

**EXPERIENTIAL INTELLIGENCE (EI) & VALUES BELIEFS CONVICTIONS® (VBC'S)**

EI includes everything experienced from "womb to tomb" that impacts & shapes human self identity Choose/Rank Judgment Patterns. VBC's® define your personal legacy of "senses driven" ability to perceive and interpret everything you experience 24/7 as either a Positive/Uncertain/Negative encounter in life. A SWPS™ 7 Portrait Series Choose & Rank Thinking Tool provides a comprehensive leap forward in better understanding the influences on one's life with your EI/VBC's Judgement Patterns decisions.

(1) The constant autonomic (unnoticed) perspective shifting with 2D<=>3D perception greatly influences interpreted meaning of any digital or printed image.

(2) The merging of Human General Intelligence Q&A thought and reasoning (HGI) with AI generated Artificial General Intelligence (AGI) programmed Q&A "thought" that creates our thinking identity.

**EMERGING – YOU ARE STRONGER THAN YOU IMAGINE**

This New York Times best-selling author – Yung Pueblo – has remarkably transformed how printed subject matter is presented on his book's pages. The Reader is not burdened by grammatically lengthy languaged sentences. Insights, advice and encouragement is predominantly divided in short bursts of meaningful, wisdom backed content. Most pages in each of the 5 content chapters: Existing, Emerging, Together, Direction, and Confidence are organized into brief statements of condensed advisory content that take up less than half the page's space. This leaves the rest of the blank page as a engulfing area for ponderment of self-resonating advise and breakthroughs of insight that can motivate jotting notes. Such a refreshing method of presenting so much about life journey enrichment and satisfaction with a minimalist approach to the interpretation burden imposed with the normal magnitude of book language.

**HOW TO COMPLETE A SWPS SERIES™ FOR AWARENESS ENHANCEMENT****CHOOSE 4 SWPS PORTRAITS**

Skim/read the statements positioned around the RTH thinking head clockwise, 1,2,3,4 (or 1-8). Then scan the content in the Summation Boxes (SB) and Conclusion Boxes (CB) on each SWPS Portrait. Review all 7 SWPS Portraits in this series. Choose your 4 favorite SWPS Portraits and note this in the upper right hand corner of your chosen SWPS Portraits. 1st "✓" here to CHOOSE this SWPS \_\_\_\_\_

Now **RANK** the 4 Summation Boxes (SB) on the 4 SWPS Portraits you chose.

Rank this Summation Box: 1\_\_\_ 2\_\_\_ 3\_\_\_ 4\_\_\_

Now **RANK** the 4 Conclusion Boxes (CB) on the 4 SWPS Portraits you chose.

Rank this Conclusion Box: 1\_\_\_ 2\_\_\_ 3\_\_\_ 4\_\_\_

**TAKE A MINUTE TO REFLECT**

Were you aware of any 2D<=>3D mental intentional shifting as you read the RTH Thinking Head statements? Can you recognize if you engaged your whole brain to choose your 4 SWPS Portraits? Were you aware of your EI/VBC's Judgements forming in your thoughts? Did your reasoning go from left brain to right brain and back and forth as you ranked the SB's 1-4, CB's 1-4, on your 4 chosen SWPS?

**REASONS NOTES**

What new interpretive EI/VBC's insights have appeared? Write what you deem important on the feedback lines at the bottom of each chosen SWPS portrait.

EI/VBC's Judgement Insights:

**RANK YOUR 4 SWPS PORTRAITS 1-4**

Was it more EI self-awareness satisfying NOW to use your evolved complete brain focus as you rank your 4 chosen SWPS Portraits, 1-4, of this series?

Rank given to this SWPS:

1\_\_\_ 2\_\_\_ 3\_\_\_ 4\_\_\_

**RECORD/RETAIN**

Now **RECORD** the choosing/ranking numbers (#'s) from completing this SWPS Series on the Response Report (page 10). **RETAIN** your 4 chosen SWPS Portraits and Response Report for future reviews to enhance your life success and satisfaction.



