



LIMITLESS – JAMES KWIK

THIS SWPS™ 7 SERIES TOPIC - LIMITLESS MODEL – MINDSET, MOTIVATION, METHODS  
SHARED WISDOM PATTERNS SNAPSHOTS (SWPS™) HOTSPOTS OF 2D <=> 3D INSIGHT

EXPERIENTIAL INTELLIGENCE (EI) & VALUES BELIEFS CONVICTIONS® (VBC'S)

EI includes everything experienced from "womb to tomb" that impacts & shapes human self identity Choose/Rank Judgment Patterns. VBC's® define your personal legacy of "senses driven" ability to perceive and interpret everything you experience 24/7 as either a Positive/Uncertain/Negative encounter in life. A SWPS™ 7 Portrait Series Choose & Rank Thinking Tool provides a comprehensive leap forward in better understanding the influences on one's life with your EI/VBC's Judgement Patterns decisions.

(1) The constant autonomic (unnoticed) perspective shifting with 2D<=>3D perception greatly influences interpreted meaning of any digital or printed image.

(2) The merging of Human General Intelligence Q&A thought and reasoning (HGI) with AI generated Artificial General Intelligence (AGI) programmed Q&A "thought" that creates our thinking identity.

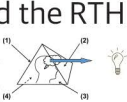
LIMITLESS MODEL – MINDSET, MOTIVATION, METHODS

What a privilege to engage the instructive advice that Jim Kwik's book LIMITLESS provides. I'm excited to present SWPS Series Portraits from LIMITLESS book content that quickly and dynamically engages the reader's attention. By completing a SWPS 7 Portrait Series the Reader/Participant's Right Brain and Left Brain interpret "Portrait Image Anatomy Flow" of the 3D and 2D boxes Languaged Hotspots of meaning individually and together. The immediate and long-term Judgements from the Portrait's Hotspot book content are assimilated and brought to conclusion by all the synergistic components that represent complete brain thinking self-awareness. The SWPS Response Report Choosing and Ranking coding is a breakthrough invention of capturing previously un-recordable EXPERIENTIAL INTELLIGENCE (EI) and VALUES BELIEFS CONVICTIONS (VBC's) patterns of personal self identity rational and intuitive Participant personality and decision making.

HOW TO COMPLETE A SWPS SERIES™ FOR AWARENESS ENHANCEMENT

CHOOSE 4 SWPS PORTRAITS

Skim/read the statements positioned around the RTH thinking head clockwise, 1,2,3,4 (or 1-8). Then scan the content in the Summation Boxes (SB) and Conclusion Boxes (CB) on each SWPS Portrait. Review all 7 SWPS Portraits in this series. Choose your 4 favorite SWPS Portraits and note this in the upper right hand corner of your chosen SWPS Portraits. 1st "✓" here to CHOOSE this SWPS \_\_\_\_\_



REASONS NOTES

What new interpretive EI/VBC's insights have appeared? Write what you deem important on the feedback lines at the bottom of each chosen SWPS portrait.

EI/VBC's Judgement Insights:

\_\_\_\_\_  
\_\_\_\_\_

RANK YOUR 4 SWPS PORTRAITS 1-4

Was it more EI self-awareness satisfying NOW to use your evolved complete brain focus as you rank your 4 chosen SWPS Portraits, 1-4, of this series?

Rank given to this SWPS:

1\_\_\_ 2\_\_\_ 3\_\_\_ 4\_\_\_

Now RANK the 4 Summation Boxes (SB) on the 4 SWPS Portraits you chose.

Rank this Summation Box: 1\_\_\_ 2\_\_\_ 3\_\_\_ 4\_\_\_

Now RANK the 4 Conclusion Boxes (CB) on the 4 SWPS Portraits you chose.

Rank this Conclusion Box: 1\_\_\_ 2\_\_\_ 3\_\_\_ 4\_\_\_

RECORD/RETAIN

Now RECORD the choosing/ranking numbers (#'s) from completing this SWPS Series on the Response Report (page 10). RETAIN your 4 chosen SWPS Portraits and Response Report for future reviews to enhance your life success and satisfaction.



