

AWAKEN YOUR EXPERIENTIAL INTELLIGENCE (EI) THINKING YOUR VBC'S® JUDGEMENT PATTERNS RESPONSE REPORT

Response Report Page 10

The Road Less Traveled - M. Scott Peck

ENTER YOUR CHOOSING/RANKING NUMBERS BELOW THAT YOU RECORDED ON YOUR 4 COMPLETED SWPS PORTRAITS LEFT TO RIGHT ORDER 1, 2, 3, 4 BELOW.

4 OUT OF 7 SWPS™ SERIES CHOICES:

SWPS#

SWP

4 CHOSEN SUMMATION 1 BOX (SB's) 2 BOX (SB's) 3 4 #'s RANKING 3 4

4 CHOSEN SWPS BOX (CB's) 1 BOX (CB's) 2 #'s RANKING 3 4

RANK YOUR 4 SWPS CHOICES

4 CHOSEN SWPS 1
SWPS PORTRAIT 2
PORTRAIT 3
#'s RANKING 4

EI TRANSFORMS REASONING HABITS

This new method of thinking, "2D <=> 3D perspective shifting," and whole-left-right-complete-brain anatomy engagement - reveals insights as you record both obvious and hidden judgments. Ultimately, you're using your personal legacy of VALUES BELIEFS CONVICTIONS® (VBC's) that influence and define all aspects of your daily identity to complete this SWPS Series Response Report which will enable you to recognize your thinking patterns.

Use your EI Choose-Rank-Reasons-Record-Retain (CR4™) pattern-revealing report to communicate multiple dimensions of meaningful feedback. Articulate new or evolved questions and possible unforeseen answers/solutions, as this SWPS™ series prompts you.

NAME (optional):	IN	14/	
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AFFILIATION (optional):			

OUR VISION: AN ONLINE SWPS™ PATTERN MATCHUP CENTER

Let's use AI to discover ways to meet humanity's needs and provide fulfillment. Together we can compel Change Agents and Influencers to build an online space where SWPS™ are correlated and matchedup by a beneficially focused algorithm. The possibilities for improving mental health at all ages of life are endless and may build an exciting new frontier of hope, positivity, and unity.

Yes! This SWPS™ series created motivation for me to impact social media/digital tech's future development. I am sending my CR4™ response report & my selected 4 SWPS™ with my feedback/suggestions to the email below.

INFO@EIB4AI.COM

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Page 1

EXPERIENTIAL INTELLIGENCE BEFORE ARTIFICIAL INTELLIGENCE



Shared Wisdom Patterns Snapshots (SWPS™) Hotspots of 2D <=> 3D Insight
The Road Less Traveled - M. Scott Peck

EXPERIENTIAL INTELLIGENCE (EI)

El is your VALUES BELIEFS CONVICTIONS® (VBC's®) personal legacy of a "Senses Driven" ability to perceive & interpret everything you encounter 24/7, your whole life. The SWPS™ 7 Series choose & rank thinking tool provides a comprehensional leap forward in better understanding the influences of life's El transitional power, along with the manipulative power on our minds of 2 distinctive and interactive El realities.

- (1) The constant autonomic (unnoticed) perspective shifting with 2D<=>3D perception and interpreted meaning of any digital or printed image.
- (2) The merging of human cognitive (intentional) Q&A thought and reasoning with AI generated Q&A programmed "thought" that creates our thinking identity.

THE ROAD LESS TRAVELED

Some books I (WM) identified that will be very helpful in expanding your El evolution were published by a successful author decades ago. An introspective question appears - how did an author deliver their El thinking guidelines and VBC's® judgement patterns of their expertise in a best-selling book before today's digital technology became reality? How does that compare to a book by an author raised and influenced by today's rapidly evolving Al/digital technology world? M. Scott Peck had decades of experience with psychotherapy as he served individuals and couples of all ages. Most of them were not yet indoctrinated into the Al/digital accelerated dynamics of today. However, the insights in this book have real merit and are helpful to any participant at any age that wants to enhance their life fulfillment and satisfaction while sharing these benefits with others they care about.

