



# AWAKEN YOUR EXPERIENTIAL INTELLIGENCE (EI) THINKING

## LIFE'S JOURNEY AS ADVENTURE & PILGRIMAGE - MULTIPLE BOOK AUTHOR INSIGHTS

### YOUR EI/VBC'S® JUDGEMENT PATTERNS RESPONSE REPORT

ENTER YOUR CHOOSING/RANKING NUMBERS BELOW THAT YOU RECORDED ON  
YOUR 4 COMPLETED SWPS™ PORTRAITS LEFT TO RIGHT ORDER 1, 2, 3, 4 BELOW

**4 OUT OF 7 SWPS™ SERIES CHOICES:**

SWPS# 1 SWPS# 5 SWPS# 6 SWPS# 7

<b>4 CHOSEN</b>	<u>1</u>	<b>SUMMATION</b>	<u>5</u>
<b>SWPS</b>	<u>5</u>	<b>BOX (SB's)</b>	<u>1</u>
<b>PORTRAIT</b>	<u>6</u>	<b>#'s RANKING</b>	<u>7</u>
<b>#'s</b>	<u>7</u>		<u>6</u>

<b>4 CHOSEN</b>	<u>1</u>	<b>CONCLUSION</b>	<u>6</u>
<b>SWPS</b>	<u>5</u>	<b>BOX (CB's)</b>	<u>2</u>
<b>PORTRAIT</b>	<u>6</u>	<b>#'s RANKING</b>	<u>3</u>
<b>#'s</b>	<u>7</u>		<u>5</u>

RANK YOUR 4 SWPS CHOICES			
<b>4 CHOSEN</b>	<u>1</u>	<b>SWPS</b>	<u>1</u>
<b>SWPS</b>	<u>5</u>	<b>PORTRAIT</b>	<u>2</u>
<b>PORTRAIT</b>	<u>6</u>	<b>#'s RANKING</b>	<u>3</u>
<b>#'s</b>	<u>7</u>		<u>4</u>

### EI/VBC'S® TRANSFORMS REASONING HABITS

This new VBC's method of thinking, "2D <=> 3D perception & perspective shifting," reveals insights as you record both obvious and hidden judgments while you recognize your choice-making patterns. Ultimately, you're using your personal legacy of VALUES BELIEFS CONVICTIONS® (VBS's) that influence and define all aspects of your daily identity.

Use your EI/VBC's Choose-Rank-Reasons-Record-Retain (CR4™) pattern-revealing report to communicate multiple dimensions of meaningful feedback. Articulate new or evolved questions and possible unforeseen answers/solutions, as this SWPS™ series prompts you.

NAME (optional): WM

AFFILIATION (optional): \_\_\_\_\_

### OUR VISION: AN ONLINE SWPS™ PATTERN MATCHUP CENTER

Let's use AI to discover ways to meet humanity's needs and provide fulfillment. Together we can compel Change Agents and Influencers to build an online space where SWPS™ are correlated and matched-up by a beneficially focused algorithm. The possibilities for improving mental health at all ages of life are endless and may build an exciting new frontier of hope, positivity, and unity.

Yes! This SWPS™ Series motivated me to impact social media/digital tech's future development. I am sending my CR4™ response report & my selected 4 SWPS™ with my feedback/suggestions to the email below.

**INFO@EIB4AI.COM**

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## LIFE'S JOURNEY AS ADVENTURE & PILGRIMAGE - MULTIPLE BOOK AUTHOR INSIGHTS

Shared Wisdom Patterns Snapshots (SWPS™) Hotspots of 2D <=> 3D Insight

### EXPERIENTIAL INTELLIGENCE (EI) & VALUES BELIEFS CONVICTIONS® (VBC'S®)

EI includes everything experienced from "womb to tomb" that impacts & shapes human self identity choose/rank Judgment Patterns. VBC's® define your personal legacy of "senses driven" ability to perceive and interpret everything you experience 24/7 as either a Positive/Uncertain/Negative encounter in life. A SWPS™ 7 Portrait Series Choose & Rank Thinking Tool provides a comprehensional leap forward in better understanding the influences on one's life with your EI/VBC's Judgement Patterns decisions.

(1) The constant autonomic (unnoticed) perspective shifting with 2D<=>3D perception greatly influences interpreted meaning of any digital or printed image.

