

**EXPERIENTIAL INTELLIGENCE BEFORE ARTIFICIAL INTELLIGENCE****CREATIVITY – MIHALY CSIKSZENTMIHALYI****THIS SWPS™ 7 SERIES TOPIC – THE PSYCHOLOGY OF DISCOVERY AND INVENTION****SHARED WISDOM PATTERNS SNAPSHOTS (SWPS™) HOTSPOTS OF 2D <=> 3D INSIGHT****EXPERIENTIAL INTELLIGENCE (EI) & VALUES BELIEFS CONVICTIONS® (VBC'S)**

EI includes everything experienced from "womb to tomb" that impacts & shapes human self identity Choose/Rank Judgment Patterns. VBC's® define your personal legacy of "senses driven" ability to perceive and interpret everything you experience 24/7 as either a Positive/Uncertain/Negative encounter in life. A SWPS™ 7 Portrait Series Choose & Rank Thinking Tool provides a comprehensional leap forward in better understanding the influences on one's life with your EI/VBC's Judgement Patterns decisions.

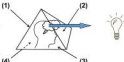
(1) The constant autonomic (unnoticed) perspective shifting with 2D<=>3D perception greatly influences interpreted meaning of any digital or printed image.

(2) The merging of Human General Intelligence Q&A thought and reasoning (HGI) with AI generated Artificial General Intelligence (AGI) programmed Q&A "thought" that creates our thinking identity.

THE PSYCHOLOGY OF DISCOVERY AND INVENTION

The introduction to this book says "it's content is about what makes life worth living". The creative excitement of the artist at her easel or the scientist in the lab comes as close to the ideal fulfillment as we all hope to, and so rarely do achieve. Prof. Mihaly Csikszentmihalyi interviews 90 of the most successful creative individuals who have changed the way people in their fields think and work. This author and his team of graduate students conducted lengthy interviews about how creativity has been a force in their lives.

HOW TO COMPLETE A SWPS SERIES™ FOR AWARENESS ENHANCEMENT**CHOOSE 4 SWPS PORTRAITS**

Skim/read the statements positioned around the RTH thinking head clockwise, 1,2,3,4 (or 1-8).  Then scan the content in the Summation Boxes (SB) and Conclusion Boxes (CB) on each SWPS Portrait. Review all 7 SWPS Portraits in this series. Choose your 4 favorite SWPS Portraits and note this in the upper right hand corner of your chosen SWPS Portraits. 1st "✓" here to CHOOSE this SWPS ____

Now **RANK** the 4 Summation Boxes (SB) on the 4 SWPS Portraits you chose.

Rank this Summation Box: 1__ 2__ 3__ 4__

Now **RANK** the 4 Conclusion Boxes (CB) on the 4 SWPS Portraits you chose.

Rank this Conclusion Box: 1__ 2__ 3__ 4__

TAKE A MINUTE TO REFLECT

Were you aware of any 2D<=>3D mental intentional shifting as you read the RTH Thinking Head statements? Can you recognize if you engaged your whole brain to choose your 4 SWPS Portraits? Were you aware of your EI/VBC's Judgements forming in your thoughts? Did your reasoning go from left brain to right brain and back and forth as you ranked the SB's 1-4, CB's 1-4, on your 4 chosen SWPS?

REASONS NOTES

What new interpretive EI/VBC's insights have appeared? Write what you deem important on the feedback lines at the bottom of each chosen SWPS portrait.

EI/VBC's Judgement Insights:

RANK YOUR 4 SWPS PORTRAITS 1-4

Was it more EI self-awareness satisfying NOW to use your evolved complete brain focus as you rank your 4 chosen SWPS Portraits, 1-4, of this series?

Rank given to this SWPS:

1__ 2__ 3__ 4__

RECORD/RETAIN

Now **RECORD** the choosing/ranking numbers (#'s) from completing this SWPS Series on the Response Report (page 10). **RETAIN** your 4 chosen SWPS Portraits and Response Report for future reviews to enhance your life success and satisfaction.



