



The Way of Transition - William Bridges

This SWPS™ 7 Series Topic - Aging in America - Transition's Wisdom of Elders Ignored

ENTER YOUR CHOOSING/RANKING NUMBERS BELOW
THAT YOU RECORDED ON YOUR 4 COMPLETED SWPS PORTRAITS
LEFT TO RIGHT ORDER 1, 2, 3, 4 BELOW.

4 OUT OF 7 SWPS™ SERIES CHOICES:

SWPS# 3 SWPS# 5 SWPS# 6 SWPS# 7

4 CHOSEN SWPS PORTRAIT #'s 3 5 6 7
SUMMATION BOX (SB's) #'s RANKING
1 1
2 2
3 3
4 4

4 CHOSEN SWPS PORTRAIT #'s 3 5 6 7
CONCLUSION BOX (CB's) #'s RANKING
1 1
2 2
3 3
4 4

RANK YOUR 4 SWPS CHOICES

4 CHOSEN SWPS PORTRAIT #'s 3 5 6 7
SWPS PORTRAIT #'s RANKING
1 1
2 2
3 3
4 4

EI TRANSFORMS REASONING HABITS

This new method of thinking, "2D <=> 3D perspective shifting," and whole-left-right-complete-brain anatomy engagement - reveals insights as you record both obvious and hidden judgments. Ultimately, you're using your personal legacy of VALUES BELIEFS CONVICTIONS® (VBC's) that influence and define all aspects of your daily identity to complete this SWPS Series Response Report which will enable you to recognize your thinking patterns.

Use your EI Choose-Rank-Reasons-Record-Retain (CR4™) pattern-revealing report to communicate multiple dimensions of meaningful feedback.

Articulate new or evolved questions and possible unforeseen answers/solutions, as this SWPS™ series prompts you.

NAME (optional): WM

AFFILIATION (optional): _____

OUR VISION:
AN ONLINE SWPS™ PATTERN MATCHUP CENTER

Let's use AI to discover ways to meet humanity's needs and provide fulfillment. Together we can compel Change Agents and Influencers to build an online space where SWPS™ are correlated and matched-up by a beneficially focused algorithm. The possibilities for improving mental health at all ages of life are endless and may build an exciting new frontier of hope, positivity, and unity.

Yes! This SWPS™ series created motivation for me to impact social media/digital tech's future development. I am sending my CR4™ response report & my selected 4 SWPS™ with my feedback/suggestions to the email below.

INFO@EIB4AI.COM

EXPERIENTIAL INTELLIGENCE BEFORE ARTIFICIAL INTELLIGENCE

Shared Wisdom Patterns Snapshots (SWPS™) Hotspots of 2D <=> 3D Insight

The Way of Transition – William Bridges

This SWPS™ 7 Series Topic - Aging in America - Transition's Wisdom of Elders Ignored



EXPERIENTIAL INTELLIGENCE (EI)

EI is your VALUES BELIEFS CONVICTIONS® (VBC's®) personal legacy of a "Senses Driven" ability to perceive & interpret everything you encounter 24/7, your whole life. The SWPS™ 7 Series choose & rank thinking tool provides a comprehensional leap forward in better understanding the influences of life's EI transitional power, along with the manipulative power on our minds of 2 distinctive and interactive EI realities.

- (1) The constant autonomic (unnoticed) perspective shifting with 2D<=>3D perception and interpreted meaning of any digital or printed image.
- (2) The merging of human cognitive (intentional) Q&A thought and reasoning with AI generated Q&A programmed "thought" that creates our thinking identity.

THE WAY OF TRANSITION

A concluding chapter in Bill Bridges "THE WAY of TRANSITION" points out our American society does not seek out the wisdom and insight of our Elderly/Senior Citizens like other world cultures do. Very few of today's younger – on screen, easy access AI placated generations are even aware of the value the stories of learned advice of an elderly's life can provide them. Many of the Elderly had a family childhood/teenager upbringing that was rural with daily interface with farm animals, crops and nature's cycles. Can the Elderly extrapolate lessons of real value to "on-line" high-technology engaged generations? Providing valuable lessons about embracing the struggle of endings, transitions into the neutral zone and beginnings and how they need to be tolerated, explored and used as an insightful guide for more satisfying life fulfillment.