SHARE your recorded EI/VBC's Judgement pattern report with others. Email your 4 SWPS and Response Report with your comments to **INFO@EIB4AI.COM**

TAKE A MINUTE TO REFLECT

Were you aware of any 2D<=>3D mental intentional shifting as you read the RTH Thinking Head statements? Can you recognize if you engaged your whole brain to choose your 4 SWPS Portraits? Were you aware of your EI/VBC's Judgements forming in your thoughts? Did your reasoning go from left brain to right brain and back and forth as you ranked the SB's 1-4, CB's 1-4, on your 4 chosen SWPS?

Go to [www.EIB4AI.com/NOWWHAT](http://www.EIB4AI.com/NOWWHAT) for further uses and suggestions.



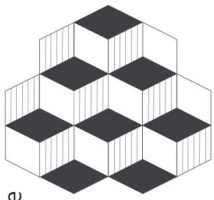
## LIMITLESS – JAMES KWIK

### THIS SWPS™ 7 SERIES TOPIC - LIMITLESS MODEL – MINDSET, MOTIVATION, METHODS 2D <=> 3D PERSPECTIVE SHIFTING OVERVIEW

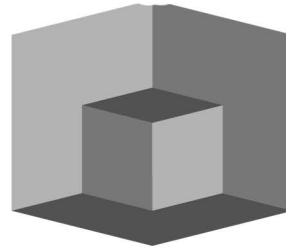
Ready to evolve your reasoning habits in a way that enhances the benefits of using your Experiential Intelligence?

Connect with your self awareness to gain perspectives of your comprehension skills from whole brain, left brain, right brain that evolves complete brain thinking.

### Automatic Perspective Shifting Autonomous Reasoning

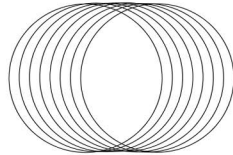


Black and White Cubes:  
The figure reverses so that either 6 or 7 cubes are perceived.  
(Sensation + Perception Page 321 Figure 17.15b Schiffman)



With continued inspection, the 2D drawing shifts from a cube with a corner missing to a cube in the corner. (Source unknown)

Friendly tip: Turn this page 90° to the right to enable quicker shifting.



Series of Rings: Either end of the series of rings may be seen at the near or far end of a tube.  
(Sensation + Perception Pg 321, Fig 17.15d Schiffman)

### Intentional Perspective Shifting Rational/Intuitive Reasoning

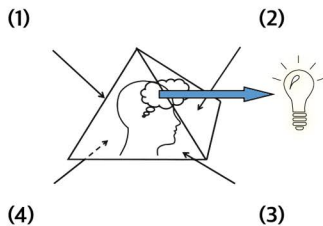
#### SUMMATION BOX (SB):

An introduction to the book's hotspot of the author's shared knowledge.

Reference  
Book's  
Pages

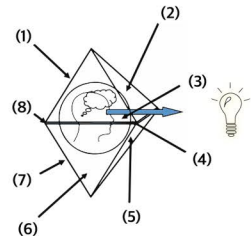
Read statements related to the hotspot topic clockwise, as they go around the 2D<=>3D RTH encapsulated thinking head.

#### 4-sided RTH Thinking Head Commentary Collective



The RTH Thinking Head Commentary Collective (4 or 8 sided) transcends 2D<=>3D "this or that" perception habits and escalates a complete brain understanding for viewing. The SB and CB components of the SPWS Portrait allowing a Left to Right Brain - back and forth shifting.

#### 8-sided RTH Thinking Head Commentary Collective



#### CONCLUSION BOX (CB):

Insights that add guidance to take action or a decision making process.

Reference  
Book's  
Pages

Retain these "Complete Brain" insights of awareness-shifting as you choose/rank your 4 chosen SWPS™.

Rank this Summation Box: 1 \_\_\_\_ 2 \_\_\_\_ 3 \_\_\_\_ 4 \_\_\_\_

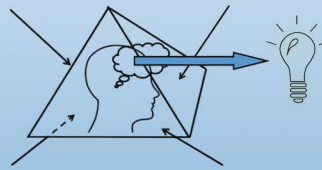
**SUMMATION BOX (SB): THINKING BEHAVIOR = EI/VBC'S ENACTED LIMITLESS MODEL "MINDSET" (noun) - the deeply held beliefs, attitudes, and assumptions we create about who we are, how the world works, what we are capable of and deserve, and what is possible.**

Book  
Pages  
65, 66,  
67

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

**1. The first element of the three-part Limitless model is MINDSET, which is the mental attitude or disposition that predetermines a person's responses to and interpretations of situations. Mindset is made up of beliefs, assumptions, and attitudes we hold about ourselves and the world around us.**