SHARE your recorded EI/VBC's Judgement pattern report with others. Email your 4 SWPS and Response Report with your comments to **INFO@EIB4AI.COM**

Go to **www.EIB4AI.com/NOWWHAT** for further uses and suggestions.



AWAKEN EXPERIENTIAL INTELLIGENCE THINKING

CREATIVITY – MIHALY CSIKSZENTMIHALYI

THIS SWPS™ 7 SERIES TOPIC – THE PSYCHOLOGY OF DISCOVERY AND INVENTION

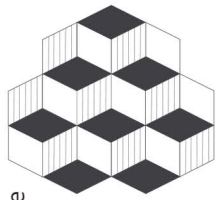
2D <=> 3D PERSPECTIVE SHIFTING OVERVIEW

INTRODUCTION
Page 2

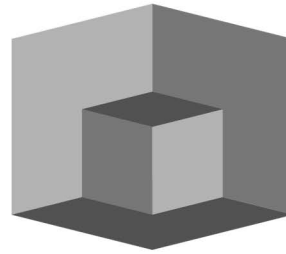
Ready to evolve your reasoning habits in a way that enhances the benefits of using your Experiential Intelligence?

Connect with your self awareness to gain perspectives of your comprehension skills from whole brain, left brain, right brain that evolves complete brain thinking.

Automatic Shifting Autonomous Reasoning

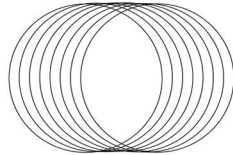


Black and White Cubes:
The figure reverses so that either 6 or 7 cubes are perceived.
(Sensation + Perception Page 321 Figure 17.15b Schiffman)



With continued inspection, the 2D drawing shifts from a cube with a corner missing to a cube in the corner. (Source unknown)

Friendly tip: Turn this page 90° to the right to enable quicker shifting.



Series of Rings: Either end of the series of rings may be seen at the near or far end of a tube.
(Sensation + Perception Pg 321, Fig 17.15d Schiffman)

Intentional Shifting Rational/Intuitive Reasoning

SUMMATION BOX (SB):

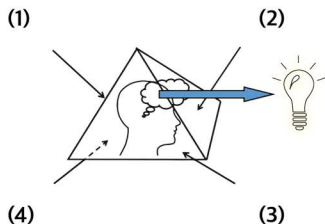
An introduction to the book's hotspot of the author's shared knowledge.

Reference
Book's
Pages

Read statements related to the hotspot topic clockwise, as they go around the 2D<=>3D RTH encapsulated thinking head.

4-sided RTH

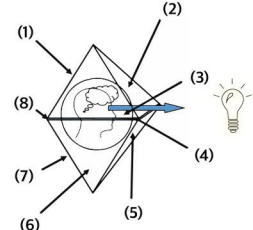
Thinking Head Commentary Collective



The RTH Thinking Head Commentary Collective (4 or 8 sided) transcends 2D<=>3D "this or that" perception habits and escalates a complete brain understanding for viewing. The SB and CB components of the SPWS Portrait allowing a Left to Right Brain - back and forth shifting.

8-sided RTH

Thinking Head Commentary Collective



CONCLUSION BOX (CB):

Insights that add guidance to take action or a decision making process.

Reference
Book's
Pages

Retain these "Complete Brain" insights of awareness-shifting as you choose/rank your 4 chosen SWPS™.

Rank this Summation Box: 1 ____ 2 ____ 3 ____ 4 ____

SUMMATION BOX (SB): *ENHANCE/PROTECT LIFE ENERGIZING EXPERIENCES*

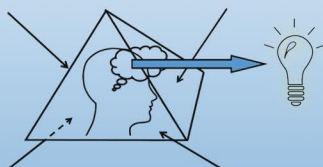
Personal creativity may not lead to fame or fortune, it can do something that from the individual's point of view is even more important; make day-to-day experiences more:

Book
Page
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Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. Vivid

2. Enjoyable



4. Rewarding

3. Fulfilling

Rank this Conclusion Box: 1 ____ 2 ____ 3 ____ 4 ____

CONCLUSION BOX (CB): *CHOOSE/RANK WHAT MATTERS – EMBRACE CONTRADICTION*

When we live creatively – boredom is banished and every moment holds the promise of a fresh discovery. Whether or not those discoveries enrich the world beyond our personal lives – living creatively links us with the process of evolution.

