



EI

**AWAKEN YOUR EXPERIENTIAL INTELLIGENCE (EI) THINKING
YOUR VBC'S® JUDGEMENT PATTERNS RESPONSE REPORT**

The Way of Transition - William Bridges

This SWPS™ 7 Series Topic – Transition's Journey into the Neutral Zone

**ENTER YOUR CHOOSING/RANKING NUMBERS BELOW
THAT YOU RECORDED ON YOUR 4 COMPLETED SWPS PORTRAITS
LEFT TO RIGHT ORDER 1, 2, 3, 4 BELOW.**

4 OUT OF 7 SWPS™ SERIES CHOICES:

SWPS# 3 SWPS# 5 SWPS# 6 SWPS# 7

4 CHOSEN SWPS PORTRAIT #'s	<u>3</u>	SUMMATION	<u>6</u>
	<u>4</u>	BOX (SB's)	<u>2</u>
	<u>6</u>	#'s RANKING	<u>3</u>
	<u>7</u>		<u>4</u>

4 CHOSEN SWPS PORTRAIT #'s	<u>3</u>	CONCLUSION	<u>7</u>
	<u>5</u>	BOX (CB's)	<u>2</u>
	<u>6</u>	#'s RANKING	<u>3</u>
	<u>7</u>		<u>4</u>

RANK YOUR 4 SWPS CHOICES			
4 CHOSEN SWPS PORTRAIT #'s	<u>3</u>	SWPS	<u>1</u>
	<u>5</u>	PORTRAIT	<u>2</u>
	<u>6</u>	#'s RANKING	<u>3</u>
	<u>7</u>		<u>4</u>

VBC's

EI TRANSFORMS REASONING HABITS

This new method of thinking, "2D <=> 3D perspective shifting," and whole-left-right-complete-brain anatomy engagement - reveals insights as you record both obvious and hidden judgments. Ultimately, you're using your personal legacy of VALUES BELIEFS CONVICTIONS® (VBC's) that influence and define all aspects of your daily identity to complete this SWPS Series Response Report which will enable you to recognize your thinking patterns.

Use your EI Choose-Rank-Reasons-Record-Retain (CR4™) pattern-revealing report to communicate multiple dimensions of meaningful feedback. Articulate new or evolved questions and possible unforeseen answers/solutions, as this SWPS™ series prompts you.

NAME (optional): _____ WM

AFFILIATION (optional): _____

**OUR VISION:
AN ONLINE SWPS™ PATTERN
MATCHUP CENTER**

Let's use AI to discover ways to meet humanity's needs and provide fulfillment. Together we can compel Change Agents and Influencers to build an online space where SWPS™ are correlated and matched-up by a beneficially focused algorithm. The possibilities for improving mental health at all ages of life are endless and may build an exciting new frontier of hope, positivity, and unity.

Yes! This SWPS™ series created motivation for me to impact social media/digital tech's future development. I am sending my CR4™ response report & my selected 4 SWPS™ with my feedback/suggestions to the email below.

INFO@EIB4AI.COM



EXPERIENTIAL INTELLIGENCE BEFORE ARTIFICIAL INTELLIGENCE

Shared Wisdom Patterns Snapshots (SWPS™) Hotspots of 2D <=> 3D Insight

The Way of Transition – William Bridges

This SWPS™ 7 Series Topic – Transition's Journey into the Neutral Zone

EXPERIENTIAL INTELLIGENCE (EI)

EI is your VALUES BELIEFS CONVICTIONS® (VBC's®) personal legacy of a "Senses Driven" ability to perceive & interpret everything you encounter 24/7, your whole life. The SWPS™ 7 Series choose & rank thinking tool provides a comprehensional leap forward in better understanding the influences of life's EI transitional power, along with the manipulative power on our minds of 2 distinctive and interactive EI realities.

- (1) The constant autonomic (unnoticed) perspective shifting with 2D<=>3D perception and interpreted meaning of any digital or printed image.
- (2) The merging of human cognitive (intentional) Q&A thought and reasoning with AI generated Q&A programmed "thought" that creates our thinking identity.