**2. All behavior is driven by belief, so before we address how to learn, we must first address the underlying beliefs we hold about what is possible.**



**4. You're giving these "LIE ideas" energy and allowing them to take residence in your mind, but they are really nothing but BS (in this case, an abbreviation for BELIEF SYSTEMS).**

**3. I use the term "LIE" intentionally. In this case, LIE is an acronym for "LIMITED IDEA ENTERTAINED". If you are like the vast majority of people out there, you are entertaining ideas about yourself that define you as something less than what you truly have the potential to achieve.**

Rank this Conclusion Box: 1 \_\_\_\_ 2 \_\_\_\_ 3 \_\_\_\_ 4 \_\_\_\_

**CONCLUSION BOX (CB): RECORD CHOOSE/RANK JUDGEMENT PATTERNS**  
**That's what a Limitless Mindset is all about. Our background and circumstances may have influenced who we are, but we must be accountable for who we become. It's about understanding that we are responsible for our assumptions and attitudes. And when you accept that all your potential is entirely within your control, then the power of that potential grows dramatically.**

Book  
Pages  
65, 66,  
67

Gained EI/VBC's insights: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Rank this Summation Box: 1 \_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_

## SUMMATION BOX (SB): *THINKING BEHAVIOR = EI/VBC'S ENACTED*

**TEAM EFFORT:** the connection between the brain and the gut is still being explored, but it seems that they function in very similar ways and that they function in tandem. "The little brain in conjunction with the big one" partly determines our mental state. When you have a gut feeling that something isn't right, or conversely that you should follow a hunch, it's not just superstition – your gut has its own way of interpreting events and giving your brain signals.

Book  
Pages  
40, 41, 43,  
44, 45

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

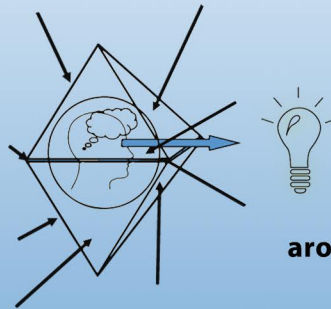
1. Right now, your gut is digesting the food you just ate and sending that fuel to your brain.

2. At the same time, a part of your brain is taking in "the Feel of the Pages" under your fingertips (or your E-reader, if that's your preference).

8. It will then be sent to your long-term memory (under the right conditions, which we will get to in a moment).

3. Sensing the comfort of the chair supporting you.

7. This language relayed information is then processed and stored in short-term memory.



4. Monitoring the environment around you to make sure you're safe.

6. Another part of your brain is absorbing the word symbols on the page of this book and turning them into meaning.

5. Another part of your brain is taking in the smells of the environment, maybe coffee, or perfume, or the scent of the book's pages.

Rank this Conclusion Box: 1 \_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_

## CONCLUSION BOX (CB): *RECORD CHOOSE/RANK JUDGEMENT PATTERNS*

All of this is to say that you have the ultimate superpower between your ears. You also have the ability to hone the superpower and make it greater – or to let it falter and decay. You get to decide what kind of environment your superpower lives in: one to support your mission in life, or one that distracts you from your greatest dreams.

Book  
Pages  
40, 41, 43,  
44, 45

Gained EI/VBC's insights: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Rank this Summation Box: 1 \_\_\_\_ 2 \_\_\_\_ 3 \_\_\_\_ 4 \_\_\_\_

## SUMMATION BOX (SB): *THINKING BEHAVIOR = EI/VBC'S ENACTED*

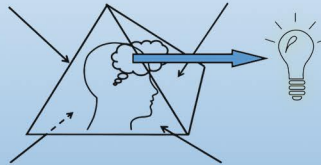
**REFRAMING LIMITING BELIEFS.** There's a metaphor I've always found useful when helping people to move away from Limiting Beliefs. I tell them that the difference between Limiting Beliefs and a Limitless Mindset is like the difference between a thermometer and a thermostat.

Book  
Pages  
80, 81,  
83, 84,  
85, 87

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. A thermometer has only one function: to react to the environment. It reads the temperature and nothing more. This is similar to how people commonly react to Limiting Beliefs. They read their sense of restriction, react in a constrained way to that, and conduct their lives in a limited way.

