely on assumption as truth, it is little wonder that our interpretations frequently miss the mark and backfire because we failed to allow our partner the respect of being fully heard and understood.

Book
Pages
332 -
333

Gained EI/VBC's insights: _____

Rank this Summation Box: 1 ____ 2 ____ 3 ____ 4 ____

SUMMATION BOX (SB): *Listening Skills Enhance Intimacy*

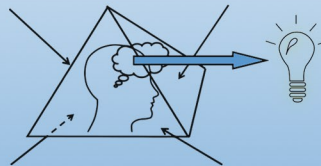
Difficult though it may be, we need to begin listening with the premise that no matter how perceptive we are, we don't know what our partner is trying to communicate. It is critical to maintain one golden rule: whatever our partner says is valid from his or her point of view, no matter how it may sound.

Book
Pages
333 -
334

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. When you are listening for love, you will need to reflect back like a mirror what is being communicated to you. Do this by giving your full and undivided attention, nodding occasionally, and, above all, allowing the speaker to

2. Meaningful communication is mostly open talk on one side and open reception on the other.



4. When you're the loving, interested listener, your only job is to compassionately receive what is being shared and to do everything in your power to help your partner feel understood.

3. Above all, this type of listening is not meant to be a debate or an opportunity to prepare a rebuttal or to impart solutions.

Rank this Conclusion Box: 1 ____ 2 ____ 3 ____ 4 ____

CONCLUSION BOX (CB): *Share Experience Beyond Language*

Should you find that your mind is busy preparing a criticism or thinking about anything other than what is being said and the attached feelings, you're missing the boat. Briefly apologize - instead of justifying - and try again. Sometimes we have to rewind "the tape" a few times before understanding can take place.

Book
Pages
333 -
334

Gained EI/VBC's insights: _____

Shared Wisdom Patterns Snapshots™ (SWPS™ #5)

Liberating Everyday Genius by Mary-Elaine Jacobsen

This SWPS 7 Series Topic – Gifted Adults in Relationships

Rank this Summation Box: 1 ___ 2 ___ 3 ___ 4 ___

1st "✓" here to CHOOSE this SWPS ___

Rank given to this SWPS

1 ___ 2 ___ 3 ___ 4 ___

SUMMATION BOX (SB): *Listening Skills Enhance Intimacy*

Most of us have never been trained for a relationships enhanced listening skills. Successful intimate relationships are founded on accurate interpretations. Any assumption that we know things about another in advance is arrogant and not very wise. The truth is that because EVERYDAY GENIUSES are dynamic works in progress, we need to get to know each other all over again, every day. Ungrounded assumption is a poisonous byproduct of our unmanaged complexity, an amalgamation of our rapid conceptualization, perceptivity, intuition, categorization, and interpretation gone awry. Halfway through the other's first sentence, we are certain we know what is meant, and often stop listening. Whatever our partner says is valid from his or her point of view, "no matter now it may sound."

Book
Pages
334,
335,
336

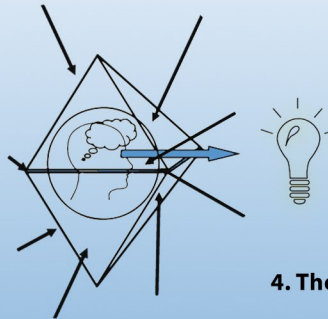
Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. When another invites you to be a part of his or her private and emotional world, handle this "gift of self" with care.

8. You will know you have done a good job of reflective listening when your partner looks and sounds understood, the interchange comes to a natural conclusion at your partner's discretion, and you perceive that the two of you have moved closer together.

7. When you are eager to say something back or share your own experience, reflective listening comes to an abrupt halt.

6. It's okay if your partner doesn't make sense at first; especially for highly verbal types, clarifying thoughts often require a sounding board - visual types often need to diagram or draw out what they're trying to communicate. Motion-oriented, active types may do their best communicating while walking about. These communication styles are normal even if it's



2. Validating feelings does not require agreement with a different opinion, but feelings are always legitimate, even if you think your partner's ideas are off-base.

3. If the goal is loving understanding, then finishing other people's sentences, changing the subject, focusing on something else, telling how you see it, correcting grammar, and comebacks that begin with "yeah well, one time I..." Are all disrespectful and guaranteed to backfire.

4. There's room enough in a good relationship for both of you to be heard.

5. If you must ask the question to clear up your understanding of what is communicated, asking briefly and go right back to active listening.

Rank this Conclusion Box: 1 ___ 2 ___ 3 ___ 4 ___

CONCLUSION BOX (CB): *Share Experience Beyond Language*

To thrive, intimate relationships need to be nourished. Listening with patience, consideration and interest deepens intimacy, making a good thing even better. Being able to reveal yourself with an expectation of being respected is also the basis of trust more than any other factor, trust must be preserved if the relationship is to last.

Book
Pages
334,
335,
336

Gained EI/VBC's insights: _____

Rank this Summation Box: 1 ____ 2 ____ 3 ____ 4 ____

SUMMATION BOX (SB): *Listening Skills Enhance Intimacy*

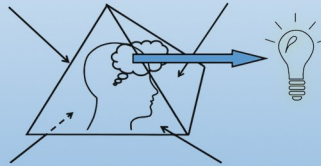
For couple's in MEJ's therapy sessions we take time to determine exactly what is positive and negative for each partner. It's imperative that we know our partner's possible interpretation of our words and actions. We know where unbridled assumptions get us. We need to know firsthand what makes our partner smile and feel good, aiming for behaviours that produce a feeling of being loved. What else do we know about successful intimate relationships?