THE WAY OF TRANSITION

We avoid endings whenever possible. Endings feel like failure to us. Bill Bridges challenges us with the thought that at a deeper level endings awaken in us the fear of death. So we use business and structure and status of work and family life to hide ending it from view. But it is not just endings that we fear. The aloneness and emptiness that are often felt in the neutral zone are just about as fearful for many modern people as endings. We fail to see that real new beginnings, the kind that revitalize and inaugurate a new order of things, come out of that chaotic neutral zone. Although people talk a lot about how difficult change is, it is really transition that is difficult. It is, in fact, common for both organizations and individuals to use change to avoid the transitions that would truly transform their existence.

HOW TO COMPLETE A SWPS™ SERIES

Chose 3, 5, 6, 7
REASONS NOTES

CHOOSE 4 SWPS PORTRAITS

Skim/read the statements positioned around the RTH thinking head clockwise, 1,2,3,4 (or 1-8). Then scan the content in the Summation Boxes (SB) and Conclusion Boxes (CB) on each SWPS Portrait. Review all 7 SWPS Portraits in this series. Choose your 4 favorite SWPS Portraits and note this in the upper right hand corner of your chosen SWPS Portraits. 1st "✓" here to CHOOSE this SWPS _____

What new interpretive EI/VBC's insights have appeared? Write what you deem important on the feedback lines at the bottom of each chosen SWPS portrait.

EI/VBC's Judgement Insights:

RANK YOUR 4 SWPS PORTRAITS 1-4

Was it more EI self-awareness satisfying NOW to use your evolved complete brain focus as you rank your 4 chosen SWPS Portraits, 1-4, of this series?

Rank given to this SWPS:

1 7 2 6 3 5 4 3

Now RANK the 4 Summation Boxes (SB) on the 4 SWPS Portraits you chose.

Rank this Summation Box: *1 6 2 7 3 5 4 3*

Now RANK the 4 Conclusion Boxes (CB) on the 4 SWPS Portraits you chose.

Rank this Conclusion Box: *1 7 2 5 3 3 4 6*

RECORD/RETAIN

Now RECORD the choosing/ranking numbers (#'s) from completing this SWPS Series on the Response Report (page 10). RETAIN your 4 chosen SWPS Portraits and Response Report for future reviews to enhance your life success and satisfaction.



SHARE your recorded EI/VBC's Judgement pattern report with others. Email your 4 SWPS and Response Report with your comments to

INFO@EIB4AI.COM

Go to www.EIB4AI.com/NOWWHAT for further uses and suggestions.

TAKE A MINUTE TO REFLECT

Were you aware of any 2D<=>3D mental "intentional" shifting as you read the RTH Thinking Head statements? Can you recognize if you engaged your whole brain to choose your 4 SWPS Portraits? Were you aware of your EI/VBC's® Judgements forming in your thoughts? Did your reasoning go from left brain to right brain and back and forth as you ranked the SB's 1-4, CB's 1-4, on your 4 chosen SWPS?

Shared Wisdom Patterns Snapshots™ (SWPS™ #7)

1st "✓" here to CHOOSE this SWPS ____

Rank given to this SWPS

1 ___ 2 ___ 3 ___ 4 ✓

The Way of Transition – William Bridges

Transition's Journey into the Neutral Zone

Rank this Summation Box: 1 ___ 2 ___ 3 ___ 4 ___

SUMMATION BOX (SB):

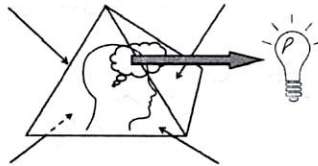
Journeys, unlike point- to-point trips, have a way of doubling back on themselves so that you find yourself dealing again and at another level with issues you thought that you had left behind. I find that in the aftermath of Mondri's death and my own bereavement, individuals are more interesting to me than organizations are. It is just that my imagination is again captured and stirred by the experiences of individuals in ways that it was not during those years when I focus my attention on organizations. I found myself wanting to help individuals to understand the value that resides in the story of their lives and transitions they have gone through.

Book
Pages
151, 152

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. It is the way in which my own transitions bring me new challenges that excites me.

2. It is how a deep personal loss, one that I fought every step of the way, has opened up areas for creative insight and spiritual growth.



4. It is how that the most fixed and completed of things, the past, is really alive and growing; and how as the past changes, it creates the possibility of a new future.