2. On the other hand, a thermostat engages the environment and makes the environment react to it. If a thermostat notices that a room is too cold or too hot, it changes the environment to fit the ideal for which it is set. Similarly, if you encounter external or internal attempts to put constraints on you, you can act like a thermostat to reject those Limiting Beliefs and create an environment that aligns with your most ambitious goals.



4. I have one more tool for you to use here. As long as you believe that your inner critic is the voice of the true you, and wiser you, it is always going to guide you. But if you can create a separate persona for your inner critic – one that is different from the true you – you will be considerably more successful at quieting it. This can be enormously helpful and you can have fun with it at the same time. Give your inner critic a preposterous name and outrageous physical attributes – visualize it in a cartoonish image.

3. So, how do you minimize Limiting Beliefs and develop a super-hero mindset? To me, there are three keys.

- Key 1: name your Limiting Beliefs.
- Key 2: get to the facts
- Key 3: create a new belief

Rank this Conclusion Box: 1 \_\_\_\_ 2 \_\_\_\_ 3 \_\_\_\_ 4 \_\_\_\_

## CONCLUSION BOX (CB): *RECORD CHOOSE/RANK JUDGEMENT PATTERNS*

The new mindset that comes from silencing your inner critic presents you with the world of possibility. When you're searching with positive emotions, you're saying – and seizing on – opportunities you might never have noticed before. These restrictions are the only real barrier you face. After all, people can't learn to read faster if they believe it is impossible. They can't learn to memorize things more efficiently if they keep telling themselves they have a bad memory. Everything else falls into place once you snap out of the trance of the so-called "Limitations." By tackling these "LIE's", you'll be tackling the core blocks that keep you from being LIMITLESS.

Book  
Pages  
80, 81,  
83, 84,  
85, 87

Gained EI/VBC's insights: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Rank this Summation Box: 1 \_\_\_\_ 2 \_\_\_\_ 3 \_\_\_\_ 4 \_\_\_\_

## SUMMATION BOX (SB): *THINKING BEHAVIOR = EI/VBC'S ENACTED*

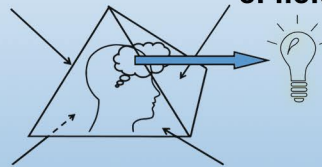
In their book "MEQUILIBRIUM" authors Jan Bruce, Dr. Andrew Shatte, and Dr Adam Perlman call these kinds of Limiting beliefs "Iceberg Beliefs" because of how many of them live beneath the surface of our subconscious.

Book  
Pages  
75, 76

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. "Iceberg Beliefs are deeply rooted and powerful, they fuel our emotions," - these 3 co-authors say in their book MeQuilibrium.

2. "the more entrenched an Iceberg is, the more havoc it wrecks on your life .... Creating your schedule chaos, getting in the way of successfully sticking to a diet, or holding you back from seizing opportunities."



4. Dr Jennice Vilhauer -director of Emory University's adult outpatient psychotherapy program implores us to come face-to-face with our inner critic "the voice in your head that judges you, doubts you, belittles you, and constantly tells you you are not good enough." If this "Inner Critic" is left unchecked for long enough, it can even lead to serious health problems like depression and anxiety.

3. Perhaps most significantly, their book says "if we can get a handle on our Icebergs, we gain an ENORMOUS amount of control over our feelings and our lives."

Rank this Conclusion Box: 1 \_\_\_\_ 2 \_\_\_\_ 3 \_\_\_\_ 4 \_\_\_\_

## CONCLUSION BOX (CB): *RECORD CHOOSE/RANK JUDGEMENT PATTERNS*

Image of an Iceberg illustration (page 76 - LIMITLESS book) describing what can be seen in the image – Iceberg above water = words and behavior. The Iceberg image below the water surface = values, beliefs, meaning.

Book  
Pages  
75, 76

Gained EI/VBC's insights: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Rank this Summation Box: 1 \_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_

## SUMMATION BOX (SB): *THINKING BEHAVIOR = EI/VBC'S ENACTED*

**THE 7 LIES OF LEARNING.** What are the most limiting myths you tell yourself? How can you overcome the debilitating effect of these myths? How can you turn these Limiting Beliefs into positive ones? You're being lied to. Constantly. Sometimes by yourself. We are all subject to an endless stream of misinformation about our constraints to our capabilities, and we receive this information so often that most of us have no other choice than to believe it.