HOW TO COMPLETE A SWPS™ SERIES

chose 3, 5, 6, 7
REASONS NOTES

CHOOSE 4 SWPS PORTRAITS

Skim/read the statements positioned around the RTH thinking head clockwise, 1,2,3,4 (or 1-8). Then scan the content in the Summation Boxes (SB) and Conclusion Boxes (CB) on each SWPS Portrait. Review all 7 SWPS Portraits in this series. Choose your 4 favorite SWPS Portraits and note this in the upper right hand corner of your chosen SWPS Portraits. 1st "✓" here to CHOOSE this SWPS _____

What new interpretive EI/VBC's insights have appeared? Write what you deem important on the feedback lines at the bottom of each chosen SWPS portrait.

EI/VBC's Judgement Insights:

RANK YOUR 4 SWPS PORTRAITS 1-4

Was it more EI self-awareness satisfying NOW to use your evolved complete brain focus as you rank your 4 chosen SWPS Portraits, 1-4, of this series?

Now RANK the 4 Summation Boxes (SB) on the 4 SWPS Portraits you chose.

Rank this Summation Box: 1 6 2 5 3 7 4 3

Rank given to this SWPS:

1 6 2 5 3 7 4 3

Now RANK the 4 Conclusion Boxes (CB) on the 4 SWPS Portraits you chose.

Rank this Conclusion Box: 1 3 6 3 5 7 4 7

RECORD/RETAIN

Now RECORD the choosing/ranking numbers (#'s) from completing this SWPS Series on the Response Report (page 10). RETAIN your 4 chosen SWPS Portraits and Response Report for future reviews to enhance your life success and satisfaction.



SHARE your recorded EI/VBC's Judgement pattern report with others. Email your 4 SWPS and Response Report with your comments to **INFO@EIB4AI.COM**

TAKE A MINUTE TO REFLECT

Were you aware of any 2D<=>3D mental "intentional" shifting as you read the RTH Thinking Head statements? Can you recognize if you engaged your whole brain to choose your 4 SWPS Portraits? Were you aware of your EI/VBC's® Judgements forming in your thoughts? Did your reasoning go from left brain to right brain and back and forth as you ranked the SB's 1-4, CB's 1-4, on your 4 chosen SWPS?

Go to www.EIB4AI.com/NOWWHAT for further uses and suggestions.

Shared Wisdom Patterns Snapshots™ (SWPS™ #6)

1st "v" here to CHOOSE this SWPS ____

The Way of Transition – William Bridges

Rank given to this SWPS

Aging in America – Transition's Wisdom of Elders Ignored

1 ____ 2 ____ 3 ____ 4 ____

Rank this Summation Box: 1 ____ 2 ____ 3 ____ 4 ____

SUMMATION BOX (SB):

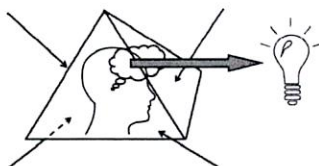
This is where older people can become Elders. If they can perceive, understand and appreciate the meaning of the meandering path they have followed, they can play such a significant social role by helping younger people to understand the significance of the transitions in their own lives. They can help others to discover the deeper meaning (or the developmental significance) of otherwise negative life events. Senior/Old/Elderly people have encountered the problems that signal a time of transition often enough to recognize them and take them seriously.

Book
Pages
197, 198

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. They can appreciate, in this context, the importance of failure, for they can see that it is through our failures (where we lose the life that we hoped to gain) that we enter into the developmental transitions that help us to grow beyond the superficial, glib, brittle self-confidence of youth.

2. The Elderly can appreciate the tremendous value of living through times when letting go is the only appropriate response to life. Important though perseverance is, they know how easily it can turn into a refusal to get the message that life is trying to deliver. For in many cases, being unwilling to accept defeat – though celebrated in the world of sports and warfare – is a guarantee that one will never learn the lessons that must be learned if one is to mature.



4. Such Elders can show us, because they have done it many times, how to let go of who we have been to clear the ground for the growth of who we are becoming. They can help us to understand the transitions – related emotions of grief (sadness for what we have let go of), disorientation (when we are lost in the neutral zone), and fear (when the challenges of the unknown new beginnings are overwhelming).