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Gained EI/VBC's insights: _____

Rank this Summation Box: 1 ____ 2 ____ 3 ____ 4 ____

SUMMATION BOX (SB): *ENHANCE/PROTECT LIFE ENERGIZING EXPERIENCES*

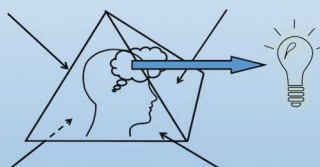
Narrowing attention to a single domain does not mean limiting the novelty one is able to process; on the contrary, complex domains like poetry, history, physics, or politics reveal constantly expanding perspectives to those who venture to explore them.

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Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. To be surprised by something every day.
Life is nothing more than a stream of experiences - the more widely and deeply you swim in it, the richer in life you will be.

2. Try to surprise at least one person every day. Instead of being your predictable self, say something unexpected, express an opinion that you have not dared to reveal, ask a question you wouldn't ordinarily ask. Or break the routine of your activities.



4. When something strikes a spark of interest, follow it. Usually, when something captures our attention - an idea, a song, a flower - the impression is brief. The world is our business, and we can't know which part of it is best suited for our selves, to our potentialities, unless we make some serious effort to learn about as many aspects of it as possible.

3. Write down each day what surprised you and how you surprised others. One of the surest ways to enrich life is to make experiences less fleeting, so that the most memorable, interesting, and important events are not lost forever a few hours after they occurred. And after a few weeks, you may begin to see a pattern of interest emerging in the notes, one that may indicate some domain that would repay exploring in depth.

Rank this Conclusion Box: 1 ____ 2 ____ 3 ____ 4 ____

CONCLUSION BOX (CB): *CHOOSE/RANK WHAT MATTERS – EMBRACE CONTRADICTION*

So how can interest and curiosity be cultivated, assuming that you feel the desire to do so? If you take time to reflect on how best to implement these four suggestions, then actually start putting them into effect, you should feel a stirring of possibilities under the accustomed surface of daily experiences. It is the gathering of creative energy, the rebirth of a curiosity that has been atrophying since childhood.

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Gained EI/VBC's insights: _____

Rank this Summation Box: 1 ___ 2 ___ 3 ___ 4 ___

SUMMATION BOX (SB): *ENHANCE/PROTECT LIFE ENERGIZING EXPERIENCES*

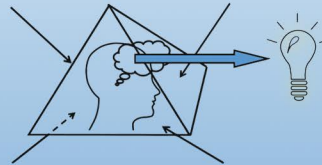
After creative energy is awakened, it is necessary to protect it, We must erect barriers against distractions, dig channels so that energy can flow more freely, find ways to escape outside temptations and interruptions. If we do not, entropy is sure to break down the concentration that the pursuit of an interest requires. Then thought returns to its baseline.

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Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. The vague (body messages of pain, hunger, fatigue, etc.)

2. The unfocused (visiting with friends, channel surfing TV)



4. Focused routine (daily life linear duties and responsibilities of work and family)

3. The constantly distracted condition of the normal mind (balancing needs, plans for the future and immediate implementation)

Rank this Conclusion Box: 1 ___ 2 ___ 3 ___ 4 ___

CONCLUSION BOX (CB): *CHOOSE/RANK WHAT MATTERS – EMBRACE CONTRADICTION*

On one hand you should be open to experiences – focus on even the most mundane tasks. On the other hand – you should conserve creative energy by routinizing as much of everyday life as possible so you can fully focus on what really matters. This is not a contradiction - by now you should expect a certain amount of paradox in creative behavior.