(2) The merging of Human General Intelligence Q&A thought and reasoning (HGI) with AI generated Artificial General Intelligence (AGI) programmed Q&A "thought" that creates our thinking identity.

### LIFE'S JOURNEY AS ADVENTURE & PILGRIMAGE

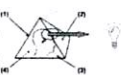
Selected SWPS™ Portrait Hotspots from book author influencers. An introduction to Parker Palmer: Let Your Life Speak, John Briggs: Fire in the Crucible, Robert Fritz: The Path of Least Resistance, Antonio Damasio: The Feeling of What Happens, Jack Kornfield: A Path With Heart, James E. Loehr and Tony Schwartz: The Power of Full Engagement. A powerful preview of selected book Authors credible knowledge, explanation and encouragement presented in SWPS™ Portrait format that can greatly influence a Readers EI/VBC's® evolving patterns of Choose/Rank judgement – enhancing their EI awareness-to seek out and embrace more passion, contentment, spirituality and life fulfillment success.

chose 6, 5, 4, 7

### HOW TO COMPLETE A SWPS SERIES™ FOR AWARENESS ENHANCEMENT

#### CHOOSE 4 SWPS PORTRAITS

Skim/read the statements positioned around the RTH thinking head clockwise, 1,2,3,4 (or 1-8). Then scan the content in the Summation Boxes (SB) and Conclusion Boxes (CB) on each SWPS Portrait. Review all 7 SWPS Portraits in this series. Choose your 4 favorite SWPS Portraits and note this in the upper right hand corner of your chosen SWPS Portraits. 1st "✓" here to CHOOSE this SWPS \_\_\_\_



#### REASONS NOTES

What new interpretive EI/VBC's insights have appeared? Write what you deem important on the feedback lines at the bottom of each chosen SWPS portrait.

EI/VBC's Judgement Insights:

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#### RANK YOUR 4 SWPS PORTRAITS 1-4

Was it more EI self-awareness satisfying NOW to use your evolved complete brain focus as you rank your 4 chosen SWPS Portraits, 1-4, of this series?

Rank given to this SWPS:

1 2 3 4  
7 6 5 4

Now **RANK** the 4 Summation Boxes (SB) on the 4 SWPS Portraits you chose.

Rank this Summation Box: 1 2 3 4

5 7 1 6

Now **RANK** the 4 Conclusion Boxes (CB) on the 4 SWPS Portraits you chose.

Rank this Conclusion Box: 1 2 3 4

6 7 1 5

#### RECORD/RETAIN

Now **RECORD** the choosing/ranking numbers (#'s) from completing this SWPS Series on the Response Report (page 10). **RETAIN** your 4 chosen SWPS Portraits and Response Report for future reviews to enhance your life success and satisfaction.



**SHARE** your recorded EI/VBC's Judgement pattern report with others. Email your 4 SWPS and Response Report with your comments to

**INFO@EIB4AI.COM**

Go to **www.EIB4AI.com/NOWWHAT** for further uses and suggestions.

#### TAKE A MINUTE TO REFLECT

Were you aware of any 2D<=>3D mental "intentional" shifting as you read the RTH Thinking Head statements? Can you recognize if you engaged your whole brain to choose your 4 SWPS Portraits? Were you aware of your EI/VBC's® Judgements forming in your thoughts? Did your reasoning go from left brain to right brain and back and forth as you ranked the SB's 1-4, CB's 1-4, on your 4 chosen SWPS?





# Shared Wisdom Patterns Snapshots™ (SWPS™ #7)

Life's Journey as Adventure & Pilgrimage

Source: The Power of Full Engagement – James E. Loehr & Tony Schwartz

1st "✓" here to CHOOSE this SWPS \_\_\_\_\_

Rank given to this SWPS \_\_\_\_\_

1 \_\_\_\_ 2 \_\_\_\_ 3 \_\_\_\_ 4 \_\_\_\_

Rank this Summation Box: 1 \_\_\_\_ 2 \_\_\_\_ 3 \_\_\_\_ 4 \_\_\_\_

## SUMMATION BOX (SB): *Motivation Introspection = New Adventure Avenues*

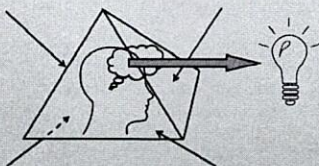
The challenge of great performance is to manage your energy more effectively in all dimensions, to achieve your goals. Four key energy management principles drive the process. They lie at the heart of the process.