3. That is why the Elders that we need so badly in our success-obsessed society are not the natural-born leaders who rose to the top without a setback. Such people are easy to idolize, but they have little to teach us. What Elders need to help younger people learn is that without releasing the fruits of one season, they cannot blossom into the next.

Rank this Conclusion Box: 1 ____ 2 ____ 3 ____ 4 ____

CONCLUSION BOX (CB):

Old People (Senior Citizens), if they have learned from the transitions they have been through, grow more tolerant. They say that wholeness is the goal, and that to exclude anything is a brief and shallow victory that leads to ultimate defeat. They can help us to counterbalance our societies overemphasis on worldly success, not by scorning success but by just identifying from the outcomes of the efforts that they, like anyone else, make. To do one's best and then to let outcomes be what they will – is both to acknowledge realistically how often outcomes are beyond our control and to guard against the neurotic attempts at controlling how things turn out – efforts that lead to everything from defensiveness to dishonesty.

Book
Pages
197, 198

I am old enough - plus raised in a farm
Gained EI/VBC's insights: *Culture 20 yrs behind the Times*
where elderly people had the memories to
and explanations of patterns of logic - past to
present they could tell me as a boy - what
was to be - since it is gone when I try to
observe it. I enjoyed that.

Rank this Summation Box: 1 ___ 2 ___ 3 ___ 4 ___

SUMMATION BOX (SB):

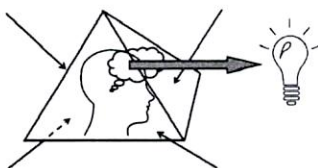
Every culture has its own favored image of movement through space. Ours is a straight line, the shortest distance from A to B. Getting closer to B- "getting there," wherever there is, is what we like to call "making progress." Further is better – further ahead, further up, further down, further in, further out. Far out we say. Far out! The typical journey of American history has been a one-way trip: from the Old World to the New World, from the seaboard colonies to the Western frontier, or (with many of our most elderly) from the farm to the city. Americans have always been looking for something that is out or over "there" – or else fleeing from something that is "here."

Book
Pages
189, 190

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. Either way it's been a one-way trip to some destination where things will be better, where you can escape from your past and start over again. American lives often have a two-dimensional quality, like the maps on which their travels can be traced.

2. But other cultures, including most of those that have produced spiritual treasures of humankind, have seen movement differently. Not from here to there, but here to there and back again. The natural figure is circular.



4. No matter how enormous the discoveries are, they are meant to be brought home into everyday life. As the Zen saying puts it, "after enlightenment, the laundry." Although of course, it's not the same laundry anymore.

3. The Tao Te Ching says, "going on means going far, going far means returning." Great journeys are pilgrimages to a sacred place, and then after the journey has done its transformative work, pilgrimages returned back home again.

Rank this Conclusion Box: 1 ___ 2 ___ 3 ___ 4 ___

CONCLUSION BOX (CB):

When we look back at our lives, we can see either the linear or the circular journey, depending on which we are looking for. Americans usually opt for the linear. When they do, they find a stretch of time that can be segmented into periods or stages. Keeping things in chronological order that way shows you a lot, especially about cause and effect, and I think that it was a useful way to view my career and my marriage. But the linearity of A to B is all entropy, time ticking away, oneself getting older.

Book
Pages
189, 190

I agree with Bridges - Americans seem to live in a 2-dimensional reality - life. Gained EI/MBC's insights: change trips from here to there, perceptions of gain or loss, not as focused - if at all - with life being a cycle - but at old to young, worthwhile employed to retired not employed, losing our edge in society, performance value as we age.

Shared Wisdom Patterns Snapshots™ (SWPS™ #7)

The Way of Transition – William Bridges
Aging in America – Transition's Wisdom of Elders Ignored

1st "✓" here to CHOOSE this SWPS ____

Rank given to this SWPS

1 ___ 2 ___ 3 ___ 4 ___

Rank this Summation Box: 1 ___ 2 ___ 3 ___ 4 ___

SUMMATION BOX (SB):

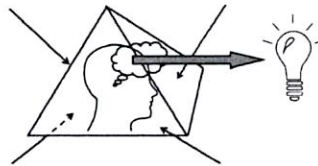
It is salutary to note that the word "success" originally had nothing to do with "good" results, much less with the accumulation of wealth or honors. It meant simply "whatever follows after something". Success was a neutral word, like outcome, so the term "ill success", that one encounters in Shakespeare and other pre-18th century writers, is not an oxymoron. The gift of the Elderly is a respect for this kind of success (which represents reality, after all) and the mistrust of any focus on the efforts at self-aggrandizement (WM-smiles at this verb that Bill Bridges uses) that pass today for living "successfully".