3. It is how new meanings are disclosed to me as I retell the simple narrative of my own career.

Rank this Conclusion Box: 1 ___ 2 ___ 3 ___ 4 ___

CONCLUSION BOX (CB):

I believe especially that a person's quest for vocation is rich with meaning. At one level, the story of one's work-life is no more than one of many biographical strands, that make up the fabric of the whole life. But at another level, the vocational journey is for many people the core thread around which others are wrapped. Not "vocational" in the narrow sense of job history, but in the widest sense of the various ways in which people were called by their lives to contribute to the task of doing the world's work.

Book
Pages
151, 152

Such a credible, simply stated yet so life reality
Gained EI/VBC's insights: *encompassing full explanation embrace*
of "The Neutral Zone" and I believe many
of us need a "self-inspective road map"
to lean on or refer to - when everything else is
blurry, confusing, upsetting about recovering
from loved on loss work death.

Shared Wisdom Patterns Snapshots™ (SWPS™ #6)

1st "✓" here to CHOOSE this SWPS ____

The Way of Transition – William Bridges
Transition's Journey into the Neutral Zone

Rank given to this SWPS

1 ___ 2 ___ 3 4 ___

Rank this Summation Box: 1 ___ 2 ___ 3 ___ 4 ___

SUMMATION BOX (SB):

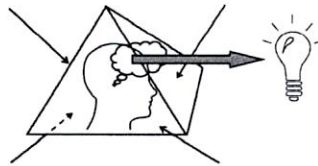
During her illness, Mondri ended up deciding that "you just don't know" and that both optimism and pessimism were the fantasies that we use to escape from the awful uncertainty. I myself could sympathize with both the optimists and pessimists, but like her, I came to the point of being an agnostic about outcomes. We tried to take the days – and the news they brought – as they came. You couldn't deal in large units of time in the neutral zone. Time was like the manna that Moses found in his neutral zone: good for that day only.

Book
Pages
158, 159

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. We spent the first neutral zone, the time between the diagnosis and the beginning of her dying, taking existence day by day like a couple initiates on a terminal walkabout. That was the first neutral zone.

2. The second one started when I was alone. The ending had been unequivocal this time: death reduces the ambiguity to zero. But once again, I was living with uncertainty. The first time it had been uncertainty about which of two notable ways things would turn out.



4. being around most other people was difficult at this time, for in almost everything they said there was the unspoken subtext: "are you feeling better? I hope that you're feeling better. Please say that you're feeling better."

3. This time there was no futures at all, nothing to hope for, nothing to fear. Life seemed to have come to a standstill, though all around me I could see others rushing about with an almost manic energy. But they were part of some parallel universe, visible but inaccessible to me.

Rank this Conclusion Box: 1 ___ 2 ___ 3 ___ 4 ___

CONCLUSION BOX (CB):

Their concern for me was genuine, but there were few of them who could resist the temptation to urge on me a less unhappy and discouraged view of things. "Well, of course you're having a hard time," they'd say. "Mondri's been dead less than a month you need time." Which was true, of course, but it was also their way of "saying something", when what I was discovering that I preferred was silence.

Book
Pages
158, 159

I am so impressed with Bridges ability to share - literally language into a heart felt yet emphatically practical series of life loss/transition lessons. I find his SWPS portrait hotspot a resource I will use in many ways as I continue to deal with loss and dying of those I love - it is the life process and "The way of transition so help RTH.

Shared Wisdom Patterns Snapshots™ (SWPS™ #5)

1st "✓" here to CHOOSE this SWPS ____

Rank given to this SWPS

1 ___ 2 ___ 3 ___ 4 ___

The Way of Transition – William Bridges

Transition's Journey into the Neutral Zone

Rank this Summation Box: 1 ___ 2 ___ 3 ___ 4 ___

SUMMATION BOX (SB):

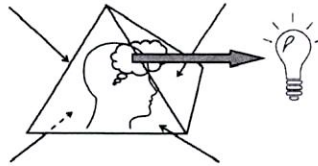
The neutral zone is the second of transition's three phases. It's that in-between time, after you let go of your old life and before you have fully discovered and incorporated your new life. The ending and the new beginning are states that are characterized by doing something (letting go and making a new beginning), but the neutral zone is a time when it may seem that nothing is happening. While the other two phases of transition are often bracketed by events, the neutral zone is more like an uneventful gap in your lifetime.