Book  
Pages  
17 - 18

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

**1. Full engagement requires drawing on physical, emotional, mental, and spiritual energy.**

**2. We must balance energy expenditures with intermittent energy renewal.**



**4. positive energy rituals – specific routines fuelled by a deeply held value – for managing energy – are key to sustained performance.**

**3. Build capacity by pushing beyond our normal limits, training in the same systematic way elite athletes do.**

Rank this Conclusion Box: 1 \_\_\_\_ 2 \_\_\_\_ 3 \_\_\_\_ 4 \_\_\_\_

## CONCLUSION BOX (CB): *Higher Purpose Life Journey = Your Pilgrimage*

Full engagement means a combination of high energy and positive energy. You feel invigorated, confident, challenged, joyful, and connected.

Book  
Pages  
17 - 18

How do I know when I am 'delivering a great performance' – a super athlete  
Gained EVBC's insights: with top expertise and  
confident, invigorated feeling to achieve  
top results? I connect with the 4 key  
energy management principles clearly stated  
in the RTH box of this portrait.



# Shared Wisdom Patterns Snapshots™ (SWPS™ #6)

Life's Journey as Adventure & Pilgrimage

Source: A Path With Heart – Jack Kornfield

1st "✓" here to CHOOSE this SWPS

Rank given to this SWPS

1 \_\_\_ 2 \_\_\_ 3 ✓ 4 \_\_\_

Rank this Summation Box: 1 \_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_

## SUMMATION BOX (SB): *Motivation Introspection = New Adventure Avenues*

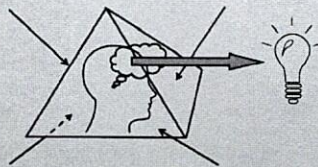
A calling comes from the inside out – though outside occurrences may trigger the internal stirrings – it arrives with its own voice as a:

Book  
Page  
?

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. Prompter.

2. Enroller.



4. Challenger.

3. Agenda shaper.

Rank this Conclusion Box: 1 \_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_

## CONCLUSION BOX (CB): *Higher Purpose Life Journey = Your Pilgrimage*

All of these voices are a call to act in a way that aligns with who you really are, your reason you are on this earth, your life purpose.

Book  
Page  
?

yes it is a "calling that comes from the inside out." It does have its own voice. At times it is relayed and interpreted by me as a spiritual life purpose and other times as a task master. But the meaning it continuously gives my existence is so satisfying – so it was meant to be.



# Shared Wisdom Patterns Snapshots™ (SWPS™ #5)

Life's Journey as Adventure & Pilgrimage

Source: Let Your Life Speak – Parker J. Palmer

1st "✓" here to CHOOSE this SWPS \_\_\_\_

Rank given to this SWPS

1 \_\_\_\_ 2 \_\_\_\_ 3 \_\_\_\_ 4 \_\_\_\_

Rank this Summation Box: 1 \_\_\_\_ 2 \_\_\_\_ 3 \_\_\_\_ 4 \_\_\_\_

## SUMMATION BOX (SB): *Motivation Introspection = New Adventure Avenues*

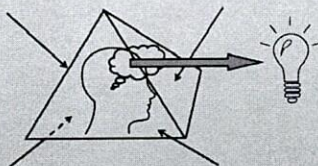
The pilgrimage toward true self will take "time, many years and places". The world needs people with the patience and the passion to make that pilgrimage not only for their own sake but as a social and political act. The world still waits for the truth that will set us free:

Book  
Page  
36

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. My truth.

2. Your truth.



4. The truth that was seeded in the earth when each of us arrived here.

3. Our truth.

Rank this Conclusion Box: 1 \_\_\_\_ 2 \_\_\_\_ 3 \_\_\_\_ 4 \_\_\_\_

## CONCLUSION BOX (CB): *Higher Purpose Life Journey = Your Pilgrimage*

Cultivating that truth, I believe, is the authentic vocation of every human being.

Book  
Page  
36

Gained EI/VBC's insights:

This postcard gives me renewed courage and bravery to pursue my pilgrimage. I have many times struggled with impatience, frustration, even moments of despair and overwhelm - But it always recovers and renews my journey - adding moments of adventure to brighten and energize the enduring demands of pilgrimage!