HOW TO COMPLETE A SWPS™ SERIES

Chosa 1,3,4,6

CHOOSE 4 SWPS PORTRAITS

Skim/read the statements positioned around the RTH thinking head clockwise, 1,2,3,4 (or 1-8). Then scan the content in the Summation Boxes (SB) and Conclusion Boxes (CB) on each SWPS Portrait. Review all 7 SWPS Portraits in this series. Choose your 4 favorite SWPS Portraits and note this in the upper right hand corner of your chosen SWPS Portraits. 1st "\(\sigma\)" here to CHOOSE this SWPS ____

What new interpretive EI/VBC's insights have appeared? Write what you deem important on the feedback lines at the bottom of each chosen SWPS portrait.

EI/VBC's Judgement Insights:

Now **RANK** the 4 Summation Boxes (SB) on the 4 SWPS Portraits you chose. Rank this Summation Box: 13 2 4 4

RANK YOUR 4 SWPS PORTRAITS 1-4

Was it more EI self-awareness satisfying NOW to use your evolved complete brain focus as you rank your 4 chosen SWPS Portraits, 1-4, of this series?

Rank given to this SWPS:

Now **RANK** the 4 Conclusion Boxes (CB) on the 4 SWPS Portraits you chose.

Rank this Conclusion Box: 1 2 3 2 4

RECORD/RETAIN

Now RECORD the choosing/ranking numbers (#'s) from completing this SWPS Series on the Response Report (page 10). RETAIN your 4 chosen SWPS Portraits and Response Report for future reviews to enhance your life success and satisfaction.



SHARE your recorded EI/VBC's Judgement pattern report with others. Email your 4 SWPS and Response Report with your comments to

INFO@EIB4AI.COM

Go to www.EIB4AI.com/NOWWHAT for further uses and suggestions.

TAKE A MINUTE TO REFLECT

Were you aware of any 2D<=>3D mental intentional shifting as you read the RTH Thinking Head statements? Can you recognize if you engaged your whole brain to choose your 4 SWPS Portraits? Were you aware of your EI/VBC's Judgements forming in your thoughts? Did your reasoning go from left brain to right brain and back and forth as you ranked the SB's 1-4, CB's 1-4, on your 4 chosen SWPS?

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Shared Wisdom Patterns Snapshots™ (SWPS™ #3)

The Road Less Traveled - M. Scott Peck

Rank this Summation Box: 1___ 2 ___ 3 ___ 4 ___

1st " • " here to CHOOSE this SWPS

Rank given to this SWPS

1 ___ 2 ___ 3 ___ 4 ____

SUMMATION BOX (SB):

Openness to challenge - what does a life of total dedication to the truth mean? It means, life is continuous and never-ending stringent self-examination. We know the world only through our relationship to it. Therefore, to know the world, we must not only examine it, but we must simultaneously examine the examiner. Psychiatrists are taught this in their training and know that it is impossible to realistically understand conflicts and transferences of their patients without understanding their own transferences and conflicts. They are encouraged to receive their own psychotherapy or psychoanalysis as part of their training and development.

Book

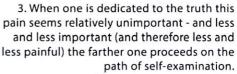
Pages 51, 52,

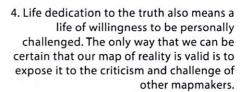
53, 54

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

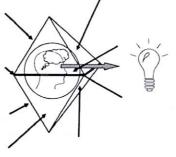
- 1. We are beginning to realize that the sources of danger to the world lie more within us than outside, and that the process of constant self-examination and contemplation is essential for ultimate survival.
- 8. No act is more unnatural, hence more human, than actively entering psychotherapy. For this act we deliberately lay ourselves open to the deepest challenge from another human being, and even pay the other for the service of scrutiny and discernment.
- 7. Another characteristic of human nature perhaps one that makes us most human is our capacity to do the unnatural, to transcend, hence transform our own nature.
- 6. The tendency to avoid challenges is so omnipresent in human beings that it can properly be considered a characteristic of human nature.