**SHARE** your recorded EI/VBC's Judgement pattern report with others. Email your 4 SWPS and Response Report with your comments to **INFO@EIB4AI.COM**

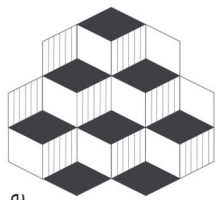
Go to **www.EIB4AI.com/NOWWHAT** for further uses and suggestions.



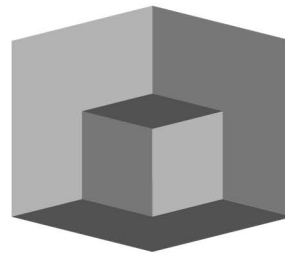
Ready to evolve your reasoning habits in a way that enhances the benefits of using your Experiential Intelligence?

Connect with your self awareness to gain perspectives of your comprehension skills from whole brain, left brain, right brain that evolves complete brain thinking.

### Automatic Shifting Autonomous Reasoning

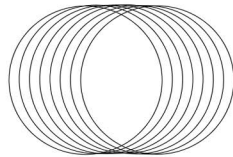


Black and White Cubes:  
The figure reverses so that either 6 or 7 cubes are perceived.  
(Sensation + Perception Page 321 Figure 17.15b Schiffman)



With continued inspection, the 2D drawing shifts from a cube with a corner missing to a cube in the corner. (Source unknown)

Friendly tip: Turn this page 90° to the right to enable quicker shifting.



Series of Rings: Either end of the series of rings may be seen at the near or far end of a tube.  
(Sensation + Perception Pg 321, Fig 17.15d Schiffman)

### Intentional Shifting Rational/Intuitive Reasoning

#### SUMMATION BOX (SB):

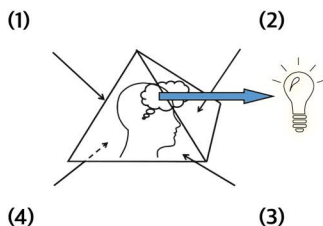
An introduction to the book's hotspot of the author's shared knowledge.

Reference  
Book's  
Pages

Read statements related to the hotspot topic clockwise, as they go around the 2D<=>3D RTH encapsulated thinking head.

#### 4-sided RTH

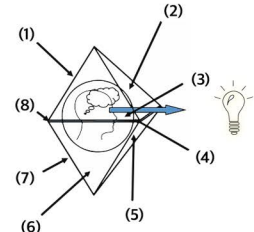
Thinking Head Commentary Collective



The RTH Thinking Head Commentary Collective (4 or 8 sided) transcends 2D<=>3D "this or that" perception habits and escalates a complete brain understanding for viewing. The SB and CB components of the SPWS Portrait allowing a Left to Right Brain - back and forth shifting.

#### 8-sided RTH

Thinking Head Commentary Collective



#### CONCLUSION BOX (CB):

Insights that add guidance to take action or a decision making process.

Reference  
Book's  
Pages

Retain these "Complete Brain" insights of awareness-shifting as you choose/rank your 4 chosen SWPS™.

Rank this Summation Box: 1 \_\_\_\_ 2 \_\_\_\_ 3 \_\_\_\_ 4 \_\_\_\_

## SUMMATION BOX (SB):

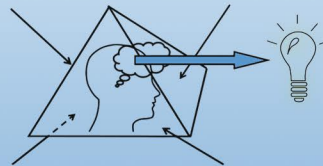
**There will be challenges, unwanted moments, unexpected heartache, unforeseen difficulties. Times when you have no other option but to face the chaos. Life will ask you to stand tall and grow even when you are tired. And in these moments of expansion, you will see that you are more than a match for what scares you.**

Book  
Pages  
57, 59,  
60

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

**1. Our society glorifies speed, big leaps forward, and meteoric rises, but reality usually moves at a slower pace, especially when it comes to personal transformation.**