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Gained EI/VBC's insights: _____

Rank this Summation Box: 1 ____ 2 ____ 3 ____ 4 ____

SUMMATION BOX (SB): *ENHANCE/PROTECT LIFE ENERGIZING EXPERIENCES*

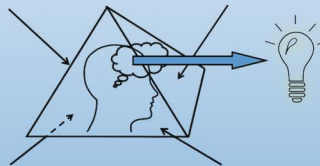
A creative focus enables us to enhance our perceptions in daily life – that will change your personality – this is what happens by learning new patterns of attention.

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Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. Looking at the meaning of patterns differently.

2. Learning to think new thoughts.



4. Sharing insights with new connections and expose yourself to new ideas.

3. Having new feelings about what you experience.

Rank this Conclusion Box: 1 ____ 2 ____ 3 ____ 4 ____

CONCLUSION BOX (CB): *CHOOSE/RANK WHAT MATTERS – EMBRACE CONTRADICTION*

If you go through life with a temperament and habits that are very rigid, or inappropriate – the creative energy gets dammed up or wasted. You must consider how to apply the patterns of perception you have learned endeavoring to be a more creative individual - transforming these discovered traits and temperament will be very useful in your everyday life.

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Gained EI/VBC's insights: _____

Rank this Summation Box: 1 ___ 2 ___ 3 ___ 4 ___

SUMMATION BOX (SB): *ENHANCE/PROTECT LIFE ENERGIZING EXPERIENCES*

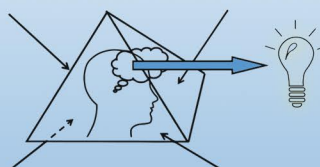
The 99 Percent Perspiration - After an insight occurs, one must check it out to see if the connections genuinely make sense. Most lovely insights never go any further, because under the cold light of reason, fatal flaws appear. But if everything checks out, the slow and often routine work of elaboration begins. There are four main conditions that are important during this stage of the process.

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Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. First of all the person must pay attention to the developing work, to notice when new ideas, new problems, and new insights arise out of interaction with the medium. Keeping the mind open and flexible is an important aspect of the way creative persons carry on their work.

2. One must pay attention to one's goals and feelings, to know whether the work is indeed proceeding as intended.



4. Finally, especially in the later stages of the process, it is important to listen to colleagues in the field. By interacting with others involved with similar problems, it is possible to correct a line of solution that is going in the wrong direction, to refine and focus one's ideas, and to find the most convincing mode of presenting them, the one that has the best chance of being accepted.

3. The third condition is to keep in touch with domain knowledge, to use the most efficient techniques, the fullest information, and the best theories as one proceeds.

Rank this Conclusion Box: 1 ___ 2 ___ 3 ___ 4 ___

CONCLUSION BOX (CB): *CHOOSE/RANK WHAT MATTERS – EMBRACE CONTRADICTION*

There is a message the creative person is sending you. You, too, can spend your life doing what you want to do. After all, most of the people interviewed for this book were not born "with a silver spoon in their mouth". Many came from humble origins and really struggled to create a career that allows them to keep exploring their interests.

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Gained EI/VBC's insights: _____

Rank this Summation Box: 1 ___ 2 ___ 3 ___ 4 ___

SUMMATION BOX (SB): *ENHANCE/PROTECT LIFE ENERGIZING EXPERIENCES*

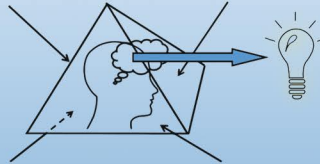
Occasionally it is possible to arrive at a creative discovery without any preparation. But usually insights tend to come to prepared minds, that is, to those who have thought long and hard about a given set of problematic issues. These are main sources from which problems typically arise:

Book
Pages
83 - 84

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. Personal experience.

2. Requirements of a specialty domain.



4. Ideas of influence from role models.

3. Social pressures to achieve but fit in.

Rank this Conclusion Box: 1 ___ 2 ___ 3 ___ 4 ___

CONCLUSION BOX (CB): *CHOOSE/RANK WHAT MATTERS – EMBRACE CONTRADICTION*

A conglomeration of all four. While these four sources of creative inspiration are usually synergistic and intertwined, it is easier to consider them separately, as if they acted independently, which in reality is not the case.