2. Examination of the world without is never as personally painful as examination of the world within, and it is certainly because of the pain involved in the life of genuine self-examination that the majority steer away from it.





 Because of the pain inherent in the process of revising our map of reality, we mostly seek to avoid or ward off any challenges to its validity.



Rank this Conclusion Box: 1___ 2 ___ 3 ___ 4 ___

CONCLUSION BOX (CB):

Entering psychotherapy is an act of the greatest courage. The primary reason people do not undergo psychotherapy is not that they lack the money, they lack the courage. This even includes many psychiatrists themselves, who somehow never quite seem to find it convenient to enter their own therapy despite the fact that they have even more reason than others to submit themselves to the discipline involved.

Book Pages

51, 52,

53,54

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Shared Wisdom Patterns Snapshots™ (SWPS™ #6)

The Road Less Traveled - M. Scott Peck

Rank this Summation Box: 1___ 2 ___ 3 ___ 4 ____

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	Rank	give	n to t	his SW	PS /
	1	_2	_3_	_4_	_

SUMMATION BOX (SB):

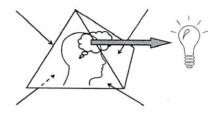
So for mental health and spiritual growth we must develop our own personal religion and not rely on that of our parents but what is this about a "religion of science"? Science is a religion because it is a worldview of considerable complexity - that it follows certain laws and is predictable, but human beings are poor examiners, subject to superstition, bias, prejudice, and profound tendency to see what they want to see rather than what is really there. Consequently to examine enhances the understanding accurately. It is necessary for human beings to subject themselves to the discipline of a scientific method. The essence of this discipline is experience, so that we cannot consider ourselves to know something unless we actually experience it.

Book Pages 194, 195

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. While the discipline of the scientific method begins with the experience, simple experience itself is not to be trusted.

2. To be trusted, experience must be repeatable, usually in the form of an experiment.



- 4. The key words are "reality", "examination", "knowledge", "distrust", "experience", discipline". These are words we have been using all along. Science is a religion of skepticism.
- 3. Experience must be verifiable, in that other people must have the same experience, under the same circumstances.

Rank this Conclusion Box: 1___ 2 ___ 3 ___ 4 ___

CONCLUSION BOX (CB):

To escape from the microcosm of our childhood experience, the microcosm of our culture and its dogmas, from the half-truths our parents told us, it is essential that we be skeptical about what we think we have learned to date. It is a scientific attitude that enables us to transform our personal experience of the microcosm into a personal experience of the macrocosm. We must begin by becoming scientists.

Book Pages 194, 195

Gained El/VBC's insights on and over again and re-read and partitude of the satisfaction in store what the all have properly and stands out to have properly and the special a

Shared Wisdom Patterns Snapshots™ (SWPS™ #1)

The Road Less Traveled - M. Scott Peck

Rank this Summation Box: 1___ 2 ___ 3 ___ 4 ____

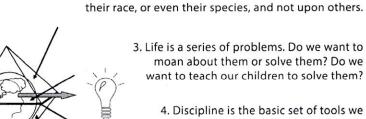
SUMMATION BOX (SB):

Life is difficult. This is a great truth, one of the greatest truths. It is a great truth because once we truly see this truth, we transcend it. Once we truly know that life is difficult - once we truly understand and accept it - life is no longer difficult. Because once it is accepted, the fact that life is difficult no longer matters.

Book Pages 15, 16

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

- 1. Most do not fully see this truth that life is difficult. Instead they moan more or less incessantly, noisily or subtly, about the enormity of their problems, their burdens, and their difficulties as if life should be generally easy.
- 8. Since life poses an endless series of problems, life is always difficult, it is full of pain as well as joy.
- 7. It is because of the pain that events or conflicts engender in us all that we call them problems.
- 6. These are uncomfortable feelings, often very uncomfortable, often as painful as any kind of physical pain.



3. Life is a series of problems. Do we want to moan about them or solve them? Do we want to teach our children to solve them?