**2. Not every day needs to involve a "big win" for you to end up in a thriving and beautiful place. Transformation isn't a smooth process, cloudy days are bound to happen, setbacks are natural, down moments are expected.**



**4. Your task, as we develop new ways of living, is to embrace the idea that small, daily accomplishments are more valuable than fast results. This is how we build momentum for the long journey.**

**3. Often, it will feel like you are moving against the strong current of old conditioning, but with time and repetition, this resistance will soften, and the new you will come forward.**

Rank this Conclusion Box: 1 \_\_\_\_ 2 \_\_\_\_ 3 \_\_\_\_ 4 \_\_\_\_

## CONCLUSION BOX (CB):

**Remember; happiness is not achieved overnight, peace takes time to build, a healthy mind requires slow and gentle tending. People who are willing to grow emit an attractive vibe. Even if you are just starting on your journey, being comfortable with moving beyond old limits gives off a special energy that calls in other emotionally mature people.**

Book  
Pages  
57, 59,  
60

Gained EI/VBC's insights: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_



# Shared Wisdom Patterns Snapshots™ (SWPS™ #2)

The Way Forward – Yung Pueblo

Emerging – You Are Stronger Than You Imagine

1st "✓" here to CHOOSE this SWPS \_\_\_\_

Rank given to this SWPS

1 \_\_\_\_ 2 \_\_\_\_ 3 \_\_\_\_ 4 \_\_\_\_

Rank this Summation Box: 1 \_\_\_\_ 2 \_\_\_\_ 3 \_\_\_\_ 4 \_\_\_\_

## SUMMATION BOX (SB):

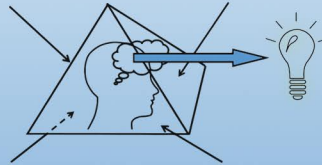
**What can you do to connect with your true purpose and gifts? When you start turning inward to heal and let go, you remove the layers of heavy conditioning and trauma that have been blocking your natural creativity from coming forward. When your mind is lighter, it will more easily connect with its talents and genuine aspirations, and you will find a way to use those talents to serve others.**

Book  
Pages  
61, 62,  
63, 64,  
65, 66

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

**1. No one can show up 100% of the time. Next time you feel upset for temporarily not being the best version of yourself, notice the attachment you have to perfection. Remember that you occasionally need to slow down and preserve your energy to fully restore your well-being.**

**2. A real conversation with a good friend can be so powerfully healing. Sometimes what you need is to be truly vulnerable and feel completely seen. Connecting with another person at such a deep level can leave you feeling re-energized and refreshed.**



**4. It is no surprise that you feel tired, heavy, and short tempered once you start deeply engaging with your emotional history. Healing will make you feel what you avoided and this may impact your mood. Letting old burdens move through you is hard, but it will help you feel renewed.**

**3. It is easier to step away from an argument and remain calm. When you realize they are not picking a fight with you; they are actually fighting themselves. Sometimes you just know that the tension coming your way is not about you at all.**

Rank this Conclusion Box: 1 \_\_\_\_ 2 \_\_\_\_ 3 \_\_\_\_ 4 \_\_\_\_

## CONCLUSION BOX (CB):

**With enough healing there comes a point when who you were before is truly gone. The old you literally becomes a thing of the past – more of a memory than something with sway or power over you. Your identity feels less restricted by old pain. Your perspective feels more expansive. Reactive patterns have less control over you and peace finally feels more accessible. This is a step towards freedom.**

Book  
Pages  
61, 62,  
63, 64,  
65, 66

Gained EI/VBC's insights: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Rank this Summation Box: 1 \_\_\_\_ 2 \_\_\_\_ 3 \_\_\_\_ 4 \_\_\_\_

## SUMMATION BOX (SB):

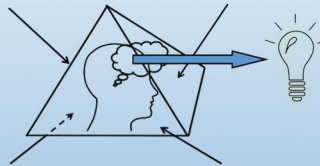
**Happiness is often confused with perfection; it is seen as a smoothness in external events where everything you like and love about life remains precisely abundant. The problem with perfection is that it is mythical; it is an imaginary pathway that, with enough time, will lead back to sorrow.**