Book
Pages
342 -
343

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. They explore, listening to each other's fears, hurts, hopes and fantasies.

2. They reminisce, reminding each other of what they value in being together.



4. They share traditions and build new ones, whether it means returning to the same bed-and-breakfast each anniversary or shopping for garden supplies on the first day of spring every year.

3. They learn about each other's childhood as a way of better understanding the essence of each other.

Rank this Conclusion Box: 1 ____ 2 ____ 3 ____ 4 ____

CONCLUSION BOX (CB): *Share Experience Beyond Language*

Intimacy is really an extension of friendship. Getting and staying close often involves surprise, silliness, communications, permission to be alone, and enjoyable conversations about nothing. Showing interest in your partner means that you take responsibility for drawing her or him out, respectfully inviting your partner to say more and go deeper.

Book
Pages
342 -
343

Gained EI/VBC's insights: _____

Rank this Summation Box: 1 ____ 2 ____ 3 ____ 4 ____

SUMMATION BOX (SB): *Listening Skills Enhance Intimacy*

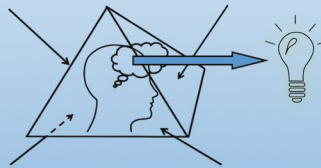
STRIVING FOR REAL RELATING - The tie that truly binds is a bond of trust. Real intimacy reduces unnecessary differences in opinion. Partners in constant competition both lose in the power struggle game. The tie that binds is not a win/lose competition, something strong willed Everyday Geniuses need to remember.

Book
Pages
344 -
345

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. Learning to relate maturely involves putting forth more of yourself as a human being. What we want out of closeness is someone who truly knows us. We also want them to allow us into their lives deeply enough to truly know them.

2. People who care about us are more interested in how we see things and how we feel than getting an earful of information.



4. We can relate more effectively to others by uncovering our own flaws and ridding ourselves of counterproductive displays of bravado or one-upmanship.

3. We need to get over the alienating false self and perfectionistic beliefs that we have to earn our way to love and that no matter what we do, we will never be quite good enough.

Rank this Conclusion Box: 1 ____ 2 ____ 3 ____ 4 ____

CONCLUSION BOX (CB): *Share Experience Beyond Language*

Successful intimacy may require shedding some old emotional armour and unlearning some unproductive habits. Relearning how to relate will cause insecure moments at first. Don't ever believe you're too different to be loved. And don't be afraid to get out of your own way to make more room for intimacy.

Book
Pages
344 -
345

Gained EI/VBC's insights: _____



**AWAKEN YOUR EXPERIENTIAL INTELLIGENCE (EI) THINKING
LIBERATING EVERYDAY GENIUS – MARY-ELAINE JACOBSEN**

**THIS SWPS™ 7 SERIES TOPIC – GIFTED ADULTS IN RELATIONSHIPS
YOUR EI/VBC'S® JUDGMENT PATTERNS RESPONSE REPORT**

**ENTER YOUR CHOOSING/RANKING NUMBERS BELOW THAT YOU RECORDED ON
YOUR 4 COMPLETED SWPS™ PORTRAITS LEFT TO RIGHT ORDER 1, 2, 3, 4 BELOW**

4 OUT OF 7 SWPS™ SERIES CHOICES:
SWPS#__ SWPS#__ SWPS#__ SWPS#__

4 CHOSEN	___	SUMMATION	1	___
SWPS	___	BOX (SB's)	2	___
PORTRAIT	___	#'s RANKING	3	___
#'s	___		4	___

4 CHOSEN	___	CONCLUSION	1	___
SWPS	___	BOX (CB's)	2	___
PORTRAIT	___	#'s RANKING	3	___
#'s	___		4	___

RANK YOUR 4 SWPS CHOICES				
4 CHOSEN	___	SWPS	1	___
SWPS	___	PORTRAIT	2	___
PORTRAIT	___	#'s RANKING	3	___
#'s	___		4	___

EI/VBC'S® TRANSFORMS REASONING HABITS

This new method of thinking, "2D <=> 3D perception & perspective shifting," reveals insights as you record both obvious and hidden judgments while you recognize your choice-making patterns. Ultimately, you're using your personal legacy of VALUES BELIEFS CONVICTIONS® (VBS's) that influence and define all aspects of your daily identity.

Use your EI/VBC's Choose-Rank-Reasons-Record-Retain (CR4™) pattern-revealing report to communicate multiple dimensions of meaningful feedback. Articulate new or evolved questions and possible unforeseen answers/solutions, as this SWPS™ series prompts you.

NAME (optional): _____

AFFILIATION (optional): _____

**OUR VISION:
AN ONLINE SWPS™ PATTERN
MATCHUP CENTER**

Let's use AI to discover ways to meet humanity's needs and provide fulfillment. Together we can compel Change Agents and Influencers to build an online space where SWPS™ are correlated and matched-up by a beneficially focused algorithm. The possibilities for improving mental health at all ages of life are endless and may build an exciting new frontier of hope, positivity, and unity.

Yes! This SWPS™ Series motivated me to impact social media/digital tech's future development. I am sending my CR4™ response report & my selected 4 SWPS™ with my feedback/suggestions to the email below.

INFO@EIB4AI.COM