2. They voice their belief, that their difficulties

represent a unique kind of affliction that should not be

and has somehow especially visited upon them, or else

upon their families, their tribe, their class, their nation,

- 4. Discipline is the basic set of tools we require to solve life's problems. Without discipline we can solve nothing. With only some discipline we can solve some problems. With total discipline we can solve all problems.
- 5. What makes life difficult is that the process of confronting and solving problems is a painful one. Problems, depending upon the nature, evoke in us frustration, or grief, or sadness, or loneliness, or anger, or fear, or anxiety, or anguish, or despair.

Rank this Conclusion Box: 1___ 2 ___ 3 ___ 4 _

CONCLUSION BOX (CB):

Yet it is in this whole process of meeting and solving problems that life has its meaning. Problems are the cutting-edge that distinguishes between success and failure. Problems call for our courage and our wisdom, indeed, they create our courage and our wisdom. It is only because of problems that we grow mentally and spiritually. When we desire to encourage the growth of the human spirit, we challenge and encourage the human capacity to solve problems.

Book Pages 15, 16

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Rank given to this SWPS

1 2 3 4

SUMMATION BOX (SB):

The Road Less Traveled - M. Scott Peck

Rank this Summation Box: 1___ 2 ___ 3 ___ 4 _

I hope the examples of real-life behavior shared from my sessions make it clear that the exercise of discipline is not only demanding, but also a complex task, requiring both flexibility and judgement. The type of discipline required to discipline discipline - is what I call balancing.

Balancing is the discipline that gives us flexibility. Extraordinary flexibility is required for successful living in all spheres of activity. Mature mental health demands, then, an extraordinary capacity to flexibly strike and continually re-strike a delicate balance between conflicting needs, goals, duties, responsibilities, directions etc.

Book Pages 64, 66, 67, 68

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. Two examples from my previous life. On a summer morning in my ninth year - the essence of discipline in balancing sometimes means "giving up". Coasting down a steep hill on my bike that morning where I would face a sharp turn at the bottom - I felt my speed to be ecstatic. I did not want to give up the speed exhilaration by applying the brake. So I resolved to retain my speed and negotiate the corner at the bottom. My ecstasy ended seconds later when I was propelled a dozen feet off the road into the woods - badly scratched and bleeding with my bike's front wheel twisted beyond use from the impact of hitting a tree. With this mishap I learned that the loss of balance is ultimately more painful than the giving up required to maintain balance.

2. This is an example of a lesson I continually had to relearn throughout my life. For as we negotiate the curves and corners of our lives, we must continually give up parts of ourselves. The only alternative to this "giving up" is not to travel at all on the journey of life. It may seem strange, but most people choose this alternative and elect not to continue with their life's journey - to stop short by some distance - in order to avoid the pain of giving up parts of themselves. You need to understand the depth of pain that is involved - in its major forms - giving up important parts of one's self - is the most painful part of human experiences.

4. What I found is that in its major forms, giving up is the most painful of human experiences. Thus far I have been talking about minor forms of giving up, speed, or the luxury of spontaneous anger, or the safety of withheld anger or the neatness of a thank you note. Let me turn now to the giving up of personality traits, well-established patterns of behavior, ideologies, and even whole lifestyles. These are major forms of giving up that are required if one is to travel very far on the journey of life. All my life my desire to win has served me in good stead. How is it possible to play chess without wanting to win? I've never been comfortable doing things unenthusiastically yet somehow I had to change, for my competitiveness and my seriousness were a part of a behavior pattern that was working, and would continue to work, toward alienating my children from me - if I were not able to modify this pattern.

3. One night recently, I decided to spend some free time building a happier and closer relationship with my 14-year-old daughter. She had been bugging me to pay chess with her. It was a school night however, at 9 o'clock my daughter asked if I could hurry my moves because she needed to go to bed, she had to get up at six in the morning. I told her "Come on, you can go to bed a little late for once. We're having fun."