Book  
Pages  
89, 92, 93,  
94, 95, 96,  
97, 98, 100,  
101, 102,  
105, 106

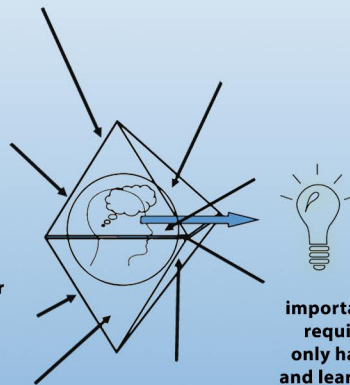
Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

**1. LIE NO. 1: INTELLIGENCE IS FIXED.** Our beliefs are incredibly subtle. Few of us consciously think about our restrictions or the restrictions we believe others have. David Shenk furthers this idea in his book, *THE GENIUS IN ALL OF US*. He writes that everyone has the potential for genius, or at the very least, greatness. But the reason we prefer to believe that we're either a genius or were not, or that we're either talented or not, is because it relieves us from the responsibility of taking control of our own life.

**8. BEFORE WE MOVE ON:** Understanding that these commonly held Limiting Beliefs are nothing more than myths is an essential part of becoming LIMITLESS. While these seven LIES are among the most common, keep your radar up for any "conventional wisdom" that has the effect of putting constraints on your potential and examine that wisdom very carefully. In most cases you're going to find that such constraints don't apply to anyone willing to push beyond them.

**7. LIE NO 7: GENIUS IS BORN.** In *THE TALENT CODE*, author Daniel Coyle delves into whether talent is innate or whether it can be developed. He argues "greatness isn't born, it's grown." Through practice, ignition, and master coaching, anyone can develop a talent so deep that it looks like genius. **HERE'S THE TRUTH:** genius leaves clues. There is always a method behind what looks like magic. **NEW BELIEF:** genius is not born; it is made through practice.

**6. LIE NO. 6: THE CRITICISM OF OTHER PEOPLE MATTERS.** Part of being LIMITLESS is learning to let go of the fear of criticism from other people. History is littered with examples of those who overcame the negative opinions of the people around them. Creating the life you want can be scary. But you know what's scarier? Regret. One day we will take our final breaths and not one of other people's opinions or your fears will matter. What will matter is how we lived. People will doubt you and criticize you no matter what you do. You will never know your true potential until you break the unfair judgments you place on yourself.



**2. LIE NO. 2: WE ONLY USE 10% OF OUR BRAINS.** Needless to say, this myth is pervasive, and yet it is not true. Scientists have determined that the brain's regions have distinct functions that work together. While we use all of our brain, some people use their brain better than others. Just as most people use 100% of their body, there are some bodies that are faster, stronger, more flexible, and more energized than others. The key is to learn how to use your brain as efficiently and effectively as you possibly can.

**3. LIE NO. 3: MISTAKES ARE FAILURES.** Mistakes don't mean failure. Mistakes are a sign that you're trying something new. You might think you have to be perfect, but life is not about comparing yourself to anyone else; it's about measuring yourself compared to who you were yesterday. When you learn from your mistakes, they have the power to turn you into something better than you were before.

**4. LIE NO 4: KNOWLEDGE IS POWER.** Knowledge is important, but it is "the performing of some action" that is required to make it powerful. Knowledge is not power. It only has the potential to be power. You can read this book and learn everything in it, but if you don't take it and apply the knowledge, it will be useless.

**5. LIE NO 5: LEARNING NEW THINGS IS VERY DIFFICULT.** The truth is that learning won't always be easy, but the effort pays dividends. In fact, learning should be at least a little uncomfortable; otherwise you're mostly reinforcing what you already know. If you are the kind of learner who does best with the book in your hands, that's fantastic. But if you already know that doesn't work for you, look for other ways to learn that do work for you. The key is consistency. You must have the patience to consistently come back at it again and again. Learning is a set of methods, a process that can certainly be easier when you know how to learn.

Rank this Conclusion Box: 1 \_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_

## CONCLUSION BOX (CB): *RECORD CHOOSE/RANK JUDGEMENT PATTERNS*

Take a good look at some of the mistakes you've made. Have you let these define you? Find a way to put something you recently learned (even today) into action. Notice the difference it makes when you turn knowledge into power. Think about the situation where you allow the opinions of others to sway your actions. How would you approach that same situation differently if the only opinion that mattered was yours?