# Shared Wisdom Patterns Snapshots™ (SWPS™ #1)

Life's Journey as Adventure & Pilgrimage

Source: Let Your Life Speak – Parker J. Palmer

1st "✓" here to CHOOSE this SWPS \_\_\_\_\_

Rank given to this SWPS \_\_\_\_\_

1 \_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_

Rank this Summation Box: 1 \_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_

## SUMMATION BOX (SB): *Motivation Introspection = New Adventure Avenues*

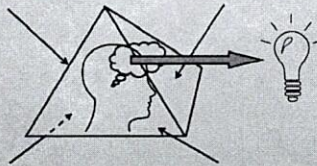
We have a strange conceit in our culture that simply because we have said something, we understand what it means! But often we do not – especially when we speak from a deeper place than intellect or ego, speak the kind of words that arise when the inner teacher of our EI/VBC's® feels safe enough to tell its truth. At those moments, we need to listen to what our lives are saying and take notes on it, lest we forget our own truth or deny that we ever had it.

Book  
Page  
6

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. Verbalizing is not the only way our lives speak.

2. Our lives speak through our actions and reactions.



4. Our lives speak through our feelings and bodily states of being.

3. Our lives speak through our intuitions and instincts.

Rank this Conclusion Box: 1 \_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_

## CONCLUSION BOX (CB): *Higher Purpose Life Journey = Your Pilgrimage*

How can we get into a mental space – stop everything else demanding or enticing our attention – and listen? In what format – with that in mind – should we make notes? What is of value in noting? How can we use it and when? Should we judge the meaning of notes we have jotted as we listen to our inner teacher – as to their value now or should we wait – until when? And why?

Book  
Page  
6

This is such a powerfully languageed portrait  
of the content for me. Experience all  
Gained EI/VBC's insights: these "speaking from a deeper place than intellect"  
thinking thoughts and am constantly trying to  
get down insights that retain the meaning.  
When the thoughts are flashbacks through  
my senses – they escape my capturing and  
language





# EXPERIENTIAL INTELLIGENCE BEFORE ARTIFICIAL INTELLIGENCE

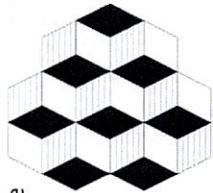
**LIFE'S JOURNEY AS ADVENTURE & PILGRIMAGE - MULTIPLE BOOK AUTHOR INSIGHTS**

## 2D <=> 3D Perspective Shifting Overview

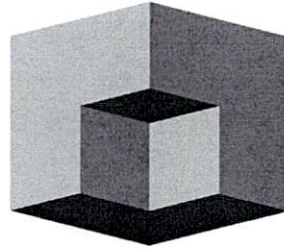
Ready to evolve your reasoning habits in a way that enhances the benefits of using your Experiential Intelligence?

Connect with your self awareness to gain perspectives of your comprehension skills from whole brain, left brain, right brain that evolves complete brain thinking.

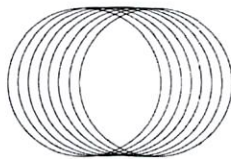
### Automatic Shifting Autonomous Reasoning



Black and White Cubes:  
The figure reverses so that either 6 or 7 cubes are perceived.  
([Sensation + Perception](#) Page 321 Figure 17.15b Schiffman)



With continued inspection, the 2D drawing shifts from a cube with a corner missing to a cube in the corner. (Source unknown)



Series of Rings: Either end of the series of rings may be seen at the near or far end of a tube.  
([Sensation + Perception](#) Pg 321, Fig 17.15d Schiffman)

### Intentional Shifting Rational/Intuitive Reasoning

#### SUMMATION BOX (SB):

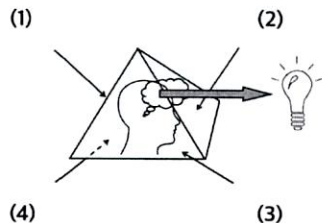
An introduction to the book's hotspot of the author's shared knowledge.

Reference  
Book's  
Pages

Read statements related to the hotspot topic clockwise, as they go around the 2D<=>3D RTH encapsulated thinking head.