After 15 more minutes of our chess game she was becoming visibly discomfited - "please daddy, please hurry your moves." "No goddammit, I replied," chess is a serious game. If you're going to play it well, you're going to play it slowly." We continued for another 10 minutes and suddenly my daughter burst into tears, yelled that she conceded the stupid game and ran weeping up the stairs. Immediately I felt like I was nine years old again, lying bleeding in the bushes by the side of the road next to my bike - clearly I had made a mistake.

Rank this Conclusion Box: 1___ 2 ___ 3 ___ 4 ___

CONCLUSION BOX (CB):

Clearly I failed to negotiate a turn in the road. I had started the evening wanting to have a happy time with my daughter. Ninety minutes later she was in tears and so angry at me she would hardly speak. What had gone wrong? The answer was obvious. But I did not want to see the answer, so it took me two hours to wade through the pain of accepting the fact that I had botched the evening by allowing my desire to win a chess game be more important than my desire to build a relationship with my daughter. I was depressed in earnest then. How had I gotten so out of balance? Gradually it dawned on me that my desire to win was too great. I needed to give up some of this desire. Yet even this little "giving up" seemed impossible. All my life my desire to win had served me in good stead. Though it has been a struggle - I have learned to give up part of my desire to win at games. I am encouraged that apparently this competitive drive is mainly gone now - it died. It had to die. I killed it with my desire to win at parenting.

Book Pages 64, 66, 67, 68

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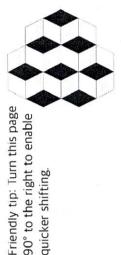


2D <=> 3D Perspective Shifting Overview The Road Less Traveled - M. Scott Peck

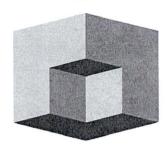
Ready to evolve your reasoning habits in a way that enhances the benefits of using your Experiential Intelligence?

Connect with your self awareness to gain perspectives of your comprehension skills from whole brain, left brain, right brain that evolves complete brain thinking.

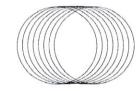
Automatic Shifting Autonomous Reasoning



Black and White Cubes: The figure reveres so that either 6 or 7 cubes are perceived. (Sensation + Perception Page 321 Figure 17.15b Schiffman)



With continued inspection, the 2D drawing shifts from a cube with a corner missing to a cube in the corner. (Source unknown)



Series of Rings: Either end of the series of rings may be seen at the near or far end of a tube.

(Sensation + Perception Pg 321, Fig 17.15d Schiffman)

Intentional Shifting Rational/Intuitive Reasoning

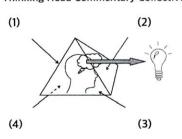
SUMMATION BOX (SB):

An introduction to the book's hotspot of the author's shared knowledge.

Reference Book's Pages

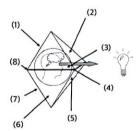
Read statements related to the hotspot topic clockwise, as they go around the 2D<=>3D RTH encapsulated thinking head.

4-sided RTH Thinking Head Commentary Collective



The RTH Thinking Head Commentary Collective (4 or 8 sided) transcends 2D<=>3D "this or that" perception habits and escalates a complete brain understanding for viewing. The SB and CB components of the SPWS Portrait allow a left to right brain - back and forth shifting.

8-sided RTH Thinking Head Commentary Collective



CONCLUSION BOX (CB):

Insights that add guidance to take action or a decision making process.

Referen Book's Pages

Retain these "Complete Brain" insights of awareness-shifting as you choose/rank your 4 chosen SWPS™.