Book  
Pages  
89, 92, 93,  
94, 95, 96,  
97, 98, 100,  
101, 102,  
105, 106

Gained EI/VBC's insights: \_\_\_\_\_

Rank this Summation Box: 1 \_\_\_\_ 2 \_\_\_\_ 3 \_\_\_\_ 4 \_\_\_\_

## SUMMATION BOX (SB): *THINKING BEHAVIOR = EI/VBC'S ENACTED*

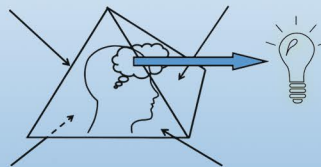
**And then there's the matter of how we earn our livings is changing profoundly and increasing rapidly. Automation and artificial intelligence (AI) are affecting the future of our work, and I'm not speaking only about factories where laborers are being replaced by robots. Jobs that few of us might have imagined even five years ago have gained traction, while others are emerging this very moment that will affect the workplace in the coming years.**

Book  
Pages  
43, 44,  
45

Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

**1. We must take charge of our own learning.**

**2. If schools tell us what to learn, BUT NOT HOW to learn, then we need to do the rest of the work ourselves.**



**4. If the workplace is evolving with so much rapidity that we can never be sure of what work will mean to us tomorrow, then only by taking complete control of our learning can we truly be prepared for an unknowable future.**

**3. If digital overload threatens to hijack our brains, then we need to use what we know about learning to reset the ground rules.**

Rank this Conclusion Box: 1 \_\_\_\_ 2 \_\_\_\_ 3 \_\_\_\_ 4 \_\_\_\_

## CONCLUSION BOX (CB): *RECORD CHOOSE/RANK JUDGEMENT PATTERNS*

**The world is throwing more challenges at you than ever before, and there is every indication that those challenges will continue to increase. At the same time there is more to be gained from having a finely tuned brain than ever before, and you now know that you have more than enough potential to meet any challenge. But it's going to require taking control of your learning.**

Book  
Pages  
43, 44,  
45

Gained EI/VBC's insights: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Rank this Summation Box: 1 \_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_

## SUMMATION BOX (SB): *THINKING BEHAVIOR = EI/VBC'S ENACTED*

**The most precious gift is our brain. It is what allows us to learn, love, think, create, and even to experience joy. It is the gateway to our emotions, to our capacity for deeply experiencing life, to our ability to have lasting intimacy. It allows us to innovate, grow, and accomplish.**

Book  
Pages  
xv, xvi

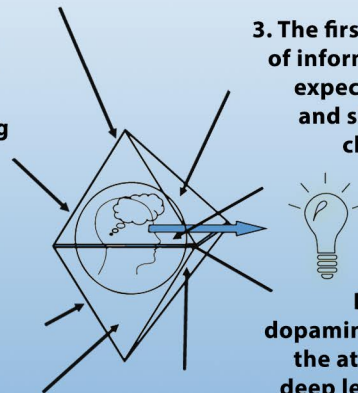
Experience intentional 2D<=>3D shifting below: read statements clockwise around the RTH encapsulated thinking head

1. Most of us know that we can improve our cardiovascular health through exercise and diet, but most of us do not realize that we can also greatly improve our brains, and in doing so, our life.

2. Unfortunately, our world doesn't foster a healthy environment for the brain. Jim Kwik provides a road-map to become LIMITLESS, he indicates the four growing villains that are challenging our capacity to think, focus, learn, grow, and be fully human.

8. Online, there are so many conclusions being drawn by others that we have begun to surrender our own ability to draw conclusions. We would never let another person do our thinking for us, but we've gotten far too comfortable with letting devices have that very power.

3. The first is DIGITAL DELUGE - the unending flood of information in a world of finite time and unfair expectations that leads to overwhelm, anxiety, and sleeplessness. Drowning in data and rapid change, we long for strategies and tools to regain some semblance of productivity, performance, and peace of mind.



7. The last brain-damaging villain is DIGITAL DEDUCTION. In a world where information is abundantly accessible, we've perhaps gone too far and how we use that information, even getting to the point where we are letting technology do much of our critical thinking and reasoning for us.

4. The second villain is DIGITAL DISTRACTION. The fleeting ping of digital dopamine pleasure replaces our ability to sustain the attention necessary for deep relationships, deep learning, or deep work. Texts, social media notifications, emails, and news alerts, while important in context, can derail our concentration and train us to be distracted from what matters most in the moment.