Book  
Pages  
67, 68

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

**1. Being attached to perfection is not only refusal to accept the ups and downs of reality but also a manifestation of the craving to control.**

**2. Life does not unfold in a straight and unbreakable line; its movements are choppy, unpredictable, more similar to waves in the ocean.**



**4. Happiness is also confused with the sensation of pleasure. Whenever we come in contact with something agreeable, a subtle pleasant sensation will move through the body, and we react to it with craving. The problem with pleasure is that it quickly becomes an endless chase. The unpopular truth is that the unbalanced pursuit of pleasure is a pathway that leads to dissatisfaction and sorrow.**

**3. Much of it is out of our control. Giving external events a high degree of importance over how you feel inside will leave you far away from happiness.**

Rank this Conclusion Box: 1 \_\_\_\_ 2 \_\_\_\_ 3 \_\_\_\_ 4 \_\_\_\_

## CONCLUSION BOX (CB):

**Pleasure is so fleeting that it is not reliable enough to be the center of our lives. Solely seeking pleasure or perfection does not make for a fulfilling existence; and actually creates the conditions for superficial interaction, and it functions as a barrier that can stop you from getting to know every part of yourself. If your attachment to pleasure is very high, and you will have a hard time sitting with the hurt or traumatized parts of yourself. Being attached to perfection or pleasure can limit your ability to be vulnerable with yourself and other people.**

Book  
Pages  
67, 68

Gained EI/VBC's insights: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_



Rank this Summation Box: 1 \_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_

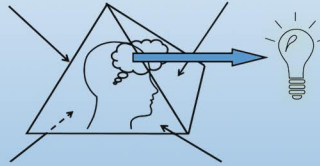
## SUMMATION BOX (SB):

**Healing yourself is an opening to true happiness, letting go of the mental burdens you carry from the past will help your mind become clear and more aligned with the natural flow of life. Often the hurt that weighs you down functions as a wall that stops you from fully engaging with the present moment. Unprocessed hurt also limits the flow of compassion because too much of your energy is focused on surviving one day at a time. This hinders the ability to deepen interpersonal connections.**

Book  
Pages  
68, 69,  
70

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

**1. The happiness that is derived from being able to exist peacefully in the present moment is a quality that must be developed deliberately. Happiness does not just happen; you need to attend your inner garden, remove the weeds, and plant the right seeds.**



**2. Happiness is a product of equanimity, meaning mental balance and the ability to be calmly objective, from the space of clarity and composure.**

**4. Happiness can multiply and enhance the inner mental qualities that make life beautiful, like being able to love yourself and other people while being able to see more perspectives than just your own. At its core, happiness is accepting reality and appreciating the miracle of the moment without getting lost in the craving for more.**

**3. The real essence of happiness can develop, which is inner peace, a type of peace that is not controlled or defined by external events, one that can move with the waves of life without getting overwhelmed.**

Rank this Conclusion Box: 1 \_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_

## CONCLUSION BOX (CB):

**How do you build a good life? Relentlessly follow your intuition. Build with people who also love to grow. Take responsibility for your healing. Love yourself so deeply that you feel at home in your own body and mind. Teach yourself to forgive. Never Stop being a kind person.**

Book  
Pages  
68, 69,  
70

Gained EI/VBC's insights: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Rank this Summation Box: 1 \_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_

## SUMMATION BOX (SB):

**Saying less is incredibly helpful. Not every thought is valuable. Not every feeling needs to be voiced. What is often best is to slow down and spend time developing a clear and more informed perspective. Ego rushes and reacts, but peace moves purposefully and gently.**

Book

Pages

71, 72,

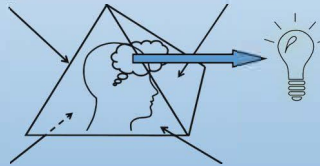
73, 74,

75, 78

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

**1. Take a moment to be grateful to your old self for getting you this far. They kept going even when things got hard and they said no to the temptation of going back to old ways. Their effort put you on a better path. By fully saying yes to growth, they make your life today more fulfilling.**