Book
Pages
198, 199

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. Elders can do these things not because they are nobler or more virtuous than younger people, but because they have the good fortune to live in life's richest phase.

2. That is not to say that there may not have pain and grief, but simply that they can at least see beyond life's window dressing.



4. The journey metaphor tells us about many important things. It reminds us that "every time in life has its baggage" and that our attempts to become something often require us to pay a fare. Journeys, like portions of our lifetimes, have their announced destinations, but it is also common to discover that whatever the purported destination, the journey was its own justification.

3. Their only inevitable sadness is that the living they can at last savor is also running out. But they can see and appreciate the lives they have lived as journeys that they have been on.

Rank this Conclusion Box: 1 ___ 2 ___ 3 ___ 4 ___

CONCLUSION BOX (CB):

That journeys carry us along to their destination, not ours, helps to make sense out of the experience that we have already noted of finding out if you are (or are not) "still on the balance beam" as you journey along. This experience is so much more important than having a purpose, in the sense of something that can be paraphrased. It is the experience of "homing in" on something, or being tuned into something, some inner thing. But the moving on, even though it is only from illusion to illusion, is important to, for only by that movement is one prepared for and brought to their final transition through which one dies to a new life.

Book
Pages
198, 199

I love the book *Hotspot* RTH Side # 4 above.
Gained EI/VBC's insights: *every time in life has its baggage*
"Our attempts to be come something often requires us to pay a fare" I am excited about my life's journey yet my humanness does create phases of impatience, cynicism, frustration. But these distracting feelings are overpowered by vision.

Shared Wisdom Patterns Snapshots™ (SWPS™ #3)

The Way of Transition – William Bridges
Aging in America – Transition's Wisdom of Elders Ignored

1st "✓" here to CHOOSE this SWPS ____

Rank given to this SWPS

1 ____ 2 ____ 3 ____ 4 ____ ✓

Rank this Summation Box: 1 ____ 2 ____ 3 ____ 4 ____

SUMMATION BOX (SB):

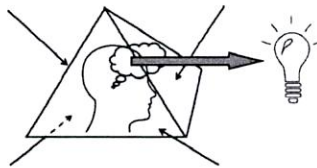
Taking our cue from the machinery and the data that dominate our world, we usually view knowledge as something that accumulates piecemeal over time. But passive accumulation isn't the way that you learn the most important things that you know about the world.

Book
Pages
182, 183

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. The way you do that is – first you are immersed in the knowledge, then you get distance from it (and even deny it), and then you return to a new relation with it that is the kind of knowledge that the experience of transition leads to.

2. First you know, then you let go of what you knew – or thought that you knew, because the disenchantment process makes the old "reality" seem very unreal.



4. But that state also passes, and you return your life again. Yet it isn't the same life – its a new, transformed life. It's you – but – not – the – old – you.

3. Then, during the neutral zone phase transition, you no longer experience the old reality and may feel that you lack a reality now or that your reality is confused or crazy.

Rank this Conclusion Box: 1 ____ 2 ____ 3 ____ 4 ____

CONCLUSION BOX (CB):

The only way you acquire this kind of knowledge – which is called "wisdom" to distinguish it from that which is acquired in the ordinary way – is to have gone through a profound life – transition, or rather to go through a number of them in the process of aging. Only after you have done that do you see the old world with new eyes and understand it in depth.

Book
Pages
182, 183

Gained EI/VBC's insights:

I dislike being considered "elderly". I have a quality of perception/perspective self-identity view of myself. At the gym fitness I feel and act younger. But if I am around the elderly I feel older than them because I was raised as a Kansas farm boy living/working as a farmer they did 20 years earlier than my childhood time.