6. Research on dementia proves that the greater our capacity to learn – the more mental "brainercise" we perform – the lower risk of dementia. In many cases, we have outsourced our memory to our detriment.

5. The next villain is DIGITAL DEMENTIA. Memory is a muscle that we have allowed to atrophy. While there are benefits to having a supercomputer in your pocket, think of it like an electric bicycle, it is fun and easy but doesn't get you in shape.

Rank this Conclusion Box: 1 \_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_

## CONCLUSION BOX (CB): *RECORD CHOOSE/RANK JUDGEMENT PATTERNS*

**The cumulative effects of these four "DIGITAL VILLAINS" robs us of our focus, attention, learning, and, most importantly, our ability to truly think. It robs us of our mental clarity and results in brain fatigue, distraction, inability to easily learn, and unhappiness. While the technological advances of our time have the potential to both help and harm, the way we use them in our society can lead to an epidemic of overload, memory loss, distraction, and dependency. And it's only going to get worse.**

Book  
Pages  
xv, xvi

Gained EI/VBC's insights: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_



# AWAKEN YOUR EXPERIENTIAL INTELLIGENCE (EI) THINKING LIMITLESS – JAMES KWIK

THIS SWPS™ 7 SERIES TOPIC - LIMITLESS MODEL – MINDSET, MOTIVATION, METHODS  
YOUR EI/VBC'S® JUDGEMENT PATTERNS RESPONSE REPORT

ENTER YOUR CHOOSING/RANKING NUMBERS BELOW THAT YOU RECORDED ON  
YOUR 4 COMPLETED SWPS™ PORTRAITS LEFT TO RIGHT ORDER 1, 2, 3, 4 BELOW

**4 OUT OF 7 SWPS™ SERIES CHOICES:**  
SWPS#\_\_ SWPS#\_\_ SWPS#\_\_ SWPS#\_\_

<b>4 CHOSEN</b>	___	<b>SUMMATION</b>	<b>1</b>	___
<b>SWPS</b>	___	<b>BOX (SB's)</b>	<b>2</b>	___
<b>PORTRAIT</b>	___	<b>#'s RANKING</b>	<b>3</b>	___
<b>#'s</b>	___		<b>4</b>	___

<b>4 CHOSEN</b>	___	<b>CONCLUSION</b>	<b>1</b>	___
<b>SWPS</b>	___	<b>BOX (CB's)</b>	<b>2</b>	___
<b>PORTRAIT</b>	___	<b>#'s RANKING</b>	<b>3</b>	___
<b>#'s</b>	___		<b>4</b>	___

<b>RANK YOUR 4 SWPS CHOICES</b>				
<b>4 CHOSEN</b>	___	<b>SWPS</b>	<b>1</b>	___
<b>SWPS</b>	___	<b>PORTRAIT</b>	<b>2</b>	___
<b>PORTRAIT</b>	___	<b>#'s RANKING</b>	<b>3</b>	___
<b>#'s</b>	___		<b>4</b>	___

## EI/VBC'S® TRANSFORMS REASONING HABITS

This new method of thinking, "2D <=> 3D perception & perspective shifting," reveals insights as you record both obvious and hidden judgments while you recognize your choice-making patterns. Ultimately, you're using your personal legacy of VALUES BELIEFS CONVICTIONS® (VBS's) that influence and define all aspects of your daily identity.

Use your EI/VBC's Choose-Rank-Reasons-Record-Retain (CR4™) pattern-revealing report to communicate multiple dimensions of meaningful feedback. Articulate new or evolved questions and possible unforeseen answers/solutions, as this SWPS™ series prompts you.

NAME (optional): \_\_\_\_\_

AFFILIATION (optional): \_\_\_\_\_

## OUR VISION: AN ONLINE SWPS™ PATTERN MATCHUP CENTER

Let's use AI to discover ways to meet humanity's needs and provide fulfillment. Together we can compel Change Agents and Influencers to build an online space where SWPS™ are correlated and matched-up by a beneficially focused algorithm. The possibilities for improving mental health at all ages of life are endless and may build an exciting new frontier of hope, positivity, and unity.

Yes! This SWPS™ Series motivated me to impact social media/digital tech's future development. I am sending my CR4™ response report & my selected 4 SWPS™ with my feedback/suggestions to the email below.

**INFO@EIB4AI.COM**