**2. If connection alone were enough there would be no breakups. Connection needs the nourishment of both partners cultivating emotional maturity and self-awareness. When each of you embraces personal growth, you can create a home spacious and flexible enough to hold real love.**



**4. Letting go is not always quick. Often, it happens little by little like when an old hurt comes up and each time it has slightly less power over you. Or when an old pattern reappears and the struggle to say no to it slowly becomes less intense. Old layers take time to dissolve.**

**3. Maturity is when you don't need to hear all the gossip or know a bunch of secrets. You support your inner peace by letting the right information come to you instead of chasing after the craving of knowing everyone's business. Ego wants you to be at the center of everything, but joy wants you to focus on your well-being.**

Rank this Conclusion Box: 1 \_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_

## CONCLUSION BOX (CB):

**You know you are developing wisdom when you can strike an easier balance between awareness of your own perspective and consideration of the perspectives of others. You use your self-love to protect yourself but you also have the humility to know you are not always right.**

Book

Pages

71, 72,

73, 74,

75, 78

Gained EI/VBC's insights: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Rank this Summation Box: 1 \_\_\_\_ 2 \_\_\_\_ 3 \_\_\_\_ 4 \_\_\_\_

## SUMMATION BOX (SB):

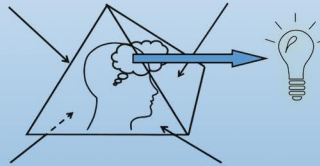
**The ability to appreciate the perspective of another person is a great sign of personal growth. Being able to see from different angles beyond the one that your life long conditioning has given you is possible only because you developed a healthy degree of letting go.**

Book  
Pages  
79, 80

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

**1. If your ego is too dominant, then your attachment to your own worldview becomes rigid.**

**2. If your compassion has been amply cultivated through growth and healing, then your mind will have the flexibility it needs to set aside what it knows so it can truly feel and listen to a perspective even if it is in contradiction to your own.**



**4. There is ignorance in holding only one perspective as supreme, because in every situation, there is more to know and see. Being open to expansion is not only a pathway to happiness, it is an essential key that welcomes wisdom into your mind.**

**3. Being able to consider the perspective of another does not negate your own view. Life is complex, multiple truths can exist alongside one another.**

Rank this Conclusion Box: 1 \_\_\_\_ 2 \_\_\_\_ 3 \_\_\_\_ 4 \_\_\_\_

## CONCLUSION BOX (CB):

**They asked her, "How do you get through tough moments?" She answered, "Do not trust the way you see yourself when your mind is turbulent, and remember that even pain is temporary. Honor your boundaries, treat yourself gently, let go of perfection, and feel your emotions without letting them control you. You have enough experience to face the storm and evolve from it." (Resilience)**

Book  
Pages  
79, 80

Gained EI/VBC's insights: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



Rank this Summation Box: 1 \_\_\_\_ 2 \_\_\_\_ 3 \_\_\_\_ 4 \_\_\_\_

## SUMMATION BOX (SB):

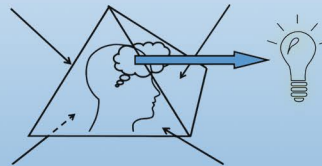
**Embracing change is one of the most understated ways to improve your life. A lot of the mental tension we experience comes from rejecting change. The common pattern is to lament that something pleasurable has ended or to roll in a mental tension when something you dislike is occurring.**

Book  
Pages  
84, 85

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

**1. Teaching your mind to ponder more about the reality of change will release some of the shock that comes when things actually do change in your life.**

**2. Understanding that change is inevitable will help you recognize that everything has a time limit, which ultimately encourages you to be more present when you are doing things that bring you joy or when you are around the ones you love.**



**4. Every moment has potential, and that potential is defined by how we arrived into it. Our minds have the power to turn a moment that might easily have been forgotten into something awe inspiring and positively life-changing.**