Book
Pages
155, 156,
157

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. In the days that followed Mondri's death, I kept waiting for something to happen. Events took place, of course. There was the gathering of friends and family for her memorial service. A day later, we all said goodbye, and everyone went home. I stayed and waited for my life to start up again.

2. It is difficult to describe the neutral zone without speaking metaphorically. It is a season of dormancy when life withdraws back into the root to get ready for a long, cold season without whatever had given warmth and meaning to life—before—the-ending. It is a strange no-man's-land between one world and the next.



4. As I ate breakfast the morning after everyone had left, I realized that it felt as though I had been in the neutral zone for ages and ages. Time slows down greatly in the neutral zone. The days now seem to be 40 hours long. And yet at the same time, weeks had a way of disintegrating, leaving behind only a few remembered moments.

3. It is a zone where you pick up mixed signals, some coming from the past and some coming from the future. Sometimes the signals jumble into noise, while at other times they cancel each other out – leaving only an eerie silence.

Rank this Conclusion Box: 1 ___ 2 ___ 3 ___ 4 ___

CONCLUSION BOX (CB):

I found myself in a situation where, for the first time in almost 40 years, I could do anything I wanted to do. But as far as I could tell, there was absolutely nothing that I wanted to do. I often caught myself staring at the wall, my mind blank, with Mondri's illness and death seeming like a dream from which I might at any moment wake. But then I would think back to our life together before the cancer started colonizing her body, and that life – how innocent and untroubled it looked in retrospect – that life was the dream and her death the waking.

Book
Pages
155, 156,
157

I may have career change or life long career coming to an end I remember about all the clients I have known that is fading into the past. But this is so different a "neutral zone" reality from losing a spouse - I cannot even compare the two events. Yet there is real comfort in knowing I have credible wisdom to help me get through whatever happens.

Shared Wisdom Patterns Snapshots™ (SWPS™ #3)

The Way of Transition – William Bridges
Transition's Journey into the Neutral Zone

1st "✓" here to CHOOSE this SWPS _____

Rank given to this SWPS

1 ___ 2 ___ 3 ___ 4 ___

Rank this Summation Box: 1 ___ 2 ___ 3 ___ 4 ___

SUMMATION BOX (SB):

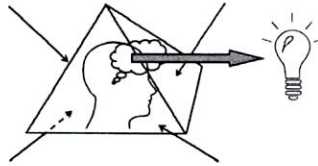
The pattern we see, looking back from the journey's conclusion, is visible only from that viewpoint. It is like those iridescent colors in a fabric that can be seen only from one particular angle. A planned journey is an oxymoron. Journeys also have the big picture quality too, of course. But that is after the fact, when we are at home by the fire looking through the snapshots. So there aren't clear directions to follow. There have been, however, key ideas about the journey that have served me well so far, and I pass them on to you as one traveler to another.

Book
Pages
130, 131,
132

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. Every journey is a round-trip that does not end when you reach your imagined destination, but only after a return trip where you bring back whatever you gained and with its help transform here into what you have been seeking.

2. The journey experience exists at every level – from that of the whole lifetime to that within every transition we make.



4. It is being on the path – The Way – that has the effect upon us, not the steps we take on getting to the path's destination.

3. It may even be that this "whole lifetime" is simply one of those little transitions within some larger cycle of existence.

Rank this Conclusion Box: 1 ___ 2 ___ 3 ___ 4 ___

CONCLUSION BOX (CB):

No wonder planning is such a misleading concept. It takes your eye off where you are and how your life is now, which is the essential data of existence. You fail to arrive where you planned, not because you couldn't visualize the place but because you didn't see that the path you were on was the place – if only you could see it at the right angle to reveal its iridescence.

Book
Pages
130, 131,
132

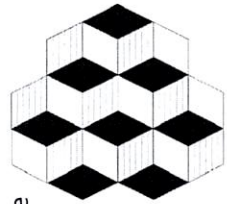
I so connect with "my life's journey". So I am excited about the journey ahead with my Gained EI/VBC's insights: I so value these authors' written words of advice, self-experienced language scenarios of guidance. I can choose which insight - which RTH SB component really resonates with me - pull it out - keep it for review almost like a meditative mantra.