#### 4-sided RTH

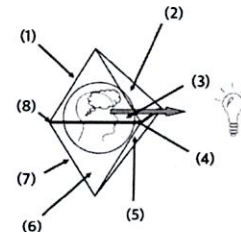
Thinking Head Commentary Collective



The RTH Thinking Head Commentary Collective (4 or 8 sided) transcends 2D<=>3D "this or that" perception habits and escalates a complete brain understanding for viewing. The SB and CB components of the SPWS Portrait allowing a Left to Right Brain - back and forth shifting.

#### 8-sided RTH

Thinking Head Commentary Collective



#### CONCLUSION BOX (CB):

Insights that add guidance to take action or a decision making process.

Reference  
Book's  
Pages

Retain these "Complete Brain" insights of awareness-shifting as you choose/rank your 4 chosen SWPS™.

## Shared Wisdom Patterns Snapshots™ (SWPS™ #2)

Life's Journey as Adventure & Pilgrimage

Source: Fire in the Crucible - Understanding the Process of Creative Genius – John Briggs

1st "✓" here to CHOOSE this SWPS \_\_\_\_

Rank given to this SWPS

1\_\_ 2\_\_ 3\_\_ 4\_\_

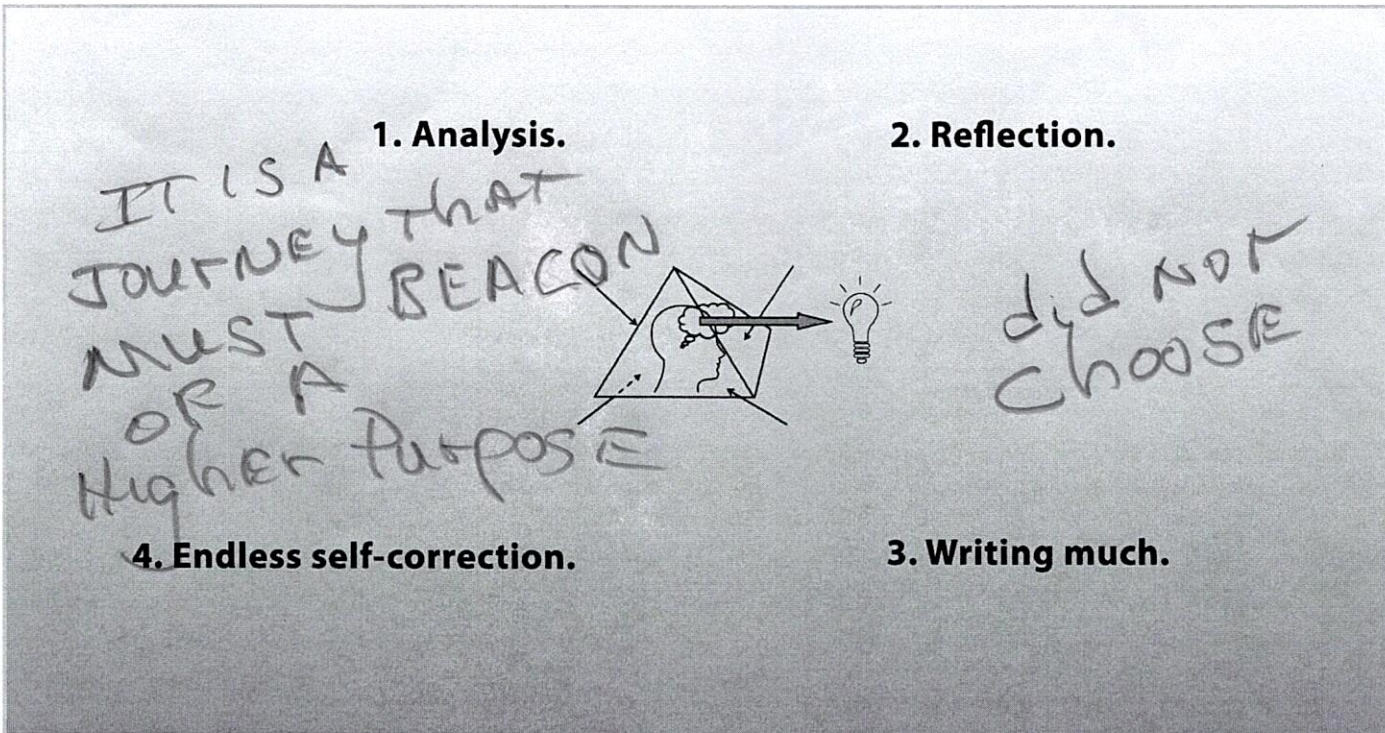
Rank this Summation Box: 1\_\_ 2\_\_ 3\_\_ 4\_\_

### SUMMATION BOX (SB): *Motivation Introspection = New Adventure Avenues*

For in creation, the ability to be absorbed in the creative activity is the mirror, if not the essence of talent. Edison insisted that "Genius is nothing but labour and diligence." Even the miraculous Bach said "Ceaseless work... that is my secret."