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Shared Wisdom Patterns Snapshots™ (SWPS™ #2) Rank given to this SWPS The Road Less Traveled - M. Scott Peck 1___2__3___4___ Rank this Summation Box: 1___ 2 ___ 3 ___ 4 ____ **SUMMATION BOX (SB):** Responsibility - we cannot solve life's problems except by solving them. This Book statement may seem idiotically tautological or self-evident, yet it is seemingly Pages 32, 33 beyond comprehension for much of the human race, this is because: Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head 1. We must accept responsibility for a 2. We cannot solve a problem by saying problem before we can solve it. "it's not my problem". 4. You can solve the problem only when 3. We cannot solve a problem by hoping you say "this is my problem and it's up someone else will solve it for us. to me to solve". Rank this Conclusion Box: 1 **CONCLUSION BOX (CB):** But many, so many, seek to avoid the pain of their problems by saying to Book themselves "this problem was caused by other people, or by social Pages circumstances beyond my control, and therefore it is up to other people or 32, 33 society to solve this problem for me. It is not really my personal problem". Gained EI/VBC's insights:

Shared Wisdom Patterns Snapshots™ (SWPS™ #5)

The Road Less Traveled - M. Scott Peck

Rank this Summation Box: 1___ 2 ___ 3 ___ 4 ____

Rank given to this SWPS 1___2__3__4___

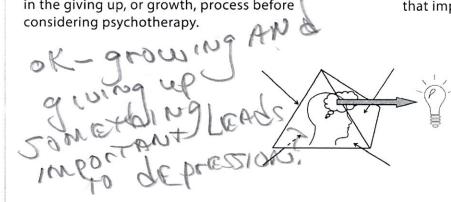
SUMMATION BOX (SB):

The healthiness of depression - I mentioned that during the process of giving up my desire to always win I was depressed. This is because the feeling associated with giving up something you love - or at least something that is part of ourselves and familiar - is depression, Since mentally healthy human beings must grow, and since giving up or loss of the old self is an integral part of the process of mental and spiritual growth, depression is a normal and basically healthy phenomena. It becomes abnormal or unhealthy only when something interferes with the giving up process, with the result that the depression is prolonged and cannot be resolved by completion of the process.

Book **Pages** 69,70

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

- 1. Patients are frequently already involved in the giving up, or growth, process before
- 2. It is the symptoms for this growth process that impelled them towards the therapist's office.



MOOSE DID

- 4. This is not to say that patients are often aware of what is happening to them. To the contrary they frequently desire only relief of the symptoms of their depression "so things can be as they used to be".
- 3. The therapist's job, therefore, is to help the patient complete a growth process that she/he or they have already begun.

Rank this Conclusion Box: 1___ 2 ___ 3 ___ 4 ____

CONCLUSION BOX (CB):

They do not know that things can no longer be "the way they used to be" but the unconscious knows. It is precisely because the unconscious, in its wisdom, knows that "the way things used to be" is no longer tenable or constructive that the process of growing and giving up is begun on an unconscious level and depression is experienced. As likely as not the patient will report, "I have no idea why I'm depressed" or will describe the depression to irrelevant factors.

Book Pages

69,70

Gained EI/VBC's insights:

Shared Wisdom Patterns Snapshots™ (SWPS™ #7) *The Road Less Traveled - M. Scott Peck

Rank this Summation Box: 1___ 2 ___ 3 ___ 4 ____

SUMMATION BOX (SB):

Many patients who have already taken this beginning in becoming scientists say to me "I am not religious. I do not go to church. I no longer believe much of what the church and my parents told me. I don't have my parent's faith. I guess I am not very spiritual." It often comes as a shock to them, when I question the reality of their assumption that they are not spiritual beings. "You have a religion," I may say, "a rather profound one."

Book Pages 195, 196

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. You worship the truth.

2. You believe in the possibility of your growth and betterment - the possibility of spiritual progress.

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SCIENCE IS

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3. In the strength of your religion you are willing to suffer the pains of challenge

and the agonies of unlearning.

4. You take the risk of therapy, and all this you do for the sake of your religion.

Rank this Conclusion Box: 1___ 2 ___ 3 ___ 4 ___

CONCLUSION BOX (CB):

I am not at all certain it is realistic to say that you are less spiritual than your parents; to the contrary, I suspect the reality is that you have spirituality evolved beyond your parents, that your spirituality is greater by a quantum leap than their's, which is insufficient to provide them with the courage to question.

Book Pages 195, 196

ined EI/VBC's insights:	