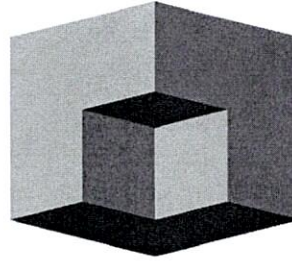
Ready to evolve your reasoning habits in a way that enhances the benefits of using your Experiential Intelligence?

Connect with your self awareness to gain perspectives of your comprehension skills from whole brain, left brain, right brain that evolves complete brain thinking.

Automatic Shifting Autonomous Reasoning

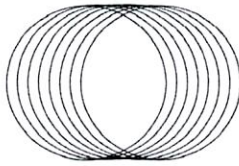


Black and White Cubes:
The figure reverses so that either 6 or 7 cubes are perceived.
(Sensation + Perception Page 321 Figure 17.15b Schiffman)



With continued inspection, the 2D drawing shifts from a cube with a corner missing to a cube in the corner. (Source unknown)

Friendly tip: Turn this page 90° to the right to enable quicker shifting.



Series of Rings: Either end of the series of rings may be seen at the near or far end of a tube.
(Sensation + Perception Pg 321, Fig 17.15d Schiffman)

Intentional Shifting Rational/Intuitive Reasoning

SUMMATION BOX (SB):

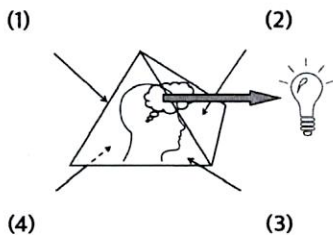
An introduction to the book's hotspot of the author's shared knowledge.

Reference
Book's
Pages

Read statements related to the hotspot topic clockwise, as they go around the 2D<=>3D RTH encapsulated thinking head.

4-sided RTH

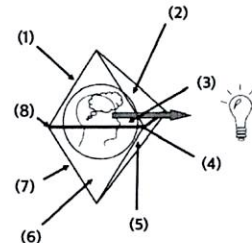
Thinking Head Commentary Collective



The RTH Thinking Head Commentary Collective (4 or 8 sided) transcends 2D<=>3D "this or that" perception habits and escalates a complete brain understanding for viewing. The SB and CB components of the SPWS Portrait allow a left to right brain - back and forth shifting.

8-sided RTH

Thinking Head Commentary Collective



CONCLUSION BOX (CB):

Insights that add guidance to take action or a decision making process.

Reference
Book's
Pages

Retain these "Complete Brain" insights of awareness-shifting as you choose/rank your 4 chosen SWPS™.

Shared Wisdom Patterns Snapshots™ (SWPS™ #1)

1st "✓" here to CHOOSE this SWPS ____

The Way of Transition – William Bridges
Transition's Journey into the Neutral Zone

Rank given to this SWPS

1 ___ 2 ___ 3 ___ 4 ___

Rank this Summation Box: 1 ___ 2 ___ 3 ___ 4 ___

SUMMATION BOX (SB):

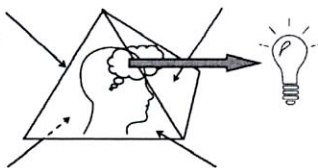
But the transition process does not depend on there being a replacement reality waiting in the wings. You are in transition automatically when some part of your life ends. Predetermined outcomes certainly make things easier, but we're in transition with or without them. If they are not there, we have to create the outcomes for ourselves. That is one of the tasks in the neutral zone and one of the reasons why the connection between transition and creativity is so important. But that's the neutral zone.

Book
Pages
69.70

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. I'd get there in time, but at that point in my own transition experience, it lay far ahead.

2. Clients had often complained about how difficult it was not knowing where things were going, and I had always commiserated. Now it was my turn to struggle with the implications of that fact. I could feel in myself such a strong desire to see the future that I would have settled for almost any outcome, even if it wasn't a very good one.



NOT
CHOSEN

4. Being surrounded by uncertainty, full of uncertainty, weighed down by uncertainty. Although I didn't know how I was going to manage it, I knew that dealing successfully with the transition was going to require me to accept uncertainty as my new reality.

3. At least then I could have started steering my course, although my only landmark might've been something I hoped to avoid. What was so hard was not steering.