Book  
Page  
200

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head



Rank this Conclusion Box: 1\_\_ 2\_\_ 3\_\_ 4\_\_

### CONCLUSION BOX (CB): *Higher Purpose Life Journey = Your Pilgrimage*

Psychiatrist Rollo May claims that "absorption, being caught up in, wholly involved" in a work is the hallmark of the artist or inventor.

Book  
Page  
200

Gained EI/VBC's insights: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



# Shared Wisdom Patterns Snapshots™ (SWPS™ #3)

Life's Journey as Adventure & Pilgrimage

Source: The Path of Least Resistance – Robert Fritz

1st "✓" here to CHOOSE this SWPS \_\_\_\_

Rank given to this SWPS

1 \_\_\_\_ 2 \_\_\_\_ 3 \_\_\_\_ 4 \_\_\_\_

Rank this Summation Box: 1 \_\_\_\_ 2 \_\_\_\_ 3 \_\_\_\_ 4 \_\_\_\_

## SUMMATION BOX (SB): *Motivation Introspection = New Adventure Avenues*

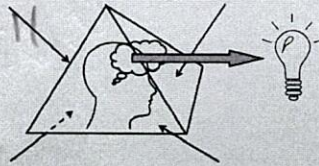
Change is possible. But, it can only come when it is rooted in the service of that which you most deeply care about, and not when you are trying to "solve" yourself or your life as if they were problems. When you shift to the orientation of the creative, you move along the path of mastering causality. You become the predominant casual force in your life, which is natural and desirable. This shift is made by invoking senior forces such as:

Book  
Page  
199

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

### 1. Fundamental choice.

How did these  
"SENIOR FORCES"  
choose ME?



### 2. Primary and secondary choices.

DID NOT  
choose

### 4. Aspiration to your true values and being true to yourself.

### 3. The structural tension of a mobilizing force that helps propel you toward chosen results.

Rank this Conclusion Box: 1 \_\_\_\_ 2 \_\_\_\_ 3 \_\_\_\_ 4 \_\_\_\_

## CONCLUSION BOX (CB): *Higher Purpose Life Journey = Your Pilgrimage*

These senior forces always take priority over lesser forces such as willpower manipulation, conflict manipulation, and structural conflict.

Book  
Page  
199

Gained EI/VBC's insights: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



## Shared Wisdom Patterns Snapshots™ (SWPS™ #4)

Life's Journey as Adventure & Pilgrimage

Source: The Feeling of What Happens – Antonio Damasio

1st "✓" here to CHOOSE this SWPS \_\_\_\_\_

Rank given to this SWPS

1 \_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_

Rank this Summation Box: 1 \_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_

### SUMMATION BOX (SB): *Motivation Introspection = New Adventure Avenues*

Consciousness begins as a special kind of feeling. I began thinking of consciousness as a feeling and it still seems like a sensible reason: consciousness feels like a feeling, it may very well be a feeling.

Book  
Page  
312

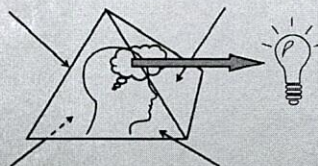
Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. It does not feel like a clear image in any of the externally directed sensory modalities.

2. It is not a visual pattern or auditory pattern – we do not see it or hear it.

4. It is not a gustatory pattern – we do not taste consciousness.

3. It is not olfactory pattern – we do not smell consciousness.



Rank this Conclusion Box: 1 \_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_

### CONCLUSION BOX (CB): *Higher Purpose Life Journey = Your Pilgrimage*

Consciousness feels like some kind of pattern built with the nonverbal signs of body states. It is for this reason perhaps that the mysterious source of our mental first-person perspective – core consciousness and its simple sense of self – is revealed to the organism in a form that is both powerful and elusive, unmistakable and vague.

Book  
Page  
312

Gained EI/VBC's insights: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_