Book
Pages
83 - 84

Gained EI/VBC's insights: _____

Rank this Summation Box: 1 ____ 2 ____ 3 ____ 4 ____

SUMMATION BOX (SB): *ENHANCE/PROTECT LIFE ENERGIZING EXPERIENCES*

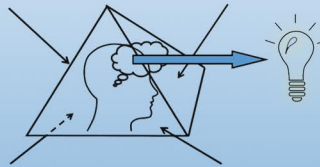
The only way to stay creative is to oppose the wear and tear of existence with techniques that organize time, space, and activity to your advantage. It is much easier to be personally creative when you maximise optimal experiences in everyday life.

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Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. It means developing schedules to protect your time and avoid distraction.

2. Arranging your surroundings to heighten concentration.



4. Devoting the energy thus saved to what you really care about.

3. Cutting out meaningless chores that soak up psychic energy.

Rank this Conclusion Box: 1 ____ 2 ____ 3 ____ 4 ____

CONCLUSION BOX (CB): *CHOOSE/RANK WHAT MATTERS – EMBRACE CONTRADICTION*

The point is that once you know what your daily life is like and how you experience it, it is easier to begin getting control over it. The important thing is to make sure that you spend your psychic energy in such a way that brings back the highest returns in terms of the quality of experience. We can think of personality as a habitual way of thinking, feeling, and acting, as the more or less unique pattern by which we use psychic energy or attention.

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Gained EI/VBC's insights: _____



AWAKEN YOUR EXPERIENTIAL INTELLIGENCE (EI) THINKING

CREATIVITY – MIHALY CSIKSZENTMIHALYI

THIS SWPS™ 7 SERIES TOPIC – THE PSYCHOLOGY OF DISCOVERY AND INVENTION
YOUR EI/VBC'S® JUDGEMENT PATTERNS RESPONSE REPORT

ENTER YOUR CHOOSING/RANKING NUMBERS BELOW THAT YOU RECORDED ON
YOUR 4 COMPLETED SWPS™ PORTRAITS LEFT TO RIGHT ORDER 1, 2, 3, 4 BELOW

4 OUT OF 7 SWPS™ SERIES CHOICES:

SWPS#___ SWPS#___ SWPS#___ SWPS#___

4 CHOSEN		SUMMATION	1	___
SWPS	___	BOX (SB's)	2	___
PORTRAIT	___	#'s RANKING	3	___
#'s	___		4	___

4 CHOSEN		CONCLUSION	1	___
SWPS	___	BOX (CB's)	2	___
PORTRAIT	___	#'s RANKING	3	___
#'s	___		4	___

RANK YOUR 4 SWPS CHOICES

4 CHOSEN		SWPS	1	___
SWPS	___	PORTRAIT	2	___
PORTRAIT	___	#'s RANKING	3	___
#'s	___		4	___

EI/VBC'S® TRANSFORMS REASONING HABITS

This new method of thinking, "2D <=> 3D perception & perspective shifting," reveals insights as you record both obvious and hidden judgments while you recognize your choice-making patterns. Ultimately, you're using your personal legacy of VALUES BELIEFS CONVICTIONS® (VBS's) that influence and define all aspects of your daily identity.

Use your EI/VBC's Choose-Rank-Reasons-Record-Retain (CR4™) pattern-revealing report to communicate multiple dimensions of meaningful feedback. Articulate new or evolved questions and possible unforeseen answers/solutions, as this SWPS™ series prompts you.

NAME (optional): _____

AFFILIATION (optional): _____

OUR VISION: AN ONLINE SWPS™ PATTERN MATCHUP CENTER

Let's use AI to discover ways to meet humanity's needs and provide fulfillment.

Together we can compel Change Agents and Influencers to build an online space where SWPS™ are correlated and matched-up by a beneficially focused algorithm. The possibilities for improving mental health at all ages of life are endless and may build an exciting new frontier of hope, positivity, and unity.

Yes! This SWPS™ Series motivated me to impact social media/digital tech's future development. I am sending my CR4™ response report & my selected 4 SWPS™ with my feedback/suggestions to the email below.

INFO@EIB4AI.COM