Rank this Conclusion Box: 1 ___ 2 ___ 3 ___ 4 ___

CONCLUSION BOX (CB):

Through those long, long months, as we waited for reports to clarify dark places on x-rays and ambiguous rises in test numbers, Mondi kept her eyes and ears open and remained curious. She kept learning. Later I found great comfort in that fact: if she could do that as her whole life unraveled, I could do it in the midst of my own much more modest loss.

Book
Pages
69.70

Gained EI/VBC's insights: _____

Shared Wisdom Patterns Snapshots™ (SWPS™ #2)

1st "✓" here to CHOOSE this SWPS _____

The Way of Transition – William Bridges
Transition's Journey into the Neutral Zone

Rank given to this SWPS

1 ___ 2 ___ 3 ___ 4 ___

Rank this Summation Box: 1 ___ 2 ___ 3 ___ 4 ___

SUMMATION BOX (SB):

If there is one thing that the way of transition and the path of the life journey teach, it is that when we neglect the process and try instead to copy the outcome, we fail completely to get what we were after. Copying always creates something that is dead, because it simplifies the original and does not arise from the real creativity that is always present when real people are in an actual neutral zone.

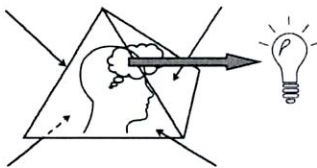
Book
Pages
129, 130

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. Although the three phases of transition seem so simple as to be devoid of subtlety and life, they lead us directly to what is most unique about us and produce those self expressed results that can be produced in no other way.

2. We cannot plan our way into achieving those results, only live our way into them by taking on the challenges that life presents us.

STRONG SELF-EXPERIENCED CLEAR WORDS SHARING BY THIS AUTHOR



NOT CHOSEN

4. We turn out to break through the barriers and to realize our greater potentialities, not by a willed excursion into new psychological territory, but by the willingness to view our own individual crises as critical opportunities to let go of who we have been, and to set forth on the journey towards becoming something more

3. We achieve our breakthroughs not by setting out to break through, but by doing the work that is right in front of us.

Rank this Conclusion Box: 1 ___ 2 ___ 3 ___ 4 ___

CONCLUSION BOX (CB):

We never understood that renewing a worn-out life doesn't come from seeing new places but from embracing wholeheartedly the natural experience of transition. Your transition generated journeys will always have destinations, and after the fact those destinations may turn out to be interesting enough to make others want to retrace your steps. But they cannot do so, those steps were taken from where you actually were right then, and that is what gave them their vitality.

Book
Pages
129, 130

Gained EI/VBC's insights: _____

Shared Wisdom Patterns Snapshots™ (SWPS™ #4)

1st "✓" here to CHOOSE this SWPS ____

The Way of Transition – William Bridges

Rank given to this SWPS

Transition's Journey into the Neutral Zone

1__ 2__ 3__ 4__

Rank this Summation Box: 1__ 2__ 3__ 4__

SUMMATION BOX (SB):

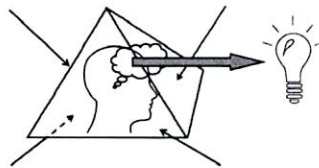
You don't exactly follow a path. There isn't a path, exactly. It is more like following the contours of the land. You come to a place where the shape of the earth itself causes you to turn to the left, and another place where to cross that river you have to cut off to the right. Although there seems to be no logic to your path, being on it makes all the difference. Whatever it is that you intend to achieve by whatever you do isn't likely to be the thing you actually accomplish by doing it. The attraction is just the window-dressing.

Book
Pages
140, 141

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. It is the bargain specials, which do not (it turns out) come in your size.

2. Is the bone that the burglar gave your watchdog to keep it from barking, while he takes your jewels.



Did NOT
CHOOSE

4. Often in ways that you could not have known in advance.

3. The actual result, the lesson or the payoff, is discovered only overtime.

Rank this Conclusion Box: 1__ 2__ 3__ 4__

CONCLUSION BOX (CB):

The most important results of what you do are what, in other contexts, would be called "byproducts" or "side effects." If our lives were pharmaceuticals, they would require warning labels.

Book
Pages
140, 141

Gained EI/VBC's insights: _____