**3. Too often we get caught up in our imagination, creating heavy narratives about the past or craving something in the future, altogether missing the beautiful moment that is right in front of us.**

Rank this Conclusion Box: 1 \_\_\_\_ 2 \_\_\_\_ 3 \_\_\_\_ 4 \_\_\_\_

## CONCLUSION BOX (CB):

**Embracing change not only brings more joy into your life and enhances your resilience during tough moments but also is the key to happiness and wisdom. Being attached to sameness galls the vibrancy of life. Everyone who is healing their old trauma and learning to live beyond the past is part of the solution.**

Book  
Pages  
84, 85

Gained EI/VBC's insights: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_



# AWAKEN YOUR EXPERIENTIAL INTELLIGENCE (EI) THINKING

## THE WAY FORWARD – YUNG PUEBLO

THIS SWPS™ 7 SERIES TOPIC – EMERGING – YOU ARE STRONGER THAN YOU IMAGINE  
YOUR EI/VBC'S® JUDGEMENT PATTERNS RESPONSE REPORT

ENTER YOUR CHOOSING/RANKING NUMBERS BELOW THAT YOU RECORDED ON  
YOUR 4 COMPLETED SWPS™ PORTRAITS LEFT TO RIGHT ORDER 1, 2, 3, 4 BELOW

### 4 OUT OF 7 SWPS™ SERIES CHOICES:

SWPS#\_\_\_ SWPS#\_\_\_ SWPS#\_\_\_ SWPS#\_\_\_

<b>4 CHOSEN</b>	___	<b>SUMMATION</b>	<b>1</b>	___
<b>SWPS</b>	___	<b>BOX (SB's)</b>	<b>2</b>	___
<b>PORTRAIT</b>	___	<b>#'s RANKING</b>	<b>3</b>	___
<b>#'s</b>	___		<b>4</b>	___

<b>4 CHOSEN</b>	___	<b>CONCLUSION</b>	<b>1</b>	___
<b>SWPS</b>	___	<b>BOX (CB's)</b>	<b>2</b>	___
<b>PORTRAIT</b>	___	<b>#'s RANKING</b>	<b>3</b>	___
<b>#'s</b>	___		<b>4</b>	___

RANK YOUR 4 SWPS CHOICES				
<b>4 CHOSEN</b>	___	<b>SWPS</b>	<b>1</b>	___
<b>SWPS</b>	___	<b>PORTRAIT</b>	<b>2</b>	___
<b>PORTRAIT</b>	___	<b>#'s RANKING</b>	<b>3</b>	___
<b>#'s</b>	___		<b>4</b>	___

## EI/VBC'S® TRANSFORMS REASONING HABITS

This new method of thinking, "2D <=> 3D perception & perspective shifting," reveals insights as you record both obvious and hidden judgments while you recognize your choice-making patterns. Ultimately, you're using your personal legacy of VALUES BELIEFS CONVICTIONS® (VBS's) that influence and define all aspects of your daily identity.

Use your EI/VBC's Choose-Rank-Reasons-Record-Retain (CR4™) pattern-revealing report to communicate multiple dimensions of meaningful feedback. Articulate new or evolved questions and possible unforeseen answers/solutions, as this SWPS™ series prompts you.

NAME (optional): \_\_\_\_\_

AFFILIATION (optional): \_\_\_\_\_

## OUR VISION: AN ONLINE SWPS™ PATTERN MATCHUP CENTER

Let's use AI to discover ways to meet humanity's needs and provide fulfillment. Together we can compel Change Agents and Influencers to build an online space where SWPS™ are correlated and matched-up by a beneficially focused algorithm. The possibilities for improving mental health at all ages of life are endless and may build an exciting new frontier of hope, positivity, and unity.

Yes! This SWPS™ Series motivated me to impact social media/digital tech's future development. I am sending my CR4™ response report & my selected 4 SWPS™ with my feedback/suggestions to the email below.

**INFO@EIB4